

Rainy Day Foods

Price List

5-6-2024

24377 US Highway 89 - P.O. Box 291
 Montpelier, Idaho 83254
 (208) 847-2683 - FAX (208) 847-3357
 Web site at rainydayfoods.com
 E Mail: info@rainydayfoods.com
 Monday - Friday 8:00am - 5:00pm MT
 Find Us on Facebook and Twitter

Accepts Discover, Visa, Master Card, American Express, and PayPal

Discounted Shipping Rates not included in these prices.

Prices are Subject to Change Without Notice

Hard Red Wheat

	wt
W001 ___ Paper Hard Red 50 lbs Bag.....	50.49 50
W003 ___ Double Plastic Hard Red 50# Bag ...	50.79 50
W002 ___ Double Plastic Hard Red 25# Bag ...	28.29 25
W007 ___ 5 Gallon Hard Red 36 lbs SP.....	58.29 39
W008 ___ Hard Red Wheat 88 oz # 10 Can.....	14.59 7
W009 ___ Hard Red Wheat # 10 Case	77.29 39

Hard White Wheat

W031 ___ Paper Hard White 50 lbs Bag	52.99 50
W032 ___ Double Plastic Hard White 50# Bag	53.29 50
W030 ___ Double Plastic Hard White 25# Bag	29.59 25
W034 ___ 5 Gallon Hard White 36 lbs SP	60.09 39
W036 ___ Hard White Wheat 88 oz #10 Can...	14.79 7
W035 ___ Hard White Wheat #10 Case	78.89 39

Bulk Items

Most Items Packaged in Paper Bags or Boxes

Ingredient notes:

7 Grain Whole Hard white wheat, hard red wheat, pearl barley, brown rice, triticale, rye, millet

Ezekial Mix Red wheat, spelt, pearl barley, millet, lentils, pinto, great northern, kidney

9-Grain Cracked Cereal Red wheat, soft white wheat, pearl barley, oats, corn, millet, flax, hulled barley, and rye

6 Grain Rolled Cereal Red wheat, rye, oats, barley, sunflower seeds, white wheat

16 Bean Soup Mix Pinto, small red, small white, great northern, large lima, lentils, baby lima, yellow split, green split, large kidney, dark kidney, black eye peas, black turtle, garbanzo, pearl barley, whole green peas, pink beans

Sprouting Mix Hard Red Wheat, Hard White Wheat, Soft Wheat, Adzuki Beans, Whole Green Peas, Garbanzo Beans, Triticale, Spelt, Red Lentils, Lentils
ABC Soup Mix Green split peas, yellow split peas, rice, pearl barley, ABC pasta, and lentils

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Please see our website, www.rainydayfoods.com, for detailed product information, nutrition, and shelf life.

***Return Policy:** Unopened and unused products may be returned to us within 30 days of the original purchase date with our authorization and a refund of the purchase price of the products less a 15% restocking fee will be issued when the product is received. Shipping costs will NOT be refunded and the cost to return the items to us will NOT be reimbursed.
 Because the actual shelf life of products will vary depending on the conditions in which they are stored, Rainy Day Foods does NOT guarantee the longevity of the products and will NOT replace or refund any product that has an original purchase date of more than six months.

Beans, Grains and Rice

A003	16 Bean Mix (17 items)® 25 lbs Bag ...	55.49
A103	16 Bean Mix 17 items) ® 50 lbs Bag..	107.09
A001	Baby Lima Beans 25 lbs Bag.....	64.19
A098	Baby Lima Beans 50 lbs Bag.....	120.39
A006	Black Eye Beans 25 lbs Bag.....	62.49
A004	Black Turtle Beans 25 lbs Bag.....	52.99
A114	Black Turtle Beans 50 lbs Bag.....	102.09
A008	Garbanzo Beans 25 lbs Bag.....	45.49
A010	Great Northern Beans 25 lbs Bag	48.79
A134	Great Northern Beans 50 lbs Bag	93.69
A012	Kidney Beans 25 lbs Bag.....	52.09
A116	Kidney Beans 50 lbs Bag.....	96.19
A015	Lentils 25 lbs Bag.....	47.99
A105	Lentils 50 lbs Bag.....	87.89
A066	Red Lentils 25 lbs Bag.....	47.59
A018	Pink Beans 25 lbs Bag.....	48.79
A020	Pinto Beans 25 lbs Bag	45.09
A135	Pinto Beans 50 lbs Bag	86.29
A024	Small Red Beans 25 lbs Bag	48.39
A136	Small Red Beans 50 lbs Bag	92.89
A022	Small White Navy Beans 25 lbