

# Rainy Day Foods

## Price List

### 1-18-2021

24377 US Highway 89 - P.O. Box 291  
 Montpelier, Idaho 83254  
 (208) 847-2683 - FAX (208) 847-3357  
 Web site at [rainydayfoods.com](http://rainydayfoods.com)  
 E Mail: [info@rainydayfoods.com](mailto:info@rainydayfoods.com)  
 Monday - Friday 8:00am - 5:00pm  
 Find Us on Facebook and Twitter

Accepts Discover, Visa, Master Card, American Express, and PayPal

*Discounted Shipping Rates not included in these prices.*

*Prices are Subject to Change Without Notice*

<b>Hard Red Wheat</b>		wt
W001	Paper Hard Red 50 lbs Bag.....	36.89 50
W003	Double Plastic Hard Red 50# Bag ...	37.89 50
W002	Double Plastic Hard Red 25# Bag ...	21.59 25
W007	5 Gallon Hard Red 36 lbs SP.....	42.09 39
W008	Hard Red Wheat 88 oz # 10 Can.....	11.39 7
W009	Hard Red Wheat # 10 Case .....	63.39 39

**Sprouting Mix** Hard Red Wheat, Hard White Wheat, Soft Wheat, Adzuki Beans, Whole Green Peas, Garbanzo Beans, Triticale, Spelt, Red Lentils, Lentils  
**ABC Soup Mix** Green split peas, yellow split peas, rice, pearl barley, ABC pasta, and lentils

### Hard White Wheat

W031	Paper Hard White 50 lbs Bag .....	37.89 50
W032	Double Plastic Hard White 50# Bag	38.79 50
W030	Double Plastic Hard White 25# Bag	21.99 25
W034	5 Gallon Hard White 36 lbs SP .....	42.79 39
W036	Hard White Wheat 88 oz #10 Can ...	11.49 7
W035	Hard White Wheat #10 Case .....	63.99 39

### Bulk Items

Most Items Packaged in Paper Bags or Boxes

### Ingredient notes:

**7 Grain Whole** Hard white wheat, hard red wheat, pearl barley, brown rice, triticale, rye, millet

**Ezekial Mix** Red wheat, spelt, pearl barley, millet, lentils, pinto, great northern, kidney

**9-Grain Cracked Cereal** Red wheat, soft white wheat, pearl barley, oats, corn, millet, flax, hulled barley, and rye

**6 Grain Rolled Cereal** Red wheat, rye, oats, barley, sunflower seeds, white wheat

**16 Bean Soup Mix** Pinto, small red, small white, great northern, large lima, lentils, baby lima, yellow split, green split, large kidney, dark kidney, black eye peas, black turtle, garbanzo, pearl barley, whole green peas, pink beans

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\*\*Please see our website, [www.rainydayfoods.com](http://www.rainydayfoods.com), for detailed product information, nutrition, and shelf life.\*\*

**\*Return Policy:** Unopened and unused products may be returned to us within 30 days of the original purchase date with our authorization and a refund of the purchase price of the products less a 15% restocking fee will be issued when the product is received. Shipping costs will NOT be refunded and the cost to return the items to us will NOT be reimbursed.  
 \*\*Because the actual shelf life of products will vary depending on the conditions in which they are stored, Rainy Day Foods does NOT guarantee the longevity of the products and will NOT replace or refund any product that has an original purchase date of more than six months.\*\*

## Beans, Grains and Rice

A003	16 Bean Mix (17 items)® 25 lbs Bag ...	50.49
A103	16 Bean Mix 17 items) ® 50 lbs Bag....	96.79
A001	Baby Lima Beans 25 lbs Bag.....	44.19
A098	Baby Lima Beans 50 lbs Bag.....	87.69
A006	Black Eye Beans 25 lbs Bag.....	55.39
A004	Black Turtle Beans 25 lbs Bag.....	40.39
A114	Black Turtle Beans 50 lbs Bag.....	76.49
A008	Garbanzo Beans 25 lbs Bag.....	33.59
A010	Great Northern Beans 25 lbs Bag .....	52.89
A134	Great Northern Beans 50 lbs Bag .....	101.59
A012	Kidney Beans 25 lbs Bag.....	46.69
A116	Kidney Beans 50 lbs Bag.....	92.49
A015	Lentils 25 lbs Bag.....	29.79
A105	Lentils 50 lbs Bag.....	58.69
A066	Red Lentils 25 lbs Bag.....	45.69
A018	Pink Beans 25 lbs Bag.....	39.39
A020	Pinto Beans 25 lbs Bag .....	34.59
A135	Pinto Beans 50 lbs Bag .....	64.89
A024	Small Red Beans 25 lbs Bag .....	35.09
A136	Small Red Beans 50 lbs Bag.....	73.59
A022	Small White Navy Beans 25 lbs Bag ....	43.29
A137	Small White Navy Beans 50 lbs Bag ....	85.79
A028	Split Green Peas 25 lbs Bag.....	34.09
A139	Split Green Peas 50 lbs Bag.....	63.89
A030	Split Yellow Peas 25 lbs Bag .....	29.29
A064	Whole Green Peas 25 lbs Bag .....	34.09
A112	Whole Green Peas 50 lbs Bag.....	63.89
A031	7 Grain Mix (whole)① 25 lbs Bag .....	36.99
A057	Pearl Barley 25 lbs Bag .....	34.59
B043	Ezekial Mix 25 lbs Bag.....	41.79
A063	Durum Wheat (for pasta) 25 lbs Bag ...	19.59
B007	Soft Wheat (for pastries) 50 lbs Bag.....	51.39
A067	Hulled Millet 50 lbs Bag .....	63.59
A069	Oat Groats 25 lbs Bag .....	29.29
A080	Oat Groats 50 lbs Bag .....	49.99
A078	Rye 50 lbs Bag.....	68.39
B038	Triticale 50 lbs Bag.....	50.99
U032	Flax 5 lbs Bag .....	11.89
B040	Flax 25 lbs Bag .....	36.99
B079	Flax 50 lbs Bag .....	65.49
U193	Golden Flax 5 lbs Bag .....	12.09
B078	Golden Flax 25 lbs Bag.....	37.99
B080	Golden Flax 50 lbs Bag.....	67.39
A070	Popcorn Yellow 50 lbs Bag .....	55.79
A033	Par Boiled Rice 25 lbs Bag.....	25.39
A133	Par Boiled Rice 50 lbs Bag.....	49.99
A071	White Rice (long) 25 lbs Bag .....	24.39
A072	White Basmati Rice 25lbs bag.....	92.49
A073	Brown Rice (long) 25 lbs Bag .....	29.29
B001	Cornmeal, yellow 50 lbs Bag .....	50.99
A075	6 Grain Rolled ⑤ 50 lbs Bag.....	54.89
A061	9 Grain Cracked Cereal ④ 50 lbs Bag....	52.89
B010	Germade Cereal 50 lbs bag.....	65.49
A083	Quick Rolled Oats 25 lbs Bag.....	31.19

A076	Quick Rolled Oats 50 lbs Bag.....	53.89
A084	Regular Rolled Oats 25 lbs Bag .....	31.19
A077	Regular Rolled Oats 50 lbs Bag .....	53.89
A068	Steel Cut Oats 25 lb Bag .....	28.29
A051	ABC Soup Mix 25 lbs bag.....	51.49
P030	Refried Beans 35 lbs Bag.....	94.69

## Cooking Supplies

P005	Baking Soda 50 lbs Bag .....	65.49
B085	Clear Jel Regular (hot) 25 lbs Bag .....	93.99
P006	Cornstarch 50 lbs Bag .....	70.29
N006	Dough Enhancer Natural 20 oz Can .....	16.99
B057	Lecithin (liquid) 41 lbs Bucket.....	141.49
B073	Lecithin Powder 1.5# Bag.....	18.29
B070	Iodized Salt 25 lbs Bag.....	30.19
O090	Real Salt 25 lbs bag.....	126.29
O096	Real Salt Pouch Case (12-26 oz) (26#).140.69	
B071	Vital Wheat Gluten 5 lbs Bag.....	21.99
P004	Vital Wheat Gluten 50 lbs Bag.....	166.89
N012	Yeast Package - Saf-Instant 1 lb.....	6.29
N016	Yeast Case-20 package Saf-Instant Yeast.....	111.49

## Dairy

P012	Instant Milk (non-fat) 55 lbs Bag.....	256.39
P011	Regular Milk (non-fat) 55 lb Bag .....	194.79
L053	Butter Powder 50 lbs Bag.....	485.59
L022	Butter Powder 10 lbs Box.....	101.09
B011	Buttermilk Powder 55 lbs Bag.....	192.69
L030	Buttermilk Powder 20 lbs Box.....	57.09
L054	Cheese Blend 50 lbs Bag .....	274.09
L031	Cheese Blend 20 lbs Box.....	113.49
L059	Cheddar Cheese Powder 50 lbs Bag ....	506.79
L029	Cheddar Cheese Powder 10 lbs Box.....	105.29
L062	Shortening Powder 50 lbs Bag .....	200.69
L024	Shortening Powder 15 lbs Box.....	64.09
P055	Sour Cream Powder 50 lbs Bag.....	451.79
L028	Sour Cream Powder 10 lbs Box.....	94.29

