

Rainy Day Foods

Price List

08-02-2021

24377 US Highway 89 - P.O. Box 291
 Montpelier, Idaho 83254
 (208) 847-2683 - FAX (208) 847-3357
 Web site at rainydayfoods.com
 E Mail: info@rainydayfoods.com
 Monday - Friday 8:00am - 5:00pm
 Find Us on Facebook and Twitter

Accepts Discover, Visa, Master Card, American Express, and PayPal

Discounted Shipping Rates not included in these prices.

Prices are Subject to Change Without Notice

Hard Red Wheat		wt
W001	Paper Hard Red 50 lbs Bag.....	44.79 50
W003	Double Plastic Hard Red 50# Bag ...	45.69 50
W002	Double Plastic Hard Red 25# Bag ...	25.59 25
W007	5 Gallon Hard Red 36 lbs SP.....	48.29 39
W008	Hard Red Wheat 88 oz # 10 Can.....	13.69 7
W009	Hard Red Wheat # 10 Case	76.29 39

Sprouting Mix Hard Red Wheat, Hard White Wheat, Soft Wheat, Adzuki Beans, Whole Green Peas, Garbanzo Beans, Triticale, Spelt, Red Lentils, Lentils
ABC Soup Mix Green split peas, yellow split peas, rice, pearl barley, ABC pasta, and lentils

Hard White Wheat

W031	Paper Hard White 50 lbs Bag	45.69 50
W032	Double Plastic Hard White 50# Bag	46.69 50
W030	Double Plastic Hard White 25# Bag	25.99 25
W034	5 Gallon Hard White 36 lbs SP	48.99 39
W036	Hard White Wheat 88 oz #10 Can...	13.79 7
W035	Hard White Wheat #10 Case	76.89 39

Bulk Items

Most Items Packaged in Paper Bags or Boxes

Ingredient notes:

7 Grain Whole Hard white wheat, hard red wheat, pearl barley, brown rice, triticale, rye, millet

Ezekial Mix Red wheat, spelt, pearl barley, millet, lentils, pinto, great northern, kidney

9-Grain Cracked Cereal Red wheat, soft white wheat, pearl barley, oats, corn, millet, flax, hulled barley, and rye

6 Grain Rolled Cereal Red wheat, rye, oats, barley, sunflower seeds, white wheat

16 Bean Soup Mix Pinto, small red, small white, great northern, large lima, lentils, baby lima, yellow split, green split, large kidney, dark kidney, black eye peas, black turtle, garbanzo, pearl barley, whole green peas, pink beans

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Please see our website, www.rainydayfoods.com, for detailed product information, nutrition, and shelf life.

***Return Policy:** Unopened and unused products may be returned to us within 30 days of the original purchase date with our authorization and a refund of the purchase price of the products less a 15% restocking fee will be issued when the product is received. Shipping costs will NOT be refunded and the cost to return the items to us will NOT be reimbursed.
 Because the actual shelf life of products will vary depending on the conditions in which they are stored, Rainy Day Foods does NOT guarantee the longevity of the products and will NOT replace or refund any product that has an original purchase date of more than six months.

Beans, Grains and Rice

A003	16 Bean Mix (17 items)® 25 lbs Bag ...	54.49
A103	16 Bean Mix 17 items) ® 50 lbs Bag..	104.69
A001	Baby Lima Beans 25 lbs Bag.....	51.19
A098	Baby Lima Beans 50 lbs Bag.....	101.39
A006	Black Eye Beans 25 lbs Bag.....	59.39
A004	Black Turtle Beans 25 lbs Bag.....	44.89
A114	Black Turtle Beans 50 lbs Bag	85.29
A008	Garbanzo Beans 25 lbs Bag.....	37.59
A010	Great Northern Beans 25 lbs Bag	47.79
A134	Great Northern Beans 50 lbs Bag	91.09
A012	Kidney Beans 25 lbs Bag.....	50.69
A116	Kidney Beans 50 lbs Bag.....	100.39
A015	Lentils 25 lbs Bag.....	34.69
A105	Lentils 50 lbs Bag.....	68.49
A066	Red Lentils 25 lbs Bag.....	49.69
A018	Pink Beans 25 lbs Bag.....	43.39
A020	Pinto Beans 25 lbs Bag	38.59
A135	Pinto Beans 50 lbs Bag	72.79
A024	Small Red Beans 25 lbs Bag	39.09
A136	Small Red Beans 50 lbs Bag	81.49
A022	Small White Navy Beans 25 lbs Bag	47.29
A137	Small White Navy Beans 50 lbs Bag	93.59
A028	Split Green Peas 25 lbs Bag.....	38.09
A139	Split Green Peas 50 lbs Bag.....	71.79
A030	Split Yellow Peas 25 lbs Bag	33.29
A064	Whole Green Peas 25 lbs Bag	38.09
A112	Whole Green Peas 50 lbs Bag.....	71.79
A031	7 Grain Mix (whole)① 25 lbs Bag	40.99
A057	Pearl Barley 25 lbs Bag	38.59
B043	Ezekial Mix 25 lbs Bag.....	45.79
A063	Durum Wheat (for pasta) 25 lbs Bag...	23.59
B007	Soft Wheat (for pastries) 50 lbs Bag.....	55.99
A067	Hulled Millet 50 lbs Bag	93.59
A069	Oat Groats 25 lbs Bag	34.69
A080	Oat Groats 50 lbs Bag	60.79
A078	Rye 50 lbs Bag.....	72.39
B038	Triticale 50 lbs Bag.....	58.89
U032	Flax 5 lbs Bag	13.99
B040	Flax 25 lbs Bag	40.99
B079	Flax 50 lbs Bag	73.39
U193	Golden Flax 5 lbs Bag	14.19
B078	Golden Flax 25 lbs Bag.....	41.99
B080	Golden Flax 50 lbs Bag.....	75.29
A070	Popcorn Yellow 50 lbs Bag	63.69
A033	Par Boiled Rice 25 lbs Bag.....	29.39
A133	Par Boiled Rice 50 lbs Bag.....	57.89
A071	White Rice (long) 25 lbs Bag	28.49
A072	White Basmati Rice 25lbs bag.....	96.49
A073	Brown Rice (long) 25 lbs Bag	33.29
B001	Cornmeal, yellow 50 lbs Bag	45.39
A075	6 Grain Rolled ⑤ 50 lbs Bag.....	62.69
A061	9 Grain Cracked Cereal ④ 50 lbsBag.....	65.59
B010	Germade Cereal 50 lbs bag.....	73.39
A083	Quick Rolled Oats 25 lbs Bag.....	36.19

A076	Quick Rolled Oats 50 lbs Bag.....	63.69
A084	Regular Rolled Oats 25 lbs Bag	36.19
A077	Regular Rolled Oats 50 lbs Bag	63.69
A068	Steel Cut Oats 25 lb Bag	32.29
A051	ABC Soup Mix 25 lbs bag.....	55.49
P030	Refried Beans 35 lbs Bag	100.29

Cooking Supplies

P005	Baking Soda 50 lbs Bag	73.39
B085	Clear Jel Regular (hot) 25 lbs Bag	97.99
P006	Cornstarch 50 lbs Bag	78.19
N006	Dough Enhancer Natural 20 oz Can	18.49
B057	Lecithin (liquid) 41 lbs Bucket.....	147.99
B073	Lecithin Powder 1.5# Bag.....	19.69
B070	Iodized Salt 25 lbs Bag.....	36.69
O090	Real Salt 25 lbs bag.....	142.39
O096	Real Salt Pouch Case (6-26 oz pouches).	92.49
B071	Vital Wheat Gluten 5 lbs Bag.....	24.09
P004	Vital Wheat Gluten 50 lbs Bag.....	174.79
N012	Yeast Package - Saf-Instant 1 lb.....	6.59
N016	Yeast Case-20 package Saf-Instant Yeast.....	115.09

Dairy

P012	Instant Milk (non-fat) 55 lbs Bag.....	265.09
P011	Regular Milk (non-fat) 55 lb Bag	224.69
L053	Butter Powder 50 lbs Bag.....	493.49
L022	Butter Powder 10 lbs Box.....	103.29
B011	Buttermilk Powder 55 lbs Bag.....	201.29
L030	Buttermilk Powder 20 lbs Box.....	60.79
L054	Cheese Blend 50 lbs Bag	292.59
L031	Cheese Blend 20 lbs Box.....	121.39
L059	Cheddar Cheese Powder 50 lbs Bag	514.69
L029	Cheddar Cheese Powder 10 lbs Box.....	107.59
L062	Shortening Powder 50 lbs Bag	237.49
L024	Shortening Powder 15 lbs Box.....	75.79
P055	Sour Cream Powder 50 lbs Bag.....	459.69
L028	Sour Cream Powder 10 lbs Box.....	96.49

Drinks

P002	Hot Cocoa (add water) 25 lbs Bag	146.29
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Flour

B004	All Purpose Flour 50 lbs Bag.....	49.19
B005	Bakers Flour High-Protein 50 lbs Bag	55.99
B006	Unbleached Flour 50 lbs Bag	50.19

Fruits (● Imitation flavoring)

L033	Apple Slices 15 lbs Box	128.69
L034	Applesauce 35 lbs Box	362.59
L027	Applesauce 15 lbs Box	159.79
L035	Banana Slices 14 lbs Box	51.99

Imitation Meat Flavor Textured Vegetable Protein

L063	Bacon Flavored Bits 25 lbs Box	94.09
L064	Beef Flavored Bits 25 lbs Box	97.99
L065	Chicken Flavored Bits 25 lbs Box	98.99
L078	Ham Flavored Bits 25 lbs Box	107.59
L071	Sausage Flavored Bits 25 lbs Box	108.59
L066	Taco Flavored Bits 25 lbs Box	106.19

Mixes, Meals and Soup (** complete)

P069	Basic Muffin Mix ** 25 lbs Bag	42.89
P023	Buttermilk Pancake Mix ** 25 lbs Bag	68.09
P029	Buttermilk Biscuit Mix 25 lbs Bag	50.19
P084	Hearty Wheat Bread Mix 25# Bag	63.69
P087	Bakers Complete Chocolate Cake 25#	83.99
P086	Bakers Complete White Cake Mix 25#	68.09
P089	White Bread & Roll Mix 25 lb Bag	48.29
P020	Fudge Brownie Mix ** 25 lbs Bag	82.49

Pasta

B059	Elbow Macaroni 20 lbs Box	48.09
B062	Curly Egg Noodles 10 lbs Box	33.79
B067	Spaghetti Long 20 lbs Box	48.09

Sugar, Honey and Molasses

P018	Creamy Honey (whipped) 5 lb pail	33.29
P008	Case 6-5 lb pails Creamy Honey (whipped)	194.99
P019	Cox Grade A Liquid Honey 5 lb pail	31.09
P009	Cse 6-5 lb pails Cox Grade A Liquid Honey	181.49
P007	Honey 45# Bucket Grade A Clover	206.89
P010	Bucket Molasses(sweet-unsulfured) 59 lbs	144.29
P016	Brown Sugar 25 lbs Bag	43.89
P017	Powdered Sugar 25 lbs Bag	61.29

Buckets of Molasses, Honey and Lecithin cannot be shipped by UPS.

Vegetables

L001	Broccoli 15 lbs Box	178.59
L016	Cabbage 15 lbs Box	83.89
L003	Carrot Dices 20 lbs Box	108.69
L015	Celery 10 lbs Box	98.49
L002	Corn, Sweet 20 lbs Box	177.49
L004	Green Beans 13 lb Box	132.79
L007	Mushrooms 5 lbs Box	161.69
L008	Onions, Chopped 15 lbs Box	91.69
L005	Garden Peas, Sweet 25 lbs box	197.89
L017	Peppers-Mixed (red and green) 15# Box	164.99
L009	Potato Dices 45 lbs Bag	131.29
L010	Potato Flakes 40 lbs Bag	88.99

L014	Potato Granules 50 lbs Bag	120.69
L006	Potato Hashbrowns 30 lbs Box	95.99
L076	Potato Butter Bits 40 lbs Box	150.79
L032	Potato Butter Bits 20 lbs Box	79.69
L011	Potato Slices 20 lbs (4-5 lb bags)	58.89
L046	Spinach Flakes 5 lbs Box	46.79
L020	Sweet Potato Dices 25 lbs Box	133.19
L021	Tomato Powder 15 lbs Box	89.99
L013	Vegetable Stew Blend 25 lbs Box	168.49
L025	Vegetable Stew Blend 15 lbs Box	105.29

Sprouting

Sprout Master -Seed Sprout Kits

N020	Single Kit-2 lids	21.39	1
N021	Triple Kit (stackable)-4 lids	53.79	3
N022	Triple Mini Kit (stackable)-4 lids	32.49	1

Sprouting Mix ⑦

Q011	Sprouting Mix 1.5 lbs	10.19	2
Q012	Sprouting Mix 5 lbs	18.39	5

Sprouting Seed: Packaged in Zip Lock Mylar Bags

Q001	Alfalfa 1.5 lbs	14.79	2
Q006	Lentils 1.5 lbs	8.59	2
Q004	Garbanzo Beans 1.5 lbs	8.59	2
Q003	Whole Peas 1.5 lbs	8.59	2
Q002	Triticale 1.5 lbs	8.29	2
Q008	Case of 7 mylar bags	74.09	14

Includes: Alfalfa, triticale, whole green peas, garbanzo beans, lentils, natural adzuki beans, natural soy beans

Special Sprouting Seed

Q016	Broccoli 1.5 lbs	30.79	2
Q017	Radish 1.5 lbs	21.79	2

Alfalfa Sprouting Seed

A052	Alfalfa 5 lb bag	33.09	5
A054	Alfalfa 25 lb bag	142.39	25
Y001	Alfalfa 36 lbs 5 gal SP	217.89	39
K003	Alfalfa 88oz #10 can	39.69	7
U037	Alfalfa 20oz #2.5 can	14.49	2

Natural Sprouting Seed

Q007	Natural Adzuki Beans 1.5 lbs	11.99	2
Q050	Natural Black Turtle Beans 1.5 lbs	10.59	2
Q052	Natural Hulled Buckwheat 1.5 lbs	11.49	2
Q053	Natural Kamut 1.5 lbs	9.59	2
Q056	Natural Soybeans 1.5 lbs	9.79	2
Q055	Natural Spelt 1.5 lbs	10.59	2
Q051	Natural Hard Red Wheat 1.5 lbs	8.59	2
Q057	Case of 7 mylar bags (natural seeds)	82.89	14

Includes: Natural black turtle beans, natural hard red wheat, natural buckwheat, natural kamut, natural spelt, natural adzuki beans, natural soy beans

5 Gallon Superpail Buckets-SP

*SP is a 5 gallon heavy plastic bucket with a metalized non-porous bag. The bag is filled with product and oxygen absorbers to remove the oxygen leaving nitrogen. The bag is heat sealed, the bucket is sealed with a silicone ringed lid. This bag protects the product from light or moisture.

Beans, Grains and Dehydrated Items

	wt
E002___ 16 Bean Mix (17 items) ⑥ 35 lbs.....	89.39 38
E001___ Baby Lima Beans 35 lbs	90.09 38
E003___ Black Turtle Beans 35 lbs	75.89 38
E004___ Black Eye Beans 31 lbs	87.39 34
E005___ Garbanzo Beans 33 lbs	63.09 36
E006___ Great Northern Beans 35 lbs	79.89 38
E007___ Kidney Beans 33 lbs	85.39 36
E042___ Lentils 36 lbs	68.39 39
E009___ Pink Beans 34 lbs	72.29 37
E010___ Pinto Beans 34 lbs	65.69 37
E011___ Small Red Beans 34 lbs.....	71.59 37
E012___ Small Whites Beans 36 lbs	86.49 39
E055___ Split Green Peas 37 lbs	69.09 40
E041___ Whole Green Peas 35 lbs.....	66.39 38
E035___ Pearl Barley 36 lbs.....	68.39 39
E066___ 7 Grain Mix (whole)① 35 lbs	70.49 38
E038___ 9 Grain Cracked Cereal④ 29 lbs.....	57.29 32
E040___ Durum Wheat (for pasta) 35 lbs	46.09 38
E043___ Hulled Millet 36 lbs.....	86.49 39
E070___ Ezekial Mix③ 34 lbs	75.59 37
E045___ Oat Groats 35 lbs.....	61.69 38
E046___ Popcorn Yellow 38 lbs.....	67.49 41
E067___ Par Boiled Rice 35 lbs.....	59.59 38
E048___ White Rice (long) 36 lbs	59.39 39
E047___ Brown Rice (long) 35 lbs	59.59 38
E053___ White Basmati Rice 36 lbs.....	157.39 39
E049___ 6 Grain Rolled Cereal ⑤ 20 lbs.....	44.49 23
E050___ Quick Rolled Oats 19 lbs	43.59 22
E051___ Regular Rolled Oats 20 lbs.....	44.89 23
E030___ Steel Cut Oats 33 lbs.....	61.19 36
E052___ Rye 35 lbs	69.79 38
E073___ Cornmeal 32 lbs	48.19 35
E078___ Soft Wheat (for pastries) 36 lbs	59.39 39
E079___ Germade Cereal 30 lbs.....	63.19 33
E056___ Triticale 33 lbs	57.99 36
E064___ Flax 31 lbs.....	64.69 34
E101___ Golden Flax 31 lbs	65.89 34
E080___ Elbow Macaroni 20 lbs.....	66.89 23
E083___ Curly Egg Noodles 10 lbs	42.69 13
E084___ Spaghetti 30 lbs	90.49 33
E075___ All Purpose Flour 31 lbs.....	49.69 34
E057___ Bakers Flour (Hi-protein) 31 lbs.....	53.89 34
E076___ Unbleached Flour 31 lbs.....	50.29 34
E088___ Brown Sugar 37 lbs.....	83.39 40
E089___ Powdered Sugar 31 lbs.....	89.79 34
Y013___ White Sugar 37 lbs.....	76.19 40
E092___ Refried Beans 16 lbs.....	65.19 19

E031___ ABC Soup Mix 35 lbs.....90.69 38

Cooking Supplies

	wt
E090___ Iodized Salt 50 lbs	91.19 53
O092___ Real Salt 50 lbs SP	302.69 53

Dairy

Y004___ Milk, instant (non-fat) 25 lbs	118.79 28
Y005___ Milk, regular (non-fat) 28 lbs.....	118.49 31

Drinks

Y003___ Hot Cocoa (add water) 30 lbs.....	189.49 33
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Fruits

F033___ Apple Slices 6 lbs.....	70.89 9
F035___ Banana Slices 14 lbs	70.89 17

Imitation Meat Flavor Textured Vegetable Protein

F072___ Bacon flavored Bits 16 lbs	76.89 19
F073___ Beef flavored Bits 18 lbs	86.89 21
F074___ Chicken flavored Bits 16 lbs	79.99 19
F057___ Sausage flavored Bits 16 lbs	86.19 19
F075___ Taco flavored Bits 20 lbs.....	100.89 23

Mixes

Y011___ Buttermilk Pancake Mix 25 lbs.....	82.99 28
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Vegetables

F001___ Broccoli 10 lbs.....	135.69 13
F002___ Carrot Dices 16 lbs	102.89 19
F003___ Corn, Super Sweet 16 lbs.....	157.89 19
F004___ Garden Peas, Sweet 20 lbs	174.29 23
F005___ Green Beans 10 lbs	118.29 13
F007___ Chopped Onions 14 lbs	100.89 17
F008___ Potato Dices 13 lbs	57.39 16
F009___ Potato Flakes 12 lbs	46.19 15
F013___ Potato Granules 38 lbs	110.79 41
F006___ Potato Hash browns 13 lbs.....	60.89 16
E110___ Potato Butter Bits 20 lbs	94.69 23
F010___ Potato Slices 8 lbs	42.89 11
F012___ Vegetable Stew Blend 13 lbs.....	106.89 16

Note: Due to elevation and/or temperature changes, buckets may be concave or convex upon arrival, normally this is not a problem. Buckets may be reshaped by removing lid, reshaping bucket and then replacing the lid. Product is not compromised since it is protected by the mylar bag.

Natural Foods

Hard Red Wheat

	wt
O001__ Natural Hard Red 25 lbs Dbl Plastic .	39.59 25
O003__ Natural Hard Red 50 lbs Dbl Plastic .	73.79 50
O002__ Natural Hard Red 50 lbs Paper bag ..	72.79 50
O005__ Natural Hard Red Wheat 36 lbs SP ..	68.39 39
O006__ Natural Hard Red Wheat 88oz #10 ..	16.79 7
O007__ Natural Hard Red Wheat #10 case ...	94.79 39

Hard White Wheat

O008__ Natural Hard White 50 lbs Paper bag	73.79 50
O010__ Natural Hard White Wheat 36 lbs SP	.69.09 39
O011__ Natural Hard White Wheat 88oz #10	.16.89 7
O012__ Natural Hard White Wheat #10 case..	95.39 39

Pinto Beans

O070__ Natural Pinto Beans 25 lbs bag.....	68.49 25
O072__ Natural Pinto Beans 34 lbs SP	111.69 37

Small White Beans

O074__ Natural Small White 25 lbs bag	78.69 25
O076__ Natural Small White 36 lbs SP	126.09 39

Small Red Beans

O078__ Natural Small Red Beans 25 lbs bag	69.49 25
O080__ Natural Small Red Beans 34 lbs SP	112.99 37

Soybeans

O082__ Natural Soybeans 25 lbs bag	75.79 25
O084__ Natural Soybeans 33 lbs SP	118.49 36
O085__ Natural Soybeans 80 oz #10 can	24.09 6

Oat Groats

O014__ Natural Oat Groats 25 lbs bag.....	47.79 25
O017__ Natural Oat Groats 50 lbs bag.....	84.99 50
O016__ Natural Oat Groats 35 lbs SP.....	78.59 38

Rolled Oats-Regular

O020__ Natural Regular Oats 50 lbs bag	84.99 50
O022__ Natural Regular Oats 20 lbs SP	53.39 23

Rolled Oats-Quick

O024__ Natural Quick Oats 50 lbs bag	84.99 50
O026__ Natural Quick Oats 19 lbs SP.....	51.69 22

Hulled Millet

O030__ Natural Hulled Millet 25 lbs bag.....	47.79 25
O032__ Natural Hulled Millet 36 lbs SP.....	87.19 39

Hulled Buckwheat

	wt
O034__ Natural Hulled Buckwheat 25# bag.....	86.89 25
O037__ Natural Hulled Buckwheat 32# SP	124.79 35
O038__ Natural Hulled Buckwheat 85oz can	26.49 6

Kamut®

O039__ Natural Kamut® 25 lbs bag	55.49 25
O040__ Natural Kamut® 50 lbs bag	102.29 50
O042__ Natural Kamut® 35 lbs SP	90.69 38
O043__ Natural Kamut® 85oz #10 can.....	19.79 6

Quinoa

O044__ Natural Quinoa 25 lbs bag	100.89 25
O045__ Natural Quinoa 10 lbs box.....	44.79 10
O046__ Natural Quinoa 35 lbs SP.....	159.69 38
O047__ Natural Quinoa 85oz #10 can	30.29 7

Amaranth

O048__ Natural Amaranth 25 lbs bag.....	79.59 25
O051__ Natural Amaranth 37 lbs SP.....	130.49 40
O052__ Natural Amaranth 88oz #10 can.....	25.79 7

Spelt

O053__ Natural Spelt 25 lbs bag	70.99 25
O054__ Natural Spelt 50 lbs bag	133.19 50
O056__ Natural Spelt 35 lbs SP	112.39 38
O057__ Natural Spelt 85oz #10 can.....	23.09 6

Golden Flax

O060__ Natural Golden Flax 5 lbs bag.....	20.69 5
O061__ Natural Golden Flax 25 lbs bag.....	70.99 25
O059__ Natural Golden Flax 31 lbs SP.....	106.59 34

Adzuki Beans-domestic

O062__ Natural Adzuki Domestic 25# bag.....	95.09 25
O064__ Natural Adzuki Domestic 37# SP	153.39 40
O065__ Natural Adzuki Domestic 84oz #10 ...	27.99 6

Black Turtle Beans

O097__ Natural Black Turtle 25# bag.....	72.39 25
O099__ Natural Black Turtle 35# SP	114.39 38

Books

X031	Country Bean Cookbook.....	19.79	1
X023	Herbs to the Rescue-Cookbook.....	9.09	1
X038	Instant Delight-Clear Gel Recipe	9.09	1
Q059	Made Simple	25.49	1
Q039	Mix A Meal Cookbook.....	20.69	1
X039	Natural Meals in Minutes Cookbook... ..	20.69	1
X044	The Amazing Wheat Cookbook	22.19	1
X045	The New Passport To Survival	22.19	1
Q036	Emergency Food Storage & Survival Bk	16.89	1
X046	The Art of Baking with Natural Yeast... ..	30.09	1
Q029	You Can Have Your Food Storage And Eat It Too.....	22.29	1

Balm, Clay, Emergency Supplies

AA07	Bag Balm.....	13.99	1
S010	Redmond Bentonite Clay 24 oz	22.59	2
S011	Redmond Bentonite Clay 6 lb pail.....	81.09	6
Q023	Emergency Thermal Space Blanket.....	3.49	.5
	USA made - foil material - reusable		
Q025	Hand Warmers single package	1.99	.5
	(up to 6 hrs heat each)		
Q026	Hand Warmers case (60 Pkg)	39.99	4
Q038	Pocket Size Sleeping Bag 36"x84".....	6.99	.5
Q064	Tarp – small (4'6"x6'6" finished)	4.59	2
Q065	Eco Gel Toilet deodorizer	2.29	.5
Q066	Emergency Glow Stick	3.09	.5
Q068	Sanitation Liners (bio hazard bags-4/pkg)	2.19	.5

Stoves

X035	Alpaca Kerosene Cook Stove.....	144.49	15
	8500 BT / comes with one wick		
X036	Alpaca 7 wick Replacement.....	12.29	.5
X037	Camp Chef Stryker Stove.....	78.69	2
	(propane not included)		