## Drinks

P002	Hot Cocoa (add water) 25 lbs Bag .....	114.29
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## Flour

B004	All Purpose Flour 50 lbs Bag.....	38.49
B005	Bakers Flour High-Protein 50 lbs Bag .....	48.09
B006	Unbleached Flour 50 lbs Bag .....	42.29

## Fruits (● Imitation flavoring)

L033	Apple Slices 15 lbs Box	126.19
L034	Applesauce 35 lbs Box	356.99
L027	Applesauce 15 lbs Box	156.79
L035	Banana Slices 14 lbs Box	49.39

## Imitation Meat Flavor Textured Vegetable Protein

L063	Bacon Flavored Bits 25 lbs Box	86.29
L064	Beef Flavored Bits 25 lbs Box	94.89
L065	Chicken Flavored Bits 25 lbs Box	96.39
L078	Ham Flavored Bits 25 lbs Box	92.49
L071	Sausage Flavored Bits 25 lbs Box	99.79
L066	Taco Flavored Bits 25 lbs Box	97.39

## Mixes, Meals and Soup (\*\* complete)

P069	Basic Muffin Mix ** 25 lbs Bag	38.39
P023	Buttermilk Pancake Mix ** 25 lbs Bag	63.49
P029	Buttermilk Biscuit Mix 25 lbs Bag	45.69
P084	Hearty Wheat Bread Mix 25# Bag	42.79
P087	Bakers Complete Chocolate Cake 25#	79.49
P086	Bakers Complete White Cake Mix 25#	63.49
P089	White Bread & Roll Mix 25 lb Bag	43.69
P020	Fudge Brownie Mix ** 25 lbs Bag	77.99

## Pasta

B059	Elbow Macaroni 20 lbs Box	44.79
B062	Curly Egg Noodles 10 lbs Box	32.09
B067	Spaghetti Long 20 lbs Box	44.79

## Sugar, Honey and Molasses

P018	Creamy Honey (whipped) 5 lb pail	32.39
P008	Case 6-5 lb pails Creamy Honey (whipped)	190.29
P019	Cox Grade A Liquid Honey 5 lb pail	30.09
P009	Cse 6-5 lb pails Cox Grade A Liquid Honey	176.69
P007	Honey 45# Bucket Grade A Clover	199.79
P010	Bucket Molasses(sweet-unsulfured) 59 lbs	122.49
P016	Brown Sugar 25 lbs Bag	39.89
P116	Brown Sugar 50 lbs Bag	77.09
P017	Powdered Sugar 25 lbs Bag	57.29

**Buckets of Molasses, Honey and Lecithin cannot be shipped by UPS.**

## Vegetables

L001	Broccoli 15 lbs Box	175.69
L016	Cabbage 15 lbs Box	75.69
L003	Carrot Dices 20 lbs Box	101.49
L015	Celery 10 lbs Box	96.29
L002	Corn, Sweet 20 lbs Box	170.99
L004	Green Beans 13 lb Box	130.19
L007	Mushrooms 5 lbs Box	160.29
L008	Onions, Chopped 15 lbs Box	80.09
L005	Garden Peas, Sweet 25 lbs box	186.19
L017	Peppers-Mixed (red and green) 15# Box	161.99
L009	Potato Dices 45 lbs Bag	124.19
L010	Potato Flakes 40 lbs Bag	82.69

L014	Potato Granules 50 lbs Bag	112.79
L006	Potato Hashbrowns 30 lbs Box	91.19
L076	Potato Butter Bits 40 lbs Box	144.49
L032	Potato Butter Bits 20 lbs Box	75.99
L011	Potato Slices 20 lbs (4-5 lb bags)	55.59
L046	Spinach Flakes 5 lbs Box	45.39
L020	Sweet Potato Dices 25 lbs Box	123.89
L021	Tomato Powder 15 lbs Box	86.99
L013	Vegetable Stew Blend 25 lbs Box	157.69
L025	Vegetable Stew Blend 15 lbs Box	98.29

## Sprouting

### Sprout Master -Seed Sprout Kits

N020	Single Kit-2 lids	21.09	1
N021	Triple Kit (stackable)-4 lids	53.19	3
N022	Triple Mini Kit (stackable)-4 lids	32.19	1

### Sprouting Mix ⑦

Q011	Sprouting Mix 1.5 lbs	8.79	2
Q012	Sprouting Mix 5 lbs	16.69	5

### Sprouting Seed: Packaged in Zip Lock Mylar Bags

Q001	Alfalfa 1.5 lbs	13.39	2
Q006	Lentils 1.5 lbs	7.09	2
Q004	Garbanzo Beans 1.5 lbs	7.09	2
Q003	Whole Peas 1.5 lbs	7.19	2
Q002	Triticale 1.5 lbs	6.89	2
Q008	Case of 7 mylar bags	60.99	14

Includes: Alfalfa, triticale, whole green peas, garbanzo beans, lentils, natural adzuki beans, natural soy beans

### Special Sprouting Seed

Q016	Broccoli 1.5 lbs	29.59	2
Q017	Radish 1.5 lbs	20.39	2

### Alfalfa Sprouting Seed

A052	Alfalfa 5 lb bag	32.19	5
A054	Alfalfa 25 lb bag	138.39	25
Y001	Alfalfa 36 lbs 5 gal SP	211.69	39
K003	Alfalfa 88oz #10 can	37.39	7
U037	Alfalfa 20oz #2.5 can	12.89	2

### Natural Sprouting Seed

Q007	Natural Adzuki Beans 1.5 lbs	9.89	2
Q050	Natural Black Turtle Beans 1.5 lbs	8.99	2
Q052	Natural Hulled Buckwheat 1.5 lbs	10.09	2
Q053	Natural Kamut 1.5 lbs	8.19	2
Q056	Natural Soybeans 1.5 lbs	8.39	2
Q055	Natural Spelt 1.5 lbs	9.09	2
Q051	Natural Hard Red Wheat 1.5 lbs	7.19	2
Q057	Case of 7 mylar bags (natural seeds)	69.69	14

Includes: Natural black turtle beans, natural hard red wheat, natural buckwheat, natural kamut, natural spelt, natural adzuki beans, natural soy beans

## 5 Gallon Superpail Buckets-SP

\*SP is a 5 gallon heavy plastic bucket with a metalized non-porous bag. The bag is filled with product and oxygen absorbers to remove the oxygen leaving nitrogen. The bag is heat sealed, the bucket is sealed with a silicone ringed lid. This bag protects the product from light or moisture.

### Beans, Grains and Dehydrated Items

	wt
E002___ 16 Bean Mix (17 items) ⑥ 35 lbs.....	83.39 38
E001___ Baby Lima Beans 35 lbs .....	79.99 38
E003___ Black Turtle Beans 35 lbs .....	69.19 38
E004___ Black Eye Beans 31 lbs .....	81.99 34
E005___ Garbanzo Beans 33 lbs .....	57.39 36
E006___ Great Northern Beans 35 lbs.....	86.79 38
E007___ Kidney Beans 33 lbs .....	79.69 36
E042___ Lentils 36 lbs .....	60.89 39
E009___ Pink Beans 34 lbs .....	66.39 37
E010___ Pinto Beans 34 lbs .....	59.89 37
E011___ Small Red Beans 34 lbs.....	65.79 37
E012___ Small Whites Beans 36 lbs .....	80.29 39
E055___ Split Green Peas 37 lbs .....	62.69 40
E041___ Whole Green Peas 35 lbs.....	60.39 38
E035___ Pearl Barley 36 lbs.....	62.29 39
E066___ 7 Grain Mix (whole)① 35 lbs .....	64.39 38
E038___ 9 Grain Cracked Cereal④ 29 lbs.....	49.39 32
E040___ Durum Wheat (for pasta) 35 lbs .....	40.09 38
E043___ Hulled Millet 36 lbs.....	64.29 39
E070___ Ezekial Mix③ 34 lbs .....	69.69 37
E045___ Oat Groats 35 lbs.....	53.59 38
E046___ Popcorn Yellow 38 lbs.....	60.99 41
E067___ Par Boiled Rice 35 lbs.....	53.59 38
E048___ White Rice (long) 36 lbs .....	53.19 39
E047___ Brown Rice (long) 35 lbs .....	53.59 38
E053___ White Basmati Rice 36 lbs.....	151.29 39
E049___ 6 Grain Rolled Cereal ⑤ 20 lbs.....	40.79 23
E050___ Quick Rolled Oats 19 lbs .....	39.29 22
E051___ Regular Rolled Oats 20 lbs.....	40.39 23
E030___ Steel Cut Oats 33 lbs.....	55.49 36
E052___ Rye 35 lbs .....	66.49 38
E073___ Cornmeal 32 lbs .....	51.29 35
E078___ Soft Wheat (for pastries) 36 lbs.....	51.79 39
E079___ Germade Cereal 30 lbs.....	57.99 33
E056___ Triticale 33 lbs .....	52.29 36
E064___ Flax 31 lbs.....	59.29 34
E101___ Golden Flax 31 lbs .....	60.49 34
E080___ Elbow Macaroni 20 lbs.....	63.19 23
E083___ Curly Egg Noodles 10 lbs .....	41.09 13
E084___ Spaghetti 30 lbs .....	85.19 33
E075___ All Purpose Flour 31 lbs.....	42.49 34
E057___ Bakers Flour (Hi-protein) 31 lbs.....	48.49 34
E076___ Unbleached Flour 31 lbs.....	44.89 34
E088___ Brown Sugar 37 lbs.....	76.99 40
E089___ Powdered Sugar 31 lbs.....	84.39 34
Y013___ White Sugar 37 lbs.....	69.89 40
E092___ Refried Beans 16 lbs.....	62.09 19

E031\_\_\_ ABC Soup Mix 35 lbs.....84.69 38

### Cooking Supplies

	wt
E090___ Iodized Salt 50 lbs .....	78.09 53
O092___ Real Salt 50 lbs SP .....	270.19 53

### Dairy

Y004___ Milk, instant (non-fat) 25 lbs .....	114.29 28
Y005___ Milk, regular (non-fat) 28 lbs.....	113.49 31

### Drinks

Y003___ Hot Cocoa (add water) 30 lbs.....	150.69 33
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### Fruits

F033___ Apple Slices 6 lbs.....	69.29 9
F035___ Banana Slices 14 lbs .....	67.79 17

### Imitation Meat Flavor Textured Vegetable Protein

F072___ Bacon flavored Bits 16 lbs .....	73.79 19
F073___ Beef flavored Bits 18 lbs .....	86.89 21
F074___ Chicken flavored Bits 16 lbs .....	80.29 19
F057___ Sausage flavored Bits 16 lbs .....	82.49 19
F075___ Taco flavored Bits 20 lbs.....	96.39 23

### Mixes

Y011___ Buttermilk Pancake Mix 25 lbs.....	78.49 28
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### Vegetables

F001___ Broccoli 10 lbs.....	133.49 13
F002___ Carrot Dices 16 lbs .....	96.99 19
F003___ Corn, Super Sweet 16 lbs.....	152.59 19
F004___ Garden Peas, Sweet 20 lbs.....	164.79 23
F005___ Green Beans 10 lbs .....	116.09 13
F007___ Chopped Onions 14 lbs .....	89.99 17
F008___ Potato Dices 13 lbs .....	54.79 16
F009___ Potato Flakes 12 lbs .....	43.69 15
F013___ Potato Granules 38 lbs .....	104.29 41
F006___ Potato Hash browns 13 lbs.....	58.29 16
E110___ Potato Butter Bits 20 lbs .....	90.99 23
F010___ Potato Slices 8 lbs .....	41.09 11
F012___ Vegetable Stew Blend 13 lbs.....	100.79 16

**Note:** Due to elevation and/or temperature changes, buckets may be concave or convex upon arrival, normally this is not a problem. Buckets may be reshaped by removing lid, reshaping bucket and then replacing the lid. Product is not compromised since it is protected by the mylar bag.

## Natural Foods

### Hard Red Wheat

	wt
O001__ Natural Hard Red 25 lbs Dbl Plastic . 35.59	25
O003__ Natural Hard Red 50 lbs Dbl Plastic . 65.89	50
O002__ Natural Hard Red 50 lbs Paper bag .. 64.89	50
O005__ Natural Hard Red Wheat 36 lbs SP .. 62.29	39
O006__ Natural Hard Red Wheat 88oz #10 .. 14.49	7
O007__ Natural Hard Red Wheat #10 case ... 81.89	39

### Hard White Wheat

O008__ Natural Hard White 50 lbs Paper bag 65.89	50
O010__ Natural Hard White Wheat 36 lbs SP . 62.89	39
O011__ Natural Hard White Wheat 88oz #10 . 14.59	7
O012__ Natural Hard White Wheat #10 case.. 82.49	39

### Pinto Beans

O070__ Natural Pinto Beans 25 lbs bag..... 77.09	25
O072__ Natural Pinto Beans 34 lbs SP ..... 122.79	37

### Small White Beans

O074__ Natural Small White 25 lbs bag..... 70.79	25
O076__ Natural Small White 36 lbs SP ..... 114.39	39

### Small Red Beans

O078__ Natural Small Red Beans 25 lbs bag ..... 65.49	25
O080__ Natural Small Red Beans 34 lbs SP .... 107.09	37

### Soybeans

O082__ Natural Soybeans 25 lbs bag ..... 50.99	25
O084__ Natural Soybeans 33 lbs SP ..... 85.39	36
O085__ Natural Soybeans 80 oz #10 can ..... 17.79	6

### Oat Groats

O014__ Natural Oat Groats 25 lbs bag..... 42.79	25
O017__ Natural Oat Groats 50 lbs bag..... 74.79	50
O016__ Natural Oat Groats 35 lbs SP..... 71.19	38

### Rolled Oats-Regular

O020__ Natural Regular Oats 50 lbs bag ..... 74.79	50
O022__ Natural Regular Oats 20 lbs SP ..... 48.89	23

### Rolled Oats-Quick

O024__ Natural Quick Oats 50 lbs bag ..... 75.09	50
O026__ Natural Quick Oats 19 lbs SP..... 47.39	22

### Hulled Millet

O030__ Natural Hulled Millet 25 lbs bag..... 43.79	25
O032__ Natural Hulled Millet 36 lbs SP..... 80.99	39

### Hulled Buckwheat

	wt
O034__ Natural Hulled Buckwheat 25# bag..... 82.39	25
O037__ Natural Hulled Buckwheat 32# SP ..... 118.69	35
O038__ Natural Hulled Buckwheat 85oz can .... 24.19	6

### Kamut®

O039__ Natural Kamut® 25 lbs bag..... 51.49	25
O040__ Natural Kamut® 50 lbs bag..... 94.49	50
O042__ Natural Kamut® 35 lbs SP ..... 84.79	38
O043__ Natural Kamut® 85oz #10 can..... 17.59	6

### Quinoa

O044__ Natural Quinoa 25 lbs bag ..... 226.29	25
O045__ Natural Quinoa 10 lbs box..... 94.29	10
O046__ Natural Quinoa 35 lbs SP..... 334.79	38
O047__ Natural Quinoa 85oz #10 can ..... 55.59	7

### Amaranth

O048__ Natural Amaranth 25 lbs bag..... 60.69	25
O051__ Natural Amaranth 37 lbs SP..... 101.99	40
O052__ Natural Amaranth 88oz #10 can..... 20.29	7

### Spelt

O053__ Natural Spelt 25 lbs bag ..... 66.89	25
O054__ Natural Spelt 50 lbs bag ..... 125.39	50
O056__ Natural Spelt 35 lbs SP ..... 106.29	38
O057__ Natural Spelt 85oz #10 can..... 20.89	6

### Golden Flax

O060__ Natural Golden Flax 5 lbs bag..... 18.69	5
O061__ Natural Golden Flax 25 lbs bag..... 66.89	25
O059__ Natural Golden Flax 31 lbs SP..... 101.19	34

### Adzuki Beans-domestic

O062__ Natural Adzuki Domestic 25# bag..... 79.49	25
O064__ Natural Adzuki Domestic 37# SP ..... 129.89	40
O065__ Natural Adzuki Domestic 84oz #10 ... 23.39	6

### Black Turtle Beans

O097__ Natural Black Turtle 25# bag..... 67.89	25
O099__ Natural Black Turtle 35# SP ..... 107.69	38

## Books

	wt
X031__Country Bean Cookbook.....	19.49 1
X023__Herbs to the Rescue-Cookbook.....	8.79 1
X038__Instant Delight-Clear Gel Recipe .....	8.79 1
Q059__Made Simple .....	25.19 1
Q039__Mix A Meal Cookbook.....	20.39 1
X039__Natural Meals in Minutes Cookbook...	20.39 1
X044__The Amazing Wheat Cookbook .....	21.89 1
X045__The New Passport To Survival .....	21.89 1
Q036__Emergency Food Storage & Survival Bk	20.39 1
X046__The Art of Baking with Natural Yeast...	29.79 1
Q029__You Can Have Your Food Storage And Eat It Too.....	21.99 1

## Balm, Clay, Emergency Supplies

	wt
AA07__Bag Balm.....	13.69 1
S010__Redmond Bentonite Clay 24 oz.....	22.09 2
S011__Redmond Bentonite Clay 6 lb pail.....	79.99 6
Q023__Emergency Thermal Space Blanket.....	2.89 .5
USA made - foil material - reusable	
Q025__Hand Warmers single package .....	1.69 .5
(up to 6 hrs heat each)	
Q026__Hand Warmers case (60 Pkg) .....	39.19 4
Q038__Pocket Size Sleeping Bag 36"x84".....	6.69 .5
Q064__Tarp – small (4'6"x6'6" finished) .....	4.09 2
Q065__Eco Gel Toilet deodorizer .....	1.99 .5
Q066__Emergency Glow Stick .....	2.79 .5
Q068__Sanitation Liners (bio hazard bags-4/pkg).....	1.89 .5

## Stoves

X035__Alpaca Kerosene Cook Stove.....	141.99 15
8500 BT / comes with one wick	
X036__Alpaca 7 wick Replacement.....	11.99 .5
X037__Camp Chef Stryker Stove.....	78.19 2
(propane not included)	