Water Storage Solutions

I050	Aerobic-stabilized oxygen 2oz.....	17.39	.5
	Non-toxic-tasteless - Dropper bottle		
	Approx 1260 drops per bottle		
	E.D. Goodloe's Authentic Formula		
N013	Water Purification Coghlan's Tablets ...	9.49	.5
	50 tablets - Treats 6.25 gallons (2 Tablets per 1 Quart water)		
P070	First Need Water Purifier.....	159.29	3
P071	First Need Replacement Canister.....	61.69	1
N014	Square 5 gal Blue Water Drum.....	22.09	5
N010	Poly Water Drum-blue 15 gal.....	60.19	8
N011	Poly Water Drum-blue 55 gal.....	109.39	22
N001	Drum Pump #330 adjustable.....	12.69	1
N030	Siphon Pump.....	13.29	5
N002	Flo-Rite Spigot 3/4".....	4.09	.5
P091	Aquamira Replacement Filter.....	12.69	1
P093	Water Basics Pump & Filter Kit.....	59.59	1.5
P094	Water Basics Replacement Filter.....	39.99	1
P095	Lifestraw Personal Water Filter.....	29.19	.5
P096	Aquamira Water Basics water bottle... ..	65.19	1

Candles

X028	Candle Survival 36 hour w/matches... ..	7.19	1
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Buckets, Containers and Packaging Supplies

B074	___	Mixing Pitcher 2 Quart.....	9.09	1
N007	___	4.25 gallon plastic bucket-gasket lid...	13.99	2
N008	___	5 gallon plastic bucket-gasket lid.....	15.59	3
N029	___	Standard Lid Remover.....	13.99	1
		Gamma Seal Lids - Air tight-Screws on and off		
		Reusable FDA Food Grade Colors		
I080	___	Gamma Seal Lid-White each lid.....	12.09	2
I081	___	Gamma Seal Lid Red each lid.....	12.09	2
I082	___	Gamma Seal Lid Blue each lid.....	12.09	2
I128	___	Gamma Seal Lid Black each lid.....	12.09	2
I084	___	Gamma Seal Lid-Yellow each lid.....	12.09	2
I083	___	Gamma Seal Lid-Orange each lid.....	12.09	2
I127	___	Gamma Seal Lid-Green each lid.....	12.09	2
K085	___	Plastic Lid for #10 can.....	1.59	1
K185	___	Plastic Lid for #2.5 can.....	1.59	1
P039	___	Plastic Lids 549 per box for #10 cans...	149.89	45
P043	___	Cans #10 w/metal lids 448(1 pallet).	1479.69	500
P121	___	Can #10 w/metal lid.....	4.99	2
P056	___	Box for 2 #10 Cans.....	3.39	1.5
P057	___	Box for 4 #10 Cans.....	3.89	2
P042	___	Box for 6 #10 Cans.....	4.59	2
P058	___	Box for 6 #2.5 Cans.....	2.99	1.5
P120	___	Box for 6 Gallon Bucket.....	5.29	2
P041	___	Oxygen Absorbers 500cc (50 per bag).	13.49	1
P048	___	Oxygen Absorbers 200cc (50 per bag)...	6.19	1
F015	___	20" x 30" Mylar.....	3.89	.3
F016	___	20" x 29" Mylar with zip lock.....	6.39	.3
F018	___	Blue 10.5" x 17.5" Mylar with zip lock..	2.99	.3
F085	___	Red 6.5"x 10.5" Mylar with zip lock.....	2.79	.3
F021	___	Clear Poly Bag 13.5"x 5.25"x 34".....	4.09	.2
F022	___	Clear Poly Bag 11"x 4"x 27".....	2.59	.2

Grinders, Bosch and Accessories

X024	___	Victorio Deluxe Grain Mill	124.99	3
X040	___	The Kitchen Mill Grinder electric.....	344.69	8
X091	___	Wonder Mill-electric	355.79	15
X026	___	Wonder Mill Junior (Deluxe) manual	384.79	15
Z011	___	Country Living Mill hand-electric	645.59	15
		(designed to be motorized-you supply slow RPM motor-belt-pulley)		
Z012	___	Country Living Extra set Burrs	147.19	3
Z013	___	Country Living Power Bar Extension ...	32.29	3
		(Converts 12" Flywheel to 19 inches)		
Z014	___	Country Living Bean Auger Assembly .	53.09	3
Z015	___	Country Living Clear Flour Bin w/lid	39.99	3
H030	___	Bosch Universal Kitchen Machine.....	520.99	17
H031	___	Bosch Slicer-Shredder	161.19	4
H032	___	Bosch Batter Whisks (set)	20.69	1
H033	___	Bosch Wire Whips (set)	18.79	1
H034	___	Bosch Meat Grinder.....	192.59	5
H038	___	Bosch Bowl Scraper.....	25.09	2
H035	___	Bosch Compact Machine.....	246.19	12
H037	___	Bosch Cookie Paddle w/driver.....	30.89	2
H039	___	Bosch Large Slicer Shredder.....	61.29	5
		Fits on bowl of Universal Mixer		
H040	___	Bosch Dough Hook Extender.....	11.09	1
H041	___	Bosch Cake Paddles.....	21.19	2
H042	___	Bosch Blender.....	90.69	2

#10 CANS and CASES

One 500cc Oxygen Absorber packet to each can. (6 #10 size enameled cans to a case). Price includes 1 plastic lid per can

VEGETABLES

		wt
I001	__ Broccoli 24oz	26.29 2
I002	__ Broccoli Case	153.49 13
I031	__ Cabbage 22oz	16.69 3
I032	__ Cabbage Case	95.49 18
I003	__ Carrot Dices 38oz	21.79 4
I004	__ Carrot Dices Case	124.09 20
I029	__ Celery 18oz	19.69 2
I030	__ Celery Case	113.49 13
I005	__ Corn, Super Sweet 40oz	30.99 4
I006	__ Corn, Super Sweet Case	179.19 20
I007	__ Garden Peas, sweet 49oz	32.79 4
I008	__ Garden Peas, sweet Case	191.99 24
I009	__ Green Beans 20oz	21.79 3
I010	__ Green Beans Case	124.79 15
I013	__ Mushroom Slices 9oz	27.19 2
I014	__ Mushroom Slices Case	156.59 10
I015	__ Onions Chopped 40oz	23.89 4
I016	__ Onions Chopped Case	137.09 21
I033	__ Peppers-Mixed (red & green) 20oz	22.89 3
I034	__ Peppers-Mixed (red & green) Case	130.49 14
I017	__ Potato Dices 36oz	15.99 4
I018	__ Potato Dices Case	89.49 20
I019	__ Potato Flakes 30oz	13.29 3
I020	__ Potato Flakes Case	74.79 17
I021	__ Potato Granules 88oz	22.59 7
I022	__ Potato Granules Case	129.19 39
I011	__ Potato-Hash browns 27oz	14.59 3
I012	__ Potato-Hash browns Case	82.19 16
I122	__ Potato Butter Bits 48 oz	20.39 4
I123	__ Potato Butter Bits Case	117.59 24
I023	__ Potato Slices 20oz	13.09 3
I024	__ Potato Slices Case	72.19 14
I064	__ Spinach Flakes 10oz	14.09 1
I110	__ Spinach Flakes Case	79.79 6
I072	__ Sweet Potato Dices 40 oz	22.19 4
I108	__ Sweet Potato Dices Case	127.69 22
I025	__ Tomato Powder 60oz	30.59 5
I026	__ Tomato Powder Case	178.69 30
I027	__ Vegetable Stew Blend 33oz	22.99 3
I028	__ Vegetable Stew Blend Case	132.99 18

FRUITS

I051	__ Apple Slices 17oz	18.19 2
I052	__ Apple Slices Case	105.29 14
I053	__ Applesauce 44oz	37.69 4
I054	__ Applesauce Case	220.89 23
I055	__ Banana Slices 36oz	17.19 3
I056	__ Banana Slices Case	99.19 19
I058	__ Apricot Dices 40oz	50.19 4
I067	__ Peach Dices 52oz	51.19 5
I068	__ Dehydrated Blueberries 40oz	59.09 4
I070	__ Nectarine Dices 40oz	38.59 4

I071	__ Plum Dices 40 oz	36.19 4
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DAIRY and EGGS