## Water Storage Solutions

I050__Aerobic-stabilized oxygen 2oz.....	16.99 .5
Non-toxic-tasteless - Dropper bottle	
Approx 1260 drops per bottle	
E.D. Goodloe's Authentic Formula	
N013__Water Purification Coghlan's Tablets ...	9.19 .5
50 tablets - Treats 6.25 gallons (2 Tablets per 1 Quart water)	
P070__First Need Water Purifier.....	158.69 3
P071__First Need Replacement Canister.....	61.39 1
N014__Square 5 gal Blue Water Drum.....	15.79 5
N010__Poly Water Drum-blue 15 gal.....	58.79 8
N011__Poly Water Drum-blue 55 gal.....	102.89 22
N001__Drum Pump #330 adjustable.....	12.39 1
N030__Siphon Pump.....	11.39 5
N002__Flo-Rite Spigot 3/4".....	3.79 .5
P091__Aquamira Replacement Filter.....	12.39 1
P093__Water Basics Pump & Filter Kit.....	68.89 1.5
P094__Water Basics Replacement Filter.....	39.69 1
P095__Lifestraw Personal Water Filter.....	28.89 .5
P096__Aquamira Water Basics water bottle...	64.79 1

## Candles

X028__Candle Survival 36 hour w/matches....	7.59 1
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## Buckets, Containers and Packaging Supplies

B074	___	Mixing Pitcher 2 Quart.....	8.79	1
N007	___	4.25 gallon plastic bucket-gasket lid...	12.99	2
N008	___	5 gallon plastic bucket-gasket lid.....	12.99	3
N003	___	Deluxe Lid Remover & Bung Nut Wrench...	16.39	1
N029	___	Standard Lid Remover.....	13.69	1
		Gamma Seal Lids - Air tight-Screws on and off		
		Reusable FDA Food Grade Colors		
I080	___	Gamma Seal Lid-White each lid.....	10.49	2
I081	___	Gamma Seal Lid Red each lid.....	10.49	2
I082	___	Gamma Seal Lid Blue each lid.....	10.49	2
I128	___	Gamma Seal Lid Black each lid.....	10.49	2
I084	___	Gamma Seal Lid-Yellow each lid.....	10.49	2
I083	___	Gamma Seal Lid-Orange each lid.....	10.49	2
I127	___	Gamma Seal Lid-Green each lid.....	10.49	2
K085	___	Plastic Lid for #10 can.....	1.29	1
K185	___	Plastic Lid for #2.5 can.....	1.29	1
P039	___	Plastic Lids 549 per box for #10 cans...	121.59	45
P043	___	Cans #10 w/metal lids 448(1 pallet).	1012.89	500
P121	___	Can #10 w/metal lid.....	3.59	2
P056	___	Box for 2 #10 Cans.....	2.99	1.5
P057	___	Box for 4 #10 Cans.....	3.39	2
P042	___	Box for 6 #10 Cans.....	3.89	2
P058	___	Box for 6 #2.5 Cans.....	2.59	1.5
P120	___	Box for 6 Gallon Bucket.....	4.79	2
P041	___	Oxygen Absorbers 500cc (50 per bag).	12.99	1
P048	___	Oxygen Absorbers 200cc (50 per bag)...	5.89	1
F015	___	20" x 30" Mylar.....	3.59	.3
F016	___	20" x 29" Mylar with zip lock.....	6.09	.3
F018	___	Blue 10.5" x 17.5" Mylar with zip lock..	2.59	.3
F085	___	Red 6.5"x 10.5" Mylar with zip lock.....	2.49	.3
F021	___	Clear Poly Bag 13.5"x 5.25"x 34".....	3.79	.2
F022	___	Clear Poly Bag 11"x 4"x 27".....	2.29	.2

## Grinders, Bosch and Accessories

X024	___	Victorio Deluxe Grain Mill .....	124.39	3
X040	___	The Kitchen Mill Grinder electric.....	343.29	8
X091	___	Wonder Mill-electric .....	324.39	15
X026	___	Wonder Mill Junior (Deluxe) manual .....	343.69	15
Z011	___	Country Living Mill hand-electric .....	615.19	15
		(designed to be motorized-you supply slow RPM motor-belt-pulley)		
Z012	___	Country Living Extra set Burrs .....	146.59	3
Z013	___	Country Living Power Bar Extension ...	31.69	3
		(Converts 12" Flywheel to 19 inches)		
Z014	___	Country Living Bean Auger Assembly .	53.89	3
Z015	___	Country Living Clear Flour Bin w/lid ....	35.79	3
H030	___	Bosch Universal Kitchen Machine.....	516.29	17
H031	___	Bosch Slicer-Shredder .....	160.49	4
H032	___	Bosch Batter Whisks (set) .....	20.39	1
H033	___	Bosch Wire Whips (set) .....	18.49	1
H034	___	Bosch Meat Grinder.....	191.69	5
H038	___	Bosch Bowl Scraper.....	24.59	2
H035	___	Bosch Compact Machine.....	242.69	12
H037	___	Bosch Cookie Paddle w/driver.....	30.39	2
H039	___	Bosch Large Slicer Shredder.....	60.39	5
		Fits on bowl of Universal Mixer		
H040	___	Bosch Dough Hook Extender.....	10.79	1
H041	___	Bosch Cake Paddles.....	20.79	2
H042	___	Bosch Blender.....	82.59	2

## #10 CANS and CASES

One 500cc Oxygen Absorber packet to each can. (6 #10 size enameled cans to a case). Price includes 1 plastic lid per can

### VEGETABLES

	wt
I001 __ Broccoli 24oz .....	24.79 2
I002 __ Broccoli Case .....	144.59 13
I031 __ Cabbage 22oz .....	14.49 3
I032 __ Cabbage Case.....	82.89 18
I003 __ Carrot Dices 38oz.....	19.59 4
I004 __ Carrot Dices Case .....	111.59 20
I029 __ Celery 18oz .....	18.09 2
I030 __ Celery Case.....	104.59 13
I005 __ Corn, Super Sweet 40oz.....	28.79 4
I006 __ Corn, Super Sweet Case.....	167.19 20
I007 __ Garden Peas, sweet 49oz.....	30.09 4
I008 __ Garden Peas, sweet Case .....	175.99 24
I009 __ Green Beans 20oz .....	20.09 3
I010 __ Green Beans Case .....	115.59 15
I013 __ Mushroom Slices 9oz.....	25.69 2
I014 __ Mushroom Slices Case.....	148.09 10
I015 __ Onions Chopped 40oz.....	20.59 4
I016 __ Onions Chopped Case.....	118.29 21
I033 __ Peppers-Mixed (red & green) 20oz.....	21.19 3
I034 __ Peppers-Mixed (red & green) Case.....	121.39 14
I017 __ Potato Dices 36oz.....	14.19 4
I018 __ Potato Dices Case.....	79.49 20
I019 __ Potato Flakes 30oz.....	11.69 3
I020 __ Potato Flakes Case.....	65.29 17
I021 __ Potato Granules 88oz.....	20.29 7
I022 __ Potato Granules Case.....	116.29 39
I011 __ Potato-Hash browns 27oz.....	12.99 3
I012 __ Potato-Hash browns Case .....	72.79 16
I122 __ Potato Butter Bits 48 oz.....	18.49 4
I123 __ Potato Butter Bits Case .....	106.99 24
I023 __ Potato Slices 20oz.....	11.39 3
I024 __ Potato Slices Case .....	63.09 14
I064 __ Spinach Flakes 10oz.....	12.79 1
I110 __ Spinach Flakes Case.....	71.99 6
I072 __ Sweet Potato Dices 40 oz .....	19.89 4
I108 __ Sweet Potato Dices Case.....	114.49 22
I025 __ Tomato Powder 60oz.....	28.59 5
I026 __ Tomato Powder Case .....	167.09 30
I027 __ Vegetable Stew Blend 33oz .....	20.69 3
I028 __ Vegetable Stew Blend Case.....	119.89 18

### FRUITS

I051 __ Apple Slices 17oz.....	16.69 2
I052 __ Apple Slices Case .....	96.19 14
I053 __ Applesauce 44oz.....	35.89 4
I054 __ Applesauce Case .....	210.49 23
I055 __ Banana Slices 36oz.....	15.49 3
I056 __ Banana Slices Case .....	89.09 19
I058 __ Apricot Dices 40oz .....	45.99 4
I067 __ Peach Dices 52oz .....	49.19 5
I068 __ Dehydrated Blueberries 40oz.....	57.09 4
I070 __ Nectarine Dices 40oz .....	36.59 4

I071 \_\_ Plum Dices 40 oz ..... 34.19 4

### DAIRY and EGGS

R001 __ Milk, instant (non-fat) 60oz.....	22.09 5
R002 __ Milk, instant (non-fat) Case .....	128.09 29
T001 __ Milk, regular (non-fat) 64oz.....	18.49 5
T002 __ Milk, regular (non-fat) Case .....	106.79 30
J001 __ Butter Powder 44oz.....	34.49 4
J002 __ Butter Powder Case .....	202.49 23
J019 __ Shortening Powder 44oz.....	19.19 5
J020 __ Shortening Powder Case .....	111.39 23
J003 __ Cheese Blend 65oz.....	29.99 5
J004 __ Cheese Blend Case .....	176.49 33
J037 __ Cheddar Cheese Powder 51oz .....	40.29 5
I073 __ Sour Cream Powder 48oz.....	34.79 4
J021 __ Whip Topping 71oz.....	28.79 6
J022 __ Whip Topping Case .....	167.39 33
J007 __ Egg Mix (48 eggs) 48oz .....	40.59 4
J008 __ Egg Mix (eggs-milk-shortening) Case .....	239.09 24
J011 __ Whole Eggs 40oz .....	40.39 3
J012 __ Whole Eggs (100% eggs) Case.....	238.49 18
J125 __ Ova Easy Egg 48oz.....	72.19 4
J009 __ Egg Whites 48 oz.....	41.59 4
J015 __ Buttermilk Powder 68oz.....	18.89 5
J016 __ Buttermilk Powder Case.....	109.99 32

### DRINKS

J005 __ Hot Cocoa 90oz.....	32.59 7
J006 __ Hot Cocoa Case .....	190.39 40
K055 __ Apple Drink 94oz .....	24.49 7
K056 __ Apple Drink Case.....	142.29 41
K057 __ Orange Drink 94oz.....	28.59 7
K058 __ Orange Drink Case .....	166.89 41
K059 __ Peach Drink 94oz .....	24.49 7
K060 __ Peach Drink Case.....	142.29 41

### COOKING SUPPLIES

J051 __ Baking Powder 80oz .....	23.69 6
J052 __ Baking Powder Case.....	137.99 36
J053 __ Baking Soda 116oz .....	17.39 9
J054 __ Baking Soda Case.....	98.79 50
J059 __ Cornstarch 68oz .....	13.89 6
J060 __ Cornstarch Case .....	77.99 32
J081 __ Clear Jel Instant (cold) 64oz .....	25.49 5
J141 __ Clear Jel (hot) 64oz.....	22.69 5
J077 __ White Cream Sauce 53oz .....	31.59 5
J078 __ White Cream Sauce Case.....	183.69 26
J055 __ Beef Bouillon 102 oz .....	44.19 8
J056 __ Beef Bouillon Case.....	260.79 48
J057 __ Chicken Bouillon 102 oz.....	37.09 8
J058 __ Chicken Bouillon Case .....	217.89 48
J182 __ Cocoa Dutch Baking 48oz.....	22.59 4
K092 __ Iodized Salt 128oz .....	17.19 9
K093 __ Iodized Salt Case.....	98.89 54
O093 __ Real Salt 128oz #10 can .....	47.89 9
I107 __ Vital Wheat Gluten 64oz #10 can .....	21.09 5
J040 __ Molasses Powder 60oz #10 can .....	23.09 5
P013 __ Molasses Powder 5# bag .....	25.79 5



J045\_\_\_Honey Powder 65oz #10 can.....22.89 5  
 P015\_\_\_Honey Powder 5# bag .....24.09 5

**FLOUR**

K061\_\_\_All Purpose Flour 64oz.....10.79 5  
 K062\_\_\_All Purpose Flour Case.....60.39 30

**GRAINS, LEGUMES and MISC**

K005\_\_\_Baby Lima Beans 88oz.....17.79 8  
 K006\_\_\_Baby Lima Beans Case .....99.69 39  
 K041\_\_\_16 Bean Mix (17 items)© 84oz.....17.69 7  
 K042\_\_\_16 Bean Mix (17 items)© Case ....100.29 38  
 K045\_\_\_Black Turtle Beans 85oz .....15.59 7  
 K046\_\_\_Black Turtle Beans Case .....87.29 36  
 K049\_\_\_Garbanzo Beans 80oz .....13.59 6  
 K013\_\_\_Great Northern Beans 84oz.....18.19 7  
 K014\_\_\_Great Northern Beans Case .....103.29 38  
 K019\_\_\_Kidney Beans 76oz .....16.59 6  
 K020\_\_\_Kidney Beans Case .....94.79 35  
 K021\_\_\_Lentils 88oz.....14.29 7  
 K022\_\_\_Lentils Case .....80.59 39  
 K023\_\_\_Pinto Beans 84oz.....14.29 7  
 K024\_\_\_Pinto Beans Case .....80.19 38  
 K037\_\_\_Small White Beans (navy) 90oz.....17.49 7  
 K038\_\_\_Small White Beans (navy) Case .....99.79 40  
 K035\_\_\_Small Red Beans 86oz .....15.29 7  
 K036\_\_\_Small Red Beans Case .....86.49 38  
 K017\_\_\_Green Split Peas 92oz.....14.59 7  
 K018\_\_\_Green Split Peas Case .....83.79 43  
 K007\_\_\_Pearl Barley 88oz.....14.49 7  
 K008\_\_\_Pearl Barley Case .....81.89 39  
 K073\_\_\_Oat Groats 85oz.....13.19 7  
 K088\_\_\_9 Grain Cracked Cereal④ 69oz .....12.49 6  
 K089\_\_\_9 Grain Cracked Cereal④ Case .....69.39 32  
 J063\_\_\_Flax 76oz .....13.99 6  
 J124\_\_\_Flax Case.....79.39 35  
 J183\_\_\_Golden Flax 76oz.....14.19 6  
 K025\_\_\_Popcorn Yellow 96oz.....14.39 7  
 K026\_\_\_Popcorn Yellow Case .....81.99 42  
 I062\_\_\_Par Boiled Rice 82oz.....12.79 6  
 K031\_\_\_White Rice (long) 88oz.....13.09 7  
 K032\_\_\_White Rice (long) Case .....73.59 39  
 K029\_\_\_Brown Rice (long) 84oz .....13.19 7  
 K030\_\_\_Brown Rice (long) Case .....73.49 38  
 K033\_\_\_White Basmati Rice 84oz.....27.29 7  
 K034\_\_\_White Basmati Rice Case .....158.39 39  
 K090\_\_\_6 Grain Rolled⑤ 48oz.....10.99 4  
 K091\_\_\_6 Grain Rolled ⑤ Case .....61.79 24  
 K027\_\_\_Quick Oats 40oz .....10.59 4  
 K028\_\_\_Quick Oats Case .....58.29 21  
 K086\_\_\_Rolled Oats, regular 40oz .....10.59 4  
 K087\_\_\_Rolled Oats, regular Case .....58.29 21  
 K050\_\_\_Steel Cut Oats 75 oz.....12.99 6  
 J061\_\_\_7 Grain Mix (whole)① 83oz.....14.79 7  
 K051\_\_\_Cornmeal, yellow 72 oz.....12.49 6  
 K052\_\_\_Cornmeal, yellow Case .....69.49 33

K065\_\_\_Germade Cereal 73oz .....13.79 6  
 K066\_\_\_Germade Cereal Case.....77.99 34  
 K129\_\_\_Ezekial Mix③ 88oz .....16.09 7  
 J079\_\_\_Refried Beans 40oz.....14.59 4  
 J080\_\_\_Refried Beans Case .....83.59 24  
 K001\_\_\_ABC Soup Mix 84 oz.....17.89 7  
 K002\_\_\_ABC Soup Mix Case .....101.19 33

**SUGAR**

K079\_\_\_Brown Sugar 67oz .....14.29 5  
 K080\_\_\_Brown Sugar Case.....81.89 32  
 K081\_\_\_Powdered Sugar 60oz.....15.79 5  
 K082\_\_\_Powdered Sugar Case .....89.89 29  
 K083\_\_\_White Sugar 94oz .....15.89 7  
 K084\_\_\_White Sugar Case.....90.59 41

**PASTA**

K067\_\_\_Elbow Macaroni 50oz .....14.89 5  
 K068\_\_\_Elbow Macaroni Case.....83.69 25  
 K069\_\_\_Curly Egg Noodles 20oz.....11.89 3  
 K070\_\_\_Curly Egg Noodles Case .....65.99 14  
 K077\_\_\_Spaghetti 51oz.....15.09 5  
 K078\_\_\_Spaghetti Case .....84.39 25

**MIXES and DESSERTS (\*\*complete, no oxygen absorber)**

K105\_\_\_Buttermilk Biscuit Mix 5# mylar bag ...13.69 5  
 K130\_\_\_Hearty Wheat Bread Mix 63oz.....13.89 5  
 K128\_\_\_White Bread & Roll Mix 68 oz .....15.39 5  
 K132\_\_\_Bakers Complete White Cake Mix 69oz.17.89 5  
 K133\_\_\_Bakers Complete Chocolate Cake 73oz 21.69 6  
 K071\_\_\_Buttermilk Pancake Mix 63oz \*\* .....17.09 5  
 K072\_\_\_Buttermilk Pancake Mix \*\* Case.....98.59 30  
 K100\_\_\_Basic Muffin Mix 5# mylar bag\*\* .....12.29 5  
 J067\_\_\_Fudge Brownie Mix 66oz \*\* .....20.29 6  
 I048\_\_\_Scone Fry Bread 5 # mylar bag .....17.79 5  
 K131\_\_\_Scrumptious Drop Scone Mix 5# mylar\* .18.79 5  
 J095\_\_\_Banana Pudding-instant 80oz .....24.99 6  
 J033\_\_\_Chocolate Pudding-instant 76oz .....25.39 6  
 J093\_\_\_Vanilla Pudding-instant 76oz.....24.19 6  
 I105\_\_\_Butterscotch Pudding-instant 76oz ....27.59 6  
 I078\_\_\_Tapioca Instant 70oz .....19.69 6  
 I075\_\_\_Strawberry Gelatin 96oz .....24.69 7  
 I076\_\_\_Cherry Gelatin 96 Oz .....22.29 7  
 K103\_\_\_Banana Muffin Mix 5# mylar bag\*\* .....15.79 5  
 K102\_\_\_Lemon Poppy Muffin Mix 5# mylar\*\* .....15.59 5  
 K106\_\_\_Blueberry Muffin Mix 5# mylar bag\*\* .....15.39 5