R001	__ Milk, instant (non-fat) 60oz	24.09 5
R002	__ Milk, instant (non-fat) Case	139.49 29
T001	__ Milk, regular (non-fat) 64oz	22.09 5
T002	__ Milk, regular (non-fat) Case	127.59 30
J001	__ Butter Powder 44oz	36.39 4
J002	__ Butter Powder Case	212.89 23
J019	__ Shortening Powder 44oz	22.79 5
J020	__ Shortening Powder Case	132.79 23
J003	__ Cheese Blend 65oz	32.79 5
J004	__ Cheese Blend Case	193.69 33
J037	__ Cheddar Cheese Powder 51oz	42.29 5
I073	__ Sour Cream Powder 48oz	36.69 4
J021	__ Whip Topping 71oz	30.89 6
J022	__ Whip Topping Case	179.49 33
J007	__ Egg Mix (48 eggs) 48oz	40.59 4
J008	__ Egg Mix (eggs-milk-shortening) Case	239.09 24
J011	__ Whole Eggs 40oz	40.99 3
J012	__ Whole Eggs (100% eggs) Case	241.39 18
J125	__ Ova Easy Egg 36oz	64.79 4
J009	__ Egg Whites 48 oz	41.59 4
J010	__ Cinnamon French Toast Dip 55oz	36.29 5
J015	__ Buttermilk Powder 68oz	20.89 5
J016	__ Buttermilk Powder Case	121.79 32

DRINKS

J005	__ Hot Cocoa 90oz	41.19 7
J006	__ Hot Cocoa Case	241.29 40
K055	__ Apple Drink 94oz	26.79 7
K056	__ Apple Drink Case	155.59 41
K057	__ Orange Drink 94oz	30.89 7
K058	__ Orange Drink Case	180.09 41
K059	__ Peach Drink 94oz	26.79 7
K060	__ Peach Drink Case	155.59 41

COOKING SUPPLIES

J051	__ Baking Powder 80oz	25.79 6
J052	__ Baking Powder Case	150.39 36
J053	__ Baking Soda 116oz	19.99 9
J054	__ Baking Soda Case	113.39 50
J059	__ Cornstarch 68oz	16.09 6
J060	__ Cornstarch Case	89.79 32
J081	__ Clear Jel Instant (cold) 64oz	27.49 5
J141	__ Clear Jel (hot) 64oz	24.69 5
J077	__ White Cream Sauce 53oz	33.59 5
J078	__ White Cream Sauce Case	194.59 26
J055	__ Beef Bouillon 102 oz	46.69 8
J056	__ Beef Bouillon Case	275.09 48
J057	__ Chicken Bouillon 102 oz	39.49 8
J058	__ Chicken Bouillon Case	232.29 48
J182	__ Cocoa Dutch Baking 48oz	24.39 4
K092	__ Iodized Salt 128oz	20.59 9
K093	__ Iodized Salt Case	118.79 54
O093	__ Real Salt 128oz #10 can	54.39 9
I107	__ Vital Wheat Gluten 64oz #10 can	23.09 5
J040	__ Molasses Powder 60oz #10 can	25.09 5
P013	__ Molasses Powder 5# bag	27.89 5

J045___Honey Powder 65oz #10 can.....24.89 5
 P015___Honey Powder 5# bag26.09 5

FLOUR

K061___All Purpose Flour 64oz.....12.99 5
 K062___All Purpose Flour Case.....73.39 30

GRAINS, LEGUMES and MISC

K005___Baby Lima Beans 88oz.....20.89 8
 K006___Baby Lima Beans Case116.49 39
 K041___16 Bean Mix (17 items)© 84oz.....19.99 7
 K042___16 Bean Mix (17 items)© Case113.09 38
 K045___Black Turtle Beans 85oz17.99 7
 K046___Black Turtle Beans Case100.39 36
 K049___Garbanzo Beans 80oz15.69 6
 K013___Great Northern Beans 84oz.....18.49 7
 K014___Great Northern Beans Case104.59 38
 K019___Kidney Beans 76oz18.69 6
 K020___Kidney Beans Case107.09 35
 K021___Lentils 88oz.....16.79 7
 K022___Lentils Case94.79 39
 K023___Pinto Beans 84oz.....16.59 7
 K024___Pinto Beans Case92.99 38
 K037___Small White Beans (navy) 90oz.....19.79 7
 K038___Small White Beans (navy) Case112.89 40
 K035___Small Red Beans 86oz17.69 7
 K036___Small Red Beans Case99.29 38
 K017___Green Split Peas 92oz.....16.89 7
 K018___Green Split Peas Case97.39 43
 K007___Pearl Barley 88oz.....16.79 7
 K008___Pearl Barley Case94.79 39
 K073___Oat Groats 85oz.....15.79 7
 K088___9 Grain Cracked Cereal④ 69oz15.09 6
 K089___9 Grain Cracked Cereal④ Case83.69 32
 J063___Flax 76oz16.09 6
 J124___Flax Case.....91.69 35
 J183___Golden Flax 76oz.....16.29 6
 K025___Popcorn Yellow 90oz.....16.39 7
 K026___Popcorn Yellow Case92.59 41
 I062___Par Boiled Rice 82oz.....14.89 6
 K031___White Rice (long) 88oz.....15.39 7
 K032___White Rice (long) Case86.49 39
 K029___Brown Rice (long) 84oz15.49 7
 K030___Brown Rice (long) Case86.29 38
 K033___White Basmati Rice 84oz.....29.59 7
 K034___White Basmati Rice Case.....171.39 39
 K090___6 Grain Rolled⑤ 48oz.....12.89 4
 K091___6 Grain Rolled ⑤ Case72.39 24
 K027___Quick Oats 40oz12.49 4
 K028___Quick Oats Case68.99 21
 K086___Rolled Oats, regular 40oz12.49 4
 K087___Rolled Oats, regular Case68.99 21
 K050___Steel Cut Oats 75 oz.....15.19 6
 J061___7 Grain Mix (whole)① 83oz.....17.09 7
 K051___Cornmeal, yellow 72 oz.....13.39 6
 K052___Cornmeal, yellow Case74.19 33

K065___Germade Cereal 73oz15.99 6
 K066___Germade Cereal Case.....90.19 34
 K129___Ezekial Mix③ 88oz18.39 7
 J079___Refried Beans 40oz.....16.49 4
 J080___Refried Beans Case94.19 24
 K001___ABC Soup Mix 84 oz.....20.19 7
 K002___ABC Soup Mix Case113.79 33

SUGAR

K079___Brown Sugar 67oz16.29 5
 K080___Brown Sugar Case.....93.79 32
 K081___Powdered Sugar 60oz.....17.69 5
 K082___Powdered Sugar Case101.29 29
 K083___White Sugar 94oz18.09 7
 K084___White Sugar Case.....103.79 41

PASTA

K067___Elbow Macaroni 50oz16.89 5
 K068___Elbow Macaroni Case.....94.49 25
 K069___Curly Egg Noodles 20oz.....13.59 3
 K070___Curly Egg Noodles Case75.09 14
 K077___Spaghetti 51oz.....17.09 5
 K078___Spaghetti Case95.19 25

MIXES and DESSERTS (complete, no oxygen absorber)**

K105___Buttermilk Biscuit Mix 5# mylar bag15.79 5
 K130___Hearty Wheat Bread Mix 63oz.....18.39 5
 K128___White Bread & Roll Mix 68 oz17.39 5
 K132___Bakers Complete White Cake Mix 69oz.19.89 5
 K133___Bakers Complete Chocolate Cake 73oz 23.79 6
 K071___Buttermilk Pancake Mix 63oz **19.09 5
 K072___Buttermilk Pancake Mix ** Case.....110.19 30
 K100___Basic Muffin Mix 5# mylar bag**14.39 5
 J067___Fudge Brownie Mix 66oz **22.39 6
 I048___Scone Fry Bread 5 # mylar bag19.89 5
 K131___Scrumptious Drop Scone Mix 5# mylar* .20.89 5
 J095___Banana Pudding-instant 80oz27.29 6
 J033___Chocolate Pudding-instant 76oz27.39 6
 J093___Vanilla Pudding-instant 76oz.....26.49 6
 I105___Butterscotch Pudding-instant 76oz29.69 6
 I078___Tapioca Instant 70oz22.39 6
 I075___Strawberry Gelatin 96oz26.99 7
 I076___Cherry Gelatin 96 Oz24.59 7
 K103___Banana Muffin Mix 5# mylar bag**17.79 5
 K102___Lemon Poppy Muffin Mix 5# mylar**17.59 5
 K106___Blueberry Muffin Mix 5# mylar bag**17.39 5

Imitation Meat Flavored Textured Vegetable Protein

J071	Beef Flavored Bits 40 oz	18.69	4
J072	Beef Flavored Bits case	106.09	21
J073	Chicken Flavored Bits 33 oz	16.89	3
J074	Chicken Flavored Bits Case	96.59	18
J083	Sausage Flavored Bits 40oz	19.79	4
J084	Sausage Flavored Bits case	112.49	21
J075	Taco Flavored Bits 56oz	23.59	5
J076	Taco Flavored Bits case	135.39	27
J069	Bacon Flavored Bits 36oz	17.49	4
I095	Ham Flavored Bits 36 oz	18.79	4

Meals

J164	Stroganoff Gravy Mix 49oz	31.89	4
J153	Brown Gravy Mix 60oz	32.89	6
J151	Chicken Gravy Mix 50oz	28.19	5
I044	Turkey Gravy Mix 55oz	44.49	5
I046	Pork Gravy Mix 55oz	39.29	5
I049	Pepper Biscuit Gravy 44 oz	33.89	4
I150	Baked Potato Cheese Soup 65oz	40.49	5
I151	Broccoli Cheese Soup Mix 65oz	43.19	5
I144	Bacon Potato Chowder 57 oz	37.69	5
I143	Lasagna 38 oz	46.39	4
I142	Enchilada Beans & Rice 85 oz	39.59	7

#2.5 CANS and CASES

One 200cc Oxygen Absorber Packet to each can.

6 #2 5 size enameled cans to a case.

Price includes 1 plastic lid per can

Vegetables

G013	Broccoli 6 oz	11.89	1
G014	Broccoli Case	63.09	5
G019	Carrot Dices 11oz	10.89	1
G020	Carrot Dices Case	58.49	7
G021	Corn Super Sweet 11oz	13.29	1
G022	Corn Super Sweet case	71.29	7
G023	Garden Peas - sweet 13oz	14.09	2
G024	Garden Peas-sweet Case	74.89	8
G025	Green Beans 6oz	11.29	1
G026	Green Beans Case	59.19	5
G011	Sliced Mushrooms 2oz	11.69	1
G012	Sliced Mushrooms Case	60.29	3
G007	Chopped Onion 9oz	10.69	1
G008	Chopped Onion Case	56.99	6
G009	Tomato Powder 12oz	11.59	2
G010	Tomato Powder Case	62.49	10
G005	Vegetable Stew Blend 9oz	11.19	1
G006	Vegetable Stew Blend Case	59.59	6
G015	Celery 5oz	10.49	1
G016	Celery Case	54.29	4
G027	Cabbage 6oz	9.49	1
G028	Cabbage Case	49.39	6
G017	Mixed Peppers 5oz	10.99	1
G018	Mixed Peppers Case	57.29	5
U031	Potato Dices 8oz	8.89	1

U073	Potato Dices Case	45.79	6
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Fruits (● Imitation flavoring)

U019	Banana Slices 9oz	9.49	1
U075	Banana Slices Case	49.29	6
U021	Apple Slices 4oz	9.69	1
U074	Apple Slices Case	49.69	4
G033	Applesauce 10oz	13.89	1
G034	Applesauce Case	75.99	7
G097	Peach Dices 14oz	18.99	2
G098	Peach Dices Case	104.39	8
G103	Dehydrated Blueberries 11oz	21.39	2
G104	Apricot Dices 11oz	17.09	2
G105	Nectarine Dices 10oz	15.09	2
G106	Plum Dices 10oz	14.49	2

Dairy and Eggs

G067	Butter Powder 14oz	16.39	2
G068	Butter Powder Case	88.69	8
G065	Shortening Powder 14oz	11.89	2
G066	Shortening Powder Case	61.89	8
G061	Cheese Blend 16oz	13.49	2
G062	Cheese Blend Case	72.09	9
G063	Cheddar Cheese 13oz	16.19	2
G064	Cheddar Cheese Case	87.29	8
G029	Sour Cream Powder 12oz	14.19	1
G102	Sour Cream Powder Case	78.19	7
G043	Whip Topping 22oz	14.19	2
G044	Whip Topping Case	76.99	11
G053	Egg Mix 12oz (eggs-milk-shortening)	14.39	1.3
G054	Egg Mix (eggs-milk-shortening) Case	81.69	7
G051	Whole Eggs (100% eggs) 12oz	9.79	1.3
G052	Whole Eggs (100% eggs) Case	54.09	7
G055	Egg Whites 12 oz	14.59	1.3
G056	Egg Whites Case	83.29	7
G156	Ova Easy Eggs (crystal) 13oz	23.99	2
G100	Cinnamon French Toast Dip 15oz	15.09	2
G069	Buttermilk Powder 17oz	10.59	2
G070	Buttermilk Powder Case	54.79	9
R003	Instant Milk 15oz	11.39	2
R004	Instant Milk Case	59.09	8
T005	Regular Milk 16oz	10.89	2
T006	Regular Milk Case	56.49	9

Drinks

G059	Hot Cocoa 24oz	15.89	2
G060	Hot Cocoa Case	88.09	12
G093	Apple Drink 25oz	12.09	2
G094	Apple Drink Case	64.99	12
G091	Orange Drink 25oz	13.19	2
G092	Orange Drink Case	71.59	12
G089	Peach Drink 25oz	12.09	2
G090	Peach Drink Case	64.99	12

Cooking Aids and Seasonings

G077	White Cream Sauce 16oz	14.99	2
G078	White Cream Sauce Case	80.69	9
G071	Beef Bouillon 29oz	18.39	3
G072	Beef Bouillon Case	100.69	14

G073	Chicken Bouillon 29oz..	16.39	3
G074	Chicken Bouillon Case	88.49	14
G079	Baking Soda 32oz.....	10.59	3
G080	Baking Soda Case	54.49	15
U035	Baking Powder 30oz.....	13.49	2
U034	Baking Powder Case	76.49	18
G075	Cornstarch 18oz.....	9.39	2
G076	Cornstarch Case	47.19	9
J155	Brown Gravy Mix 16oz .	13.89	2
J157	Chicken Gravy Mix 16oz.....	13.59	2
J159	Stroganoff Gravy Mix 11oz.....	12.49	1
G035	Turkey Gravy Mix 15oz.....	17.29	2
G037	Pork Gravy Mix 15oz.....	15.89	2
G036	Pepper Biscuit Gravy 15oz	16.09	2
G095	Iodized Salt 32oz	10.59	3
G096	Iodized Salt Case.....	54.29	15
O094	Real Salt 32oz 2.5 can.....	18.99	3
U175	Pepper Ground Black 16oz	12.09	2
I039	Clear Jel Instant (cold) 17oz	12.59	2
U141	Clear Jel Regular (hot) 7oz.....	11.79	2
U178	Chili Powder Blend 16oz	11.99	2
U179	Cinnamon Powder 16oz	12.89	2
U184	Montreal Chicken Seasoning 16oz..	13.19	2
U185	Montreal Steak Seasoning 16oz	13.19	2
U176	Pizza Seasoning Blend 11oz.....	15.29	1
U174	Spaghetti Seasoning Blend 19oz	13.89	2
U177	Taco Seasoning Blend 16oz.....	20.69	2
U173	Crushed Chili Pepper Seas 13oz....	14.69	2
U133	Garlic Granules 18oz.....	17.89	2
U014	Spaghetti Sauce Mix 18oz.....	18.59	2
U016	Alfredo Sauce Mix 16oz.....	15.29	2
U018	Teriyaki Sauce Mix 16oz.....	13.59	2
U013	Instant Basil Pesto Sauce Mix 12oz..	15.49	2
U011	Sun-dried Tomato Pesto Sauce Mix14oz.	20.79	2
U010	Roasted Red Bell Pepper Pesto Sauce12oz.	15.19	2
U181	Baking Cocoa (dutch) 14oz	12.19	2
G116	Blueberry Nuggets (imitation) 17oz	15.19	2
G118	Apple Cinn Nuggets (imitation) 15oz..	14.09	2
G117	Raspberry Nuggets (imitation)15oz..	14.59	2
G041	Nacho Cheese Sauce Mix 14oz.....	14.89	1
G042	Enchilada/Burrito Sauce Mix 18oz....	14.29	1
G030	Molasses Powder 17oz.....	11.89	1.5
G040	Honey Powder 18oz.....	11.99	2

Imitation Meat Flavor Textured Vegetable Protein

G083	Bacon Flavored Bits 11oz.....	9.79	1
G081	Beef Flavored Bits 10oz	9.69	1
G082	Beef Flavored Bits Case.....	51.19	7
I093	Chicken Flavored Bits 11oz.....	9.99	1
I094	Chicken Flavored Bits Case.....	52.59	7
G085	Taco Flavored Bits 12oz.....	10.39	1
G086	Taco Flavored Bits Case	55.19	7
G087	Sausage Flavored Bits 10oz	9.99	1
G088	Sausage Flavored Bits Case.....	52.79	7
U023	Ham Flavored Bits 12oz	10.39	1

Mixes and Desserts (complete)**

I129	Strawberry Gelatin 27oz.....	12.39	2
I113	Raspberry Gelatin 27 oz.....	11.69	2
I114	Lemon Gelatin 27 oz.....	11.69	2
I116	Cherry Gelatin 27 oz.....	11.69	2
I117	Orange Gelatin 27 oz.....	11.69	2
I115	Lime Gelatin 27 oz.....	12.29	2
I087	Banana Pudding-instant 22oz**	12.49	2
I088	Banana Pudding-instant ** Case.....	66.99	11
I089	Chocolate Pudding-instant 22oz**	12.89	2
I090	Chocolate Pudding-instant** Case	69.39	11
I085	Vanilla Pudding-instant 22oz*	12.49	2
I086	Vanilla Pudding-instant** Case.....	66.99	11
G038	Butterscotch Pudding-instant 22oz....	13.49	2
G039	Butterscotch Pudding-instant Case....	72.59	11
I079	Tapioca Instant 17 oz	10.79	2