**Imitation Meat Flavored Textured Vegetable Protein**

J071	Beef Flavored Bits 40 oz	17.39	4
J072	Beef Flavored Bits case	98.79	21
J073	Chicken Flavored Bits 33 oz	15.69	3
J074	Chicken Flavored Bits Case	89.59	18
J083	Sausage Flavored Bits 40oz	17.79	4
J084	Sausage Flavored Bits case	101.69	21
J075	Taco Flavored Bits 56oz	21.49	5
J076	Taco Flavored Bits case	123.49	27
J069	Bacon Flavored Bits 36oz	15.69	4
I095	Ham Flavored Bits 36 oz	16.29	4

**Meals**

J164	Stroganoff Gravy Mix 49oz	30.09	4
J153	Brown Gravy Mix 60oz	30.79	6
J151	Chicken Gravy Mix 50oz	26.19	5
I044	Turkey Gravy Mix 55oz	42.49	5
I046	Pork Gravy Mix 55oz	37.29	5
I049	Pepper Biscuit Gravy 44 oz	32.09	4
I150	Baked Potato Cheese Soup 65oz	38.59	5
I151	Broccoli Cheese Soup Mix 65oz	41.19	5

**#2.5 CANS and CASES**

One 200cc Oxygen Absorber Packet to each can.

6 #2 5 size enameled cans to a case.

Price includes 1 plastic lid per can

**Vegetables**

G013	Broccoli 6 oz	10.49	1
G014	Broccoli Case	58.29	5
G019	Carrot Dices 11oz	9.49	1
G020	Carrot Dices Case	52.69	7
G021	Corn Super Sweet 11oz	11.89	1
G022	Corn Super Sweet case	67.09	7
G023	Garden Peas - sweet 13oz	12.39	2
G024	Garden Peas-sweet Case	68.19	8
G025	Green Beans 6oz	9.89	1
G026	Green Beans Case	54.39	5
G011	Sliced Mushrooms 2oz	10.39	1
G012	Sliced Mushrooms Case	55.89	3
G007	Chopped Onion 9oz	8.99	1
G008	Chopped Onion Case	49.99	6
G009	Tomato Powder 12oz	10.19	2
G010	Tomato Powder Case	57.39	10
G005	Vegetable Stew Blend 9oz	9.69	1
G006	Vegetable Stew Blend Case	53.79	6
G015	Celery 5oz	9.19	1
G016	Celery Case	49.69	4
G027	Cabbage 6oz	7.99	1
G028	Cabbage Case	43.69	6
G017	Mixed Peppers 5oz	9.59	1
G018	Mixed Peppers Case	52.49	5
U031	Potato Dices 8oz	7.49	1
U073	Potato Dices Case	40.89	6

**Fruits (● Imitation flavoring)**

U019	Banana Slices 9oz	8.09	1
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U075	Banana Slices Case	44.29	6
U021	Apple Slices 4oz	8.29	1
U074	Apple Slices Case	44.99	4
G033	Applesauce 10oz	12.49	1
G034	Applesauce Case	70.89	7
G097	Peach Dices 14oz	17.49	2
G098	Peach Dices Case	99.09	8
G103	Dehydrated Blueberries 11oz	19.89	2
G104	Apricot Dices 11oz	15.59	2
G105	Nectarine Dices 10oz	13.59	2
G106	Plum Dices 10oz	12.99	2

**Dairy and Eggs**

G067	Butter Powder 14oz	14.89	2
G068	Butter Powder Case	83.49	8
G065	Shortening Powder 14oz	9.89	2
G066	Shortening Powder Case	53.59	8
G061	Cheese Blend 16oz	11.79	2
G062	Cheese Blend Case	65.49	9
G063	Cheddar Cheese 13oz	14.69	2
G064	Cheddar Cheese Case	82.09	8
G029	Sour Cream Powder 12oz	12.79	1
G102	Sour Cream Powder Case	73.09	7
G043	Whip Topping 22oz	12.69	2
G044	Whip Topping Case	71.29	11
G053	Egg Mix 12oz (eggs-milk-shortening)	14.39	1.3
G054	Egg Mix (eggs-milk-shortening) Case	81.69	7
G051	Whole Eggs (100% eggs) 12oz	9.79	1.3
G052	Whole Eggs (100% eggs) Case	54.09	7
G055	Egg Whites 12 oz	14.59	1.3
G056	Egg Whites Case	83.29	7
G156	Ova Easy Eggs (crystal) 13oz	23.99	2
G069	Buttermilk Powder 17oz	9.09	2
G070	Buttermilk Powder Case	49.39	9
R003	Instant Milk 15oz	9.89	2
R004	Instant Milk Case	53.89	8
T005	Regular Milk 16oz	8.99	2
T006	Regular Milk Case	48.79	9

**Drinks**

G059	Hot Cocoa 24oz	12.69	2
G060	Hot Cocoa Case	72.09	12
G093	Apple Drink 25oz	10.59	2
G094	Apple Drink Case	59.19	12
G091	Orange Drink 25oz	11.69	2
G092	Orange Drink Case	65.69	12
G089	Peach Drink 25oz	10.59	2
G090	Peach Drink Case	59.19	12

**Cooking Aids and Seasonings**

G077	White Cream Sauce 16oz	13.39	2
G078	White Cream Sauce Case	75.29	9
G071	Beef Bouillon 29oz	16.69	3
G072	Beef Bouillon Case	94.49	14
G073	Chicken Bouillon 29oz	14.69	3
G074	Chicken Bouillon Case	82.29	14
G079	Baking Soda 32oz	8.89	3

G080	Baking Soda Case	48.19	15
U035	Baking Powder 30oz	11.99	2
U034	Baking Powder Case	69.69	18
G075	Cornstarch 18oz	7.79	2
G076	Cornstarch Case	41.79	9
J155	Brown Gravy Mix 16oz	12.29	2
J157	Chicken Gravy Mix 16oz	12.09	2
J159	Stroganoff Gravy Mix 11oz	11.09	1
G035	Turkey Gravy Mix 15oz	15.79	2
G037	Pork Gravy Mix 15oz	14.39	2
G036	Pepper Biscuit Gravy 15oz	14.59	2
G095	Iodized Salt 32oz	8.69	3
G096	Iodized Salt Case	46.79	15
O094	Real Salt 32oz 2.5 can	16.39	3
U175	Pepper Ground Black 16oz	10.59	2

I039	Clear Jel Instant (cold) 17oz	10.99	2
U141	Clear Jel Regular (hot) 7oz	10.29	2
U178	Chili Powder Blend 16oz	10.49	2
U179	Cinnamon Powder 16oz	11.39	2
U184	Montreal Chicken Seasoning 16oz	11.79	2
U185	Montreal Beef Seasoning 16oz	11.79	2
U176	Pizza Seasoning Blend 11oz	13.99	1
U174	Spaghetti Seasoning Blend 19oz	12.39	2
U177	Taco Seasoning Blend 16oz	10.79	2
U173	Crushed Chili Pepper Seas 13oz	13.19	2
U133	Garlic Granules 18oz	16.39	2
U014	Spaghetti Sauce Mix 18oz	17.09	2
U016	Alfredo Sauce Mix 16oz	13.79	2
U018	Teriyaki Sauce Mix 16oz	12.09	2
U181	Baking Cocoa (dutch) 14oz	10.69	2
G116	Blueberry Nuggets (imitation) 17oz	13.69	2
G118	Apple Cinn Nuggets (imitation) 15oz	12.59	2
G117	Raspberry Nuggets (imitation) 15oz	13.09	2
G041	Nacho Cheese Sauce Mix 14oz	13.49	1
G042	Enchilada/Burrito Sauce Mix 18oz	12.79	1
G030	Molasses Powder 17oz	10.49	1.5
G040	Honey Powder 18oz	10.49	2

### Imitation Meat Flavor Textured Vegetable Protein

G083	Bacon Flavored Bits 11oz	8.49	1
G081	Beef Flavored Bits 10oz	8.49	1
G082	Beef Flavored Bits Case	46.89	7
I093	Chicken Flavored Bits 11oz	8.69	1
I094	Chicken Flavored Bits Case	48.39	7
G085	Taco Flavored Bits 12oz	8.99	1
G086	Taco Flavored Bits Case	49.89	7
G087	Sausage Flavored Bits 10oz	8.59	1
G088	Sausage Flavored Bits Case	47.59	7
U023	Ham Flavored Bits 12oz	8.79	1

### Mixes and Desserts (\*\*complete)

I129	Strawberry Gelatin 27oz	10.89	2
I113	Raspberry Gelatin 27 oz	10.19	2
I114	Lemon Gelatin 27 oz	10.19	2