Mountain House Freeze Dried Food

	Mylar Pouches		wt
M400	Beef Stew	12.99	1
M101	Beef Stroganoff	12.39	1
M204	Chicken w/Mashed Potatoes	12.99	1
M203	Chicken Teriyaki w/Rice	12.39	1
M103	Chili Mac	12.39	1
M104	Lasagna w/Meat Sauce	12.39	1
M206	Macaroni & Cheese.....	11.29	1
M207	Noodles & Chicken.....	11.09	1
M105	Pasta Primavera (vegetable)	11.29	1
M209	Rice & Chicken.....	12.99	1
M107	Spaghetti w/Meat Sauce	12.39	1
M108	Granola w/Blueberries & Milk.....	8.39	1
M117	Scrambled Eggs with Bacon	10.69	1
M118	Biscuits and Gravy	10.69	1
M119	Breakfast Skillet.....	12.99	1
M121	Chicken Fajita Bowl.....	12.99	1
M124	Spicy Southwest Breakfast Hash.....	12.99	1
M123	Ice Cream Sandwich.....	5.49	1
M214	Breakfast Skillet #10 can.....	54.99	2
M215	Granola w/Blueberries/Milk #10 can.....	47.79	3
M502	3-day Emergency Kit (9 pouches).....	94.09	3

Gluten Free Products

			wt
GF062	Bread Mix & Flour Blend 64oz can....	24.79	4.5
GF063	Bread Mix & Flour Blend 5# bag.....	27.19	5
GF064	Sorghum Flour 56oz can.....	14.79	4
GF065	Sorghum Flour 5# bag.....	15.19	5
GF066	Tapioca Starch 56oz can.....	14.29	4
GF067	Tapioca Starch 5# bag.....	14.49	5
GF068	Potato Starch 70oz can.....	20.29	5
GF069	Potato Starch 5# bag.....	19.69	5
GF070	Artisan Flour Blend 60oz can.....	21.69	4
GF071	Artisan Flour Blend 5# bag.....	23.99	5
GF072	Baking & Pancake Mix 57oz can.....	23.39	4
GF073	Baking & Pancake Mix 5# bag.....	26.99	5
GF074	White Rice Flour 64oz can.....	15.49	4.5
GF075	White Rice Flour 5# bag.....	14.89	5

FREEZE DRIED

Fruit #10 cans

		wt
K135	Apple Dices 10 oz #10 can	32.29 2
K136	Apple Dices 6 #10 cans	186.39 9
K149	Bananas Sliced 14 oz #10 can	26.79 2
K150	Bananas Sliced 6 #10 cans	154.39 10
K147	Blackberries Whole 9 oz #10 can	31.39 2
K148	Blackberries Whole 6 #10 cans	181.39 10
K145	Blueberries Whole 10 oz # 10 can	30.49 2
K146	Blueberries Whole 6 #10 cans	176.39 10
K141	Mango 12 oz #10 can	31.59 2
K142	Mango 6 #10 cans	184.19 10
K139	Pineapple Chunks 14 oz #10 can	43.39 2
K140	Pineapple Chunks 6 #10 cans	254.39 11
K137	Raspberries Whole 9 oz #10 can	34.89 2
K138	Raspberries Whole 6 #10 cans	201.79 9
K151	Strawberries Sliced 6 oz #10 can	26.49 2
K152	Strawberries Sliced 6 #10 cans	152.09 10

Vegetables #10 can

K155	Garden Peas 18 oz #10 can	25.29 2
K156	Garden Peas 6 #10 cans	146.09 11
K157	Green Beans 6 oz #10 can	23.39 2
K158	Green Beans 6 #10 cans	132.09 7
K159	Corn Super Sweet 16 oz #10 can	21.39 2
K160	Corn Super Sweet 6 #10 cans	123.89 12
K161	Cauliflower Pearls 5 oz #10 can	22.99 2
K162	Cauliflower Pearls 6 #10 cans	128.79 6
K165	Broccoli 7 oz #10 can	24.69 2
K166	Broccoli 6 #10 cans	140.49 7

Cheese #10 cans

K167	Sharp Cheddar 37 oz #10 can	48.89 3
K168	Sharp Cheddar 6 #10 cans	287.89 18
K169	Mozzarella 32 oz #10 can	47.69 3
K170	Mozzarella 6 #10 cans	281.69 18
K171	Monterey Jack 37 oz #10 can	33.29 3
K172	Monterey Jack 6 #10 cans	194.79 18
K173	Colby 37 oz #10 can	53.79 3
K174	Colby 6 #10 cans	317.59 19

Meat #10 cans

T007	Diced Chicken 17oz #10 can	78.19 2
T009	Ground Beef 29oz #10 can	97.59 2
T011	Diced Beef 24oz #10 can	98.29 2

Fruit #2.5 cans

		wt
G119	Apple Dices 3 oz #2.5 can	14.49 1
G120	Apple Dices 6 #2.5 cans	77.69 3
G134	Bananas Sliced 4 oz #2.5 can	12.59 1
G135	Bananas Sliced 6 #2.5 cans	66.39 3
G131	Blackberries Whole 3 oz #2.5 can	14.99 1
G132	Blackberries Whole 6 #2.5 cans	80.39 3
G129	Blueberries Whole 3 oz #2.5 can	13.99 1
G130	Blueberries Whole 6 #2.5 cans	74.59 3
G125	Mango 4 oz #2.5 can	14.99 1
G126	Mango 6 #2.5 cans	81.19 3
G123	Pineapple Chunks 4 oz #2.5 can	17.29 1
G124	Pineapple Chunks 6 #2.5 cans	94.79 3
G121	Raspberries Whole 2.5 oz #2.5 can	14.79 1
G122	Raspberries Whole 6 #2.5 cans	78.89 3
G136	Strawberries Sliced 2 oz #2.5 can	13.49 1
G137	Strawberries Sliced 6 #2.5 cans	69.99 2

Vegetables #2.5 cans

G140	Garden Peas 5 oz #2.5 can	12.09 1
G141	Garden Peas 6 #2.5 cans	63.19 3
G142	Green Beans 1.8 oz #2.5 can	11.99 1
G143	Green Beans 6 #2.5 cans	61.29 2
G144	Corn Super Sweet 4 oz #2.5 can	10.59 1
G145	Corn Super Sweet 6 #2.5 cans	54.79 3
G146	Cauliflower Pearls 1 oz #2.5 can	10.59 1
G147	Cauliflower Pearls 6 #2.5 cans	52.49 2
G150	Broccoli 2 oz #2.5 can	12.09 1
G151	Broccoli 6 #2.5 cans	62.29 2

Cheese #2.5 cans

G157	Sharp Cheddar 10 oz #2.5 can	18.19 1
G158	Sharp Cheddar 6 #2.5 cans	101.19 6
G159	Mozzarella 9 oz #2.5 can	18.39 1
G160	Mozzarella 6 #2.5 cans	102.19 6
G161	Monterey Jack 10 oz #2.5 can	13.99 1
G162	Monterey Jack 6 #2.5 cans	76.09 6
G163	Colby 10 oz #2.5 can	19.49 1
G164	Colby 6 #2.5 cans	109.09 6

Meals #10 cans

I154	Creamy Chicken Noodle Soup 50.2 oz	
	#10 can	48.99 4

DEHYDRATED UNITS

FOR ONE PERSON

STANDARD 1 Year Unit

UU012.....1550.99 ^{wt} 377

One year storage for one person includes allocation sheets

Cases 1-12 includes 6 #10 cans each.

Case 1 #10 Cans.....

2 cans Apple Slices 2 cans Banana Slices
1 can Peach Dices
1 can Applesauce

Case 2 #10 Cans.....

1 can Garden Peas 1 can Carrot Dices
2 cans Sweet Corn 1 can Green Beans
1 can Chopped Onions

Case 3 #10 Cans.....

1 can Potato Slices 1 can Hashbrowns
2 cans Vegetable Stew
2 cans Potato Granules

Case 4 & 5 #10 Cans.....

6 cans Instant Milk

Case 6 #10 Cans.....

3 cans Whole Egg 1 can Cheese Blend
1 can Butter Powder
1 can Shortening Powder

Case 7 #10 Cans.....

2 cans Beef Bits 1 can Chicken Bits
1 can Bacon Bits 1 can Taco Bits
1 can Sausage Bits

Case 8 #10 Cans.....