I116	Cherry Gelatin 27 oz	10.19	2
I117	Orange Gelatin 27 oz	10.19	2
I115	Lime Gelatin 27 oz	10.79	2
I087	Banana Pudding-instant 22oz**	10.89	2
I088	Banana Pudding-instant ** Case	60.89	11
I089	Chocolate Pudding-instant 22oz**	11.39	2
I090	Chocolate Pudding-instant** Case	63.69	11
I085	Vanilla Pudding-instant 22oz*	10.89	2
I086	Vanilla Pudding-instant** Case	60.89	11
G038	Butterscotch Pudding-instant 22oz	11.89	2
G039	Butterscotch Pudding-instant Case	66.79	11
I079	Tapioca Instant 17 oz	9.19	2

## Mountain House Freeze Dried Food

	Mylar Pouches		wt
M400	Beef Stew	12.69	1
M101	Beef Stroganoff	12.09	1
M204	Chicken w/Mashed Potatoes	12.69	1
M203	Chicken Teriyaki w/Rice	12.09	1
M103	Chili Mac	12.09	1
M104	Lasagna w/Meat Sauce	12.09	1
M206	Macaroni & Cheese	10.79	1
M207	Noodles & Chicken	10.79	1
M105	Pasta Primavera (vegetable)	9.79	1
M209	Rice & Chicken	12.09	1
M107	Spaghetti w/Meat Sauce	12.09	1
M108	Granola w/Blueberries & Milk	8.09	1
M117	Scrambled Eggs with Bacon	10.39	1
M118	Biscuits and Gravy	10.39	1
M119	Breakfast Skillet	12.69	1
M121	Chicken Fajita Bowl	12.69	1
M124	Spicy Southwest Breakfast Hash	12.69	1
M123	Ice Cream Sandwich	5.19	1
M214	Breakfast Skillet #10 can	54.59	2
M215	Granola w/Blueberries/Milk #10 can	47.19	3
M502	3-day Emergency Kit (9 pouches)	93.49	3

## Gluten Free Products

			wt
GF062	Bread Mix & Flour Blend 64oz can	21.49	4.5
GF063	Bread Mix & Flour Blend 5# bag	23.19	5
GF064	Sorghum Flour 56oz can	12.49	4
GF065	Sorghum Flour 5# bag	12.39	5
GF066	Tapioca Starch 56oz can	12.49	4
GF067	Tapioca Starch 5# bag	12.39	5
GF068	Potato Starch 70oz can	18.29	5
GF069	Potato Starch 5# bag	17.59	5
GF070	Artisan Flour Blend 60oz can	18.69	4
GF071	Artisan Flour Blend 5# bag	20.29	5
GF072	Baking & Pancake Mix 57oz can	21.49	4
GF073	Baking & Pancake Mix 5# bag	24.89	5
GF074	White Rice Flour 64oz can	13.49	4.5
GF075	White Rice Flour 5# bag	12.89	5

## FREEZE DRIED

### Fruit #10 cans

		wt
K135	Apple Dices 10 oz #10 can	26.59 2
K136	Apple Dices 6 #10 cans	153.29 9
K149	Bananas Sliced 14 oz #10 can	22.59 2
K150	Bananas Sliced 6 #10 cans	129.79 10
K147	Blackberries Whole 9 oz #10 can	29.89 2
K148	Blackberries Whole 6 #10 cans	172.89 10
K145	Blueberries Whole 10 oz # 10 can	28.99 2
K146	Blueberries Whole 6 #10 cans	167.89 10
K141	Mango 12 oz #10 can	30.09 2
K142	Mango 6 #10 cans	175.79 10
K139	Pineapple Chunks 14 oz #10 can	33.59 2
K140	Pineapple Chunks 6 #10 cans	196.29 11
K137	Raspberries Whole 9 oz #10 can	33.39 2
K138	Raspberries Whole 6 #10 cans	193.49 9
K151	Strawberries Sliced 6 oz #10 can	24.99 2
K152	Strawberries Sliced 6 #10 cans	143.59 10

### Vegetables #10 can

K155	Garden Peas 18 oz #10 can	22.29 2
K156	Garden Peas 6 #10 cans	128.99 11
K157	Green Beans 6 oz #10 can	21.79 2
K158	Green Beans 6 #10 cans	124.09 7
K159	Corn Super Sweet 16 oz #10 can	23.79 2
K160	Corn Super Sweet 6 #10 cans	138.79 12
K161	Cauliflower Pearls 5 oz #10 can	21.49 2
K162	Cauliflower Pearls 6 #10 cans	120.99 6
K165	Broccoli 7 oz #10 can	23.09 2
K166	Broccoli 6 #10 cans	132.49 7

### Cheese #10 cans

K167	Sharp Cheddar 37 oz #10 can	47.19 3
K168	Sharp Cheddar 6 #10 cans	278.19 18
K169	Mozzarella 32 oz #10 can	45.99 3
K170	Mozzarella 6 #10 cans	271.99 18
K171	Monterey Jack 37 oz #10 can	31.59 3
K172	Monterey Jack 6 #10 cans	185.09 18
K173	Colby 37 oz #10 can	52.09 3
K174	Colby 6 #10 cans	307.69 19

### Meat #10 cans

T007	Diced Chicken 17oz #10 can	82.99 2
T009	Ground Beef 29oz #10 can	175.69 2
T011	Diced Beef 24oz #10 can	145.99 2

### Fruit #2.5 cans

		wt
G119	Apple Dices 3 oz #2.5 can	11.89 1
G120	Apple Dices 6 #2.5 cans	65.79 3
G134	Bananas Sliced 4 oz #2.5 can	10.39 1
G135	Bananas Sliced 6 #2.5 cans	57.29 3
G131	Blackberries Whole 3 oz #2.5 can	13.59 1
G132	Blackberries Whole 6 #2.5 cans	75.89 3
G129	Blueberries Whole 3 oz #2.5 can	12.59 1
G130	Blueberries Whole 6 #2.5 cans	70.09 3
G125	Mango 4 oz #2.5 can	13.69 1
G126	Mango 6 #2.5 cans	76.69 3
G123	Pineapple Chunks 4 oz #2.5 can	13.59 1
G124	Pineapple Chunks 6 #2.5 cans	76.19 3
G121	Raspberries Whole 2.5 oz #2.5 can	13.39 1
G122	Raspberries Whole 6 #2.5 cans	74.39 3
G136	Strawberries Sliced 2 oz #2.5 can	12.09 1
G137	Strawberries Sliced 6 #2.5 cans	65.69 2

### Vegetables #2.5 cans

G140	Garden Peas 5 oz #2.5 can	10.39 1
G141	Garden Peas 6 #2.5 cans	56.29 3
G142	Green Beans 1.8 oz #2.5 can	10.69 1
G143	Green Beans 6 #2.5 cans	56.89 2
G144	Corn Super Sweet 4 oz #2.5 can	10.29 1
G145	Corn Super Sweet 6 #2.5 cans	56.29 3
G146	Cauliflower Pearls 1 oz #2.5 can	9.29 1
G147	Cauliflower Pearls 6 #2.5 cans	48.19 2
G150	Broccoli 2 oz #2.5 can	10.79 1
G151	Broccoli 6 #2.5 cans	57.99 2

### Cheese #2.5 cans

G157	Sharp Cheddar 10 oz #2.5 can	16.89 1
G158	Sharp Cheddar 6 #2.5 cans	96.29 6
G159	Mozzarella 9 oz #2.5 can	16.99 1
G160	Mozzarella 6 #2.5 cans	97.19 6
G161	Monterey Jack 10 oz #2.5 can	12.59 1
G162	Monterey Jack 6 #2.5 cans	71.19 6
G163	Colby 10 oz #2.5 can	18.19 1
G164	Colby 6 #2.5 cans	104.19 6

### Meals #10 cans

I154	Creamy Chicken Noodle Soup 50.2 oz	
	#10 can	48.19 4

# DEHYDRATED UNITS

## FOR ONE PERSON

### STANDARD 1 Year Unit

UU012.....1405.49 <sup>wt</sup> 377

One year storage for one person includes allocation sheets

Cases 1-12 includes 6 #10 cans each.

#### Case 1 #10 Cans.....

2 cans Apple Slices      2 cans Banana Slices  
1 can Peach Dices  
1 can Applesauce

#### Case 2 #10 Cans.....

1 can Garden Peas      1 can Carrot Dices  
2 cans Sweet Corn      1 can Green Beans  
1 can Chopped Onions

#### Case 3 #10 Cans.....

1 can Potato Slices      1 can Hashbrowns  
2 cans Vegetable Stew  
2 cans Potato Granules

#### Case 4 & 5 #10 Cans.....

6 cans Instant Milk

#### Case 6 #10 Cans.....

2 cans Whole Egg      1 can Egg Mix  
1 can Cheese Blend      1 can Butter Powder  
1 can Shortening Powder

#### Case 7 #10 Cans.....

2 cans Beef Bits      1 can Chicken Bits  
1 can Bacon Bits      1 can Taco Bits  
1 can Sausage Bits

#### Case 8 #10 Cans.....

1 can Cornmeal      1 can Germade  
1 can Spaghetti      2 cans Elbow Macaroni  
1 can Refried Beans

#### Case 9 #10 Cans.....

3 cans White Rice      1 can Small White beans  
2 cans Pinto Beans

#### Case 10 #10 Cans.....

2 cans 6 Grain Rolled      2 cans 9 Grain Cracked  
2 cans Quick Rolled Oats

#### Case 11 #10 Cans.....

2 cans 16 Bean Mix      1 can Black Turtle Beans  
1 can Hot Cocoa      1 can Lentils  
1 can Popcorn

#### Case 12 #10 Cans.....

1 can Peach Drink      1 can Pearled Barley  
1 can Orange Drink      1 can White Cream Sauce  
1 can Small Red Beans      1 can Tomato Powder

#### Case 13 #2.5 Cans.....

1 can Beef Bouillon      1 can Chicken Bouillon  
2 can Iodized Salt      1 can Baking Powder  
1 can Baking Soda

#### Case 14.....

1 Cookbook      Allocation Sheet

The Standard Unit supplies 1 person with a total 1 year food supply of 1214 calories per day.

# NO SUBSTITUTIONS ON UNITS

### UU030\_\_DELUXE 1 YEAR UNIT..... 1905.39

758 lbs shipping wt. \*\*2667 Calories per day

#### 1-STANDARD CASE UNIT (see above)

plus 9 Super Pail Buckets:

3-Hard Red Wheat      1-Small Red Beans  
3-Hard White Wheat      1-Pinto Beans  
1-Small White Beans  
and #10 cans and yeast  
4 cans White Sugar      1 Lid Remover  
3-Pkg Saf-Instant Yeast

### UU025\_\_Basic 1 Year Unit ..... 966.89

642 lbs. shipping weight

#### 16-6 Gal Super Pail Buckets

3-Hard Red Wheat      2-Pinto Beans  
3-Hard White Wheat      1-Small Red Beans  
3-White Rice      1-Small White Beans  
1-Black Turtle Beans      1-Instant Milk  
1-Quick Rolled Oats

#### #10 Cans

1 Can Shortening Powder  
1 Can Baking Soda  
1 Can Baking Powder  
1 Can Iodized Salt  
2 Cans Sugar

#### 2.5 Cans and Misc.

1 Can Beef Bouillon  
1 Can Chicken Bouillon  
3 Pkg Yeast  
1 Lid Remover

2385 Calories per day

### UU080\_\_2 MONTH UNIT..... .456.79

104 lbs A quick short term supply

#### 12-#2.5 CANS-2 cases

1-Cheese blend      2-White Cream Sauce  
1-Ova Easy Eggs      1-Banana Pudding  
1-Orange Drink      1-FD Sweet Corn  
1- FD Garden Pea      1-Chicken Bits  
1-FD Green Beans      1-Taco Bits  
1-Apple Drink

#### 18-#10 CANS-3 cases

1-Hashbrowns      1-ABC soup mix  
1-Germade      1-Broccoli Cheese Soup  
1-Instant Milk      1-Refried Beans  
1-Quick Oats      1-Macaroni  
1-Banana Slices      1-Vegetable Stew Blend  
1-Apple Slices      1-Black Turtle Beans  
1-Baked Potato Soup      1-Buttermilk Pancake Mix  
1-Par Boiled Rice      1-9 Grain Cereal  
1-Potato Butter Bits      1-Chicken Noodle Soup

1964 Calories per day

# FREEZE DRIED UNIT

## FOR ONE PERSON

### DELUXE 1 Year Unit

UU020.....2363.69 637 <sup>wt</sup>

One year storage for one person includes  
allocation sheets

#### Case 1 #10 Cans.....

1 can FD Blueberries	1 can FD Apples
1 can FD Bananas	1 can FD Strawberries
1 can FD Pineapple	1 can FD Blackberries

#### Case 2 #10 Cans.....

1 can FD Green Beans	1 can FD Broccoli
2 can FD Sweet Corn	1 can FD Garden Peas
1 can FD Cauliflower	

#### Case 3 #10 Cans.....

1 can Tomato Powder	1 can Vegetable Stew Blend
1 can Carrot Dices	1 can Chopped Onions
1 can Pearl Barley	1 can Popcorn

#### Case 4 #10 Cans.....

2 can Potato Slices	2 can Potato Granules
2 can Hash browns	

#### Case 5 #10 Cans.....

1 can Cheese Powder	1 can Ova Easy Eggs
1 can White Cream Sauce	1 can Butter Powder
1 can Cornmeal	1 can Whole Egg

#### Case 6 #10 Cans.....

2 can FD Diced Chicken  
2 can FD Ground Beef  
2 can FD Diced Beef

#### Case 7 #10 Cans.....

1 can Peach Drink	1 can Germade
1 can Spaghetti	2 cans Elbow Macaroni
1 can Hot Cocoa	

#### Case 8 #10 Cans.....

1 can 6 Grain Rolled	2 cans 9 Grain Cracked
2 cans Quick Oats	1 can Refried Beans

#### Case 9 and 10 #10 Cans.....

6 cans Instant Milk each

#### Case 11 #2.5 Cans.....

1 can Beef Bouillon	1 can Chicken Bouillon
2 can Iodized Salt	1 can Baking Soda
1 can Baking Powder	

#### Case 12 Misc.....

4 can Sugar	1 Lid Remover
3 pkgs Yeast	1 Cookbook
1 Allocation Sheet	

#### 9 Super Pail Buckets

3-Hard Red Wheat	1-Pinto Beans
2-Hard White Wheat	1-White Rice
1-Small Red Beans	1-Black Beans

Supplies 1 person with a total  
1 year food supply of 2249 calories per day.

**NO SUBSTITUTIONS ON UNITS**

## Specialty Packages

wt

U060	<b>SOUP STARTER PAK</b> .....	65.59	6
	1 #2.5 Tomato	1 #2.5 Celery	
	1 #2.5 Chicken Bouillon	1 #2.5 Onions	
	1 #2.5 Beef Bouillon	1 #2.5 Peppers	
U061	<b>FRUIT PAK</b> .....	68.69	10
	1 #2.5 Apple Slices	1 #2.5 Plum Dices	
	1 #2.5 Nectarine Dices	1 #2.5 Peach Dices	
	1 #2.5 Banana Slices	1 #2.5 Apricot Dices	
U066	<b>BEGINNER VEGETABLE PAK</b> .....	58.19	7
	1-#2.5 Sweet Corn	1-#2.5 Garden Peas	
	1-#2.5 Carrots	1-#2.5 Green Beans	
	1-#2.5 Broccoli	1-#2.5 Potato Dices	
U067	<b>IMITATION MEAT TRIAL PAK</b> .....	49.19	7
	1-#2.5 Bacon Bits	1-#2.5 Beef Bits	
	1-#2.5 Chicken Bits	1-#2.5 Taco Bits	
	1-#2.5 Sausage Bits	1-#2.5 Ham Bits	
U192	<b>SPICE PAK</b> .....	62.39	8
	1 #2.5 Ground Pepper	1 #2.5 Iodized Salt	
	1 #2.5 Cinnamon	1 #2.5 Chili Blend	
	1 #2.5 Taco Seasoning	1 #2.5 Pizza Blend	
U076	<b>SEASONING/SAUCE PAK</b> .....	75.09	12
	1 #2.5 Steak Seasoning	1 #2.5 Chicken Seas	
	1 #2.5 Spaghetti Sauce	1 #2.5 Enchilada Sauce	
	1 #2.5 Alfredo Sauce	1 #2.5 Teriyaki Sauce	
U077	<b>GRAVY PAK</b> .....	74.89	12
	1 #2.5 Chicken Gravy	1 #2.5 Brown Gravy	
	1 #2.5 White Cream Sauce	1 #2.5 Turkey Gravy	
	1 #2.5 Stroganoff Gravy	1 #2.5 Pork Gravy	
U079	<b>GRAIN PAK</b> .....	100.39	40
	1 #10 Nat. Buckwheat	1 #10 Spelt	
	1 #10 Amaranth	1 #10 Hard Red Wheat	
	1 #10 Kamut	1 #10 Hard White Wheat	
U078	<b>CEREAL PAK</b> .....	71.69	33
	1 #10 Steel Cut Oats	1 #10 7 Grain Whole	
	1 #10 Germade	1 #10 6 Grain Rolled	
	1 #10 9 Grain Cracked	1 #10 Quick Rolled Oats	
K075	<b>Sample Pack 32 oz #10 can</b> .....	19.99	3
	(dehydrated products)		

## Freeze Dried Paks

wt

U063	Freeze Dried Cheese Pak.....	61.29	4
	1 #2.5 Sharp Cheddar	1 #2.5 Mozzarella	
	1 #2.5 Monterey Jack	1 #2.5 Colby	
U068	Freeze Dried Vegetable Pak.....	58.19	7
	1 #2.5 Broccoli	2 #2.5 Sweet Corn	
	1 #2.5 Cauliflower	1 #2.5 Green Beans	
	1 #2.5 Garden Peas		
U069	Freeze Dried Fruit Pak.....	71.89	7
	1 #2.5 Bananas	1 #2.5 Mango	
	1 #2.5 Blueberries	1 #2.5 Pineapple	
	1 #2.5 Blackberries	1 #2.5 Strawberries	
K097	<b>FD Sample Pak 8 oz #10 can</b> .....	11.19	1
	(freeze dried products)		