1 can Cornmeal 1 can Germade
1 can Spaghetti 2 cans Elbow Macaroni
1 can Refried Beans

Case 9 #10 Cans.....

3 cans White Rice 1 can Small White beans
2 cans Pinto Beans

Case 10 #10 Cans.....

2 cans 6 Grain Rolled 2 cans 9 Grain Cracked
2 cans Quick Rolled Oats

Case 11 #10 Cans.....

2 cans 16 Bean Mix 1 can Black Turtle Beans
1 can Hot Cocoa 1 can Lentils
1 can Popcorn

Case 12 #10 Cans.....

1 can Peach Drink 1 can Pearled Barley
1 can Orange Drink 1 can White Cream Sauce
1 can Small Red Beans 1 can Tomato Powder

Case 13 #2.5 Cans.....

1 can Beef Bouillon 1 can Chicken Bouillon
2 can Iodized Salt 1 can Baking Powder
1 can Baking Soda

Case 14.....

1 Cookbook Allocation Sheet

The Standard Unit supplies 1 person with a total 1 year food supply of 1214 calories per day.

NO SUBSTITUTIONS ON UNITS

UU030__DELUXE 1 YEAR UNIT..... 2109.89

758 lbs shipping wt. **2667 Calories per day

1-STANDARD CASE UNIT (see above)

plus 9 Super Pail Buckets:

3-Hard Red Wheat 1-Small Red Beans
3-Hard White Wheat 1-Pinto Beans
1-Small White Beans
and #10 cans and yeast
4 cans White Sugar 1 Lid Remover
3-Pkg Saf-Instant Yeast

UU025__Basic 1 Year Unit 1071.09

642 lbs. shipping weight

16-6 Gal Super Pail Buckets

3-Hard Red Wheat 2-Pinto Beans
3-Hard White Wheat 1-Small Red Beans
3-White Rice 1-Small White Beans
1-Black Turtle Beans 1-Instant Milk
1-Quick Rolled Oats

#10 Cans

1 Can Shortening Powder
1 Can Baking Soda
1 Can Baking Powder
1 Can Iodized Salt
2 Cans Sugar

2.5 Cans and Misc.

1 Can Beef Bouillon
1 Can Chicken Bouillon
3 Pkg Yeast
1 Lid Remover

2385 Calories per day

UU080__2 MONTH UNIT..... .503.69

104 lbs A quick short term supply

12-#2.5 CANS-2 cases

1-Cheese blend 2-White Cream Sauce
1-Ova Easy Eggs 1-Banana Pudding
1-Orange Drink 1-FD Sweet Corn
1- FD Garden Pea 1-Chicken Bits
1-FD Green Beans 1-Taco Bits
1-Apple Drink

18-#10 CANS-3 cases

1-Hashbrowns 1-ABC soup mix
1-Germade 1-Broccoli Cheese Soup
1-Instant Milk 1-Refried Beans
1-Quick Oats 1-Macaroni
1-Banana Slices 1-Vegetable Stew Blend
1-Apple Slices 1-Black Turtle Beans
1-Baked Potato Soup 1-Buttermilk Pancake Mix
1-Par Boiled Rice 1-9 Grain Cereal
1-Potato Butter Bits 1-Chicken Noodle Soup

1964 Calories per day

FREEZE DRIED UNIT

FOR ONE PERSON

DELUXE 1 Year Unit

UU020.....2304.79 637 wt

One year storage for one person includes
allocation sheets

Case 1 #10 Cans.....

1 can FD Blueberries	1 can FD Apples
1 can FD Bananas	1 can FD Strawberries
1 can FD Pineapple	1 can FD Blackberries

Case 2 #10 Cans.....

1 can FD Green Beans	1 can FD Broccoli
2 can FD Sweet Corn	1 can FD Garden Peas
1 can FD Cauliflower	

Case 3 #10 Cans.....

1 can Tomato Powder	1 can Vegetable Stew Blend
1 can Carrot Dices	1 can Chopped Onions
1 can Pearl Barley	1 can Popcorn

Case 4 #10 Cans.....

2 can Potato Slices	2 can Potato Granules
2 can Hash browns	

Case 5 #10 Cans.....

1 can Cheese Powder	1 can Ova Easy Eggs
1 can White Cream Sauce	1 can Butter Powder
1 can Cornmeal	1 can Whole Egg

Case 6 #10 Cans.....

2 can FD Diced Chicken
2 can FD Ground Beef
2 can FD Diced Beef

Case 7 #10 Cans.....

1 can Peach Drink	1 can Germade
1 can Spaghetti	2 cans Elbow Macaroni
1 can Hot Cocoa	

Case 8 #10 Cans.....

1 can 6 Grain Rolled	2 cans 9 Grain Cracked
2 cans Quick Oats	1 can Refried Beans

Case 9 and 10 #10 Cans.....

6 cans Instant Milk each

Case 11 #2.5 Cans.....

1 can Beef Bouillon	1 can Chicken Bouillon
2 can Iodized Salt	1 can Baking Soda
1 can Baking Powder	

Case 12 Misc.....

4 can Sugar	1 Lid Remover
3 pkgs Yeast	1 Cookbook
1 Allocation Sheet	

9 Super Pail Buckets

3-Hard Red Wheat	1-Pinto Beans
2-Hard White Wheat	1-White Rice
1-Small Red Beans	1-Black Beans

Supplies 1 person with a total
1 year food supply of 2249 calories per day.

NO SUBSTITUTIONS ON UNITS

Specialty Packages

wt

U060	SOUP STARTER PAK	74.29	6
	1 #2.5 Tomato	1 #2.5 Celery	
	1 #2.5 Chicken Bouillon	1 #2.5 Onions	
	1 #2.5 Beef Bouillon	1 #2.5 Peppers	
U061	FRUIT PAK	80.39	10
	1 #2.5 Apple Slices	1 #2.5 Plum Dices	
	1 #2.5 Nectarine Dices	1 #2.5 Peach Dices	
	1 #2.5 Banana Slices	1 #2.5 Apricot Dices	
U066	BEGINNER VEGETABLE PAK	66.59	7
	1-#2.5 Sweet Corn	1-#2.5 Garden Peas	
	1-#2.5 Carrots	1-#2.5 Green Beans	
	1-#2.5 Broccoli	1-#2.5 Potato Dices	
U067	IMITATION MEAT TRIAL PAK	56.99	7
	1-#2.5 Bacon Bits	1-#2.5 Beef Bits	
	1-#2.5 Chicken Bits	1-#2.5 Taco Bits	
	1-#2.5 Sausage Bits	1-#2.5 Ham Bits	
U192	SPICE PAK	79.19	8
	1 #2.5 Ground Pepper	1 #2.5 Iodized Salt	
	1 #2.5 Cinnamon	1 #2.5 Chili Blend	
	1 #2.5 Taco Seasoning	1 #2.5 Pizza Blend	
U076	SEASONING/SAUCE PAK	83.69	12
	1 #2.5 Steak Seasoning	1 #2.5 Chicken Seas	
	1 #2.5 Spaghetti Sauce	1 #2.5 Enchilada Sauce	
	1 #2.5 Alfredo Sauce	1 #2.5 Teriyaki Sauce	
U077	GRAVY PAK	83.49	12
	1 #2.5 Chicken Gravy	1 #2.5 Brown Gravy	
	1 #2.5 White Cream Sauce	1 #2.5 Turkey Gravy	
	1 #2.5 Stroganoff Gravy	1 #2.5 Pork Gravy	
U079	GRAIN PAK	116.29	40
	1 #10 Nat. Buckwheat	1 #10 Spelt	
	1 #10 Amaranth	1 #10 Hard Red Wheat	
	1 #10 Kamut	1 #10 Hard White Wheat	
U078	CEREAL PAK	83.89	33
	1 #10 Steel Cut Oats	1 #10 7 Grain Whole	
	1 #10 Germade	1 #10 6 Grain Rolled	
	1 #10 9 Grain Cracked	1 #10 Quick Rolled Oats	
K075	Sample Pack 32 oz #10 can	21.69	3
	(dehydrated products)		

Freeze Dried Paks

wt

U063	Freeze Dried Cheese Pak.....	66.49	4
	1 #2.5 Sharp Cheddar	1 #2.5 Mozzarella	
	1 #2.5 Monterey Jack	1 #2.5 Colby	
U068	Freeze Dried Vegetable Pak.....	64.49	7
	1 #2.5 Broccoli	2 #2.5 Sweet Corn	
	1 #2.5 Cauliflower	1 #2.5 Green Beans	
	1 #2.5 Garden Peas		
U069	Freeze Dried Fruit Pak.....	82.69	7
	1 #2.5 Bananas	1 #2.5 Mango	
	1 #2.5 Blueberries	1 #2.5 Pineapple	
	1 #2.5 Blackberries	1 #2.5 Strawberries	
K097	FD Sample Pak 8 oz #10 can	12.49	1
	(freeze dried products)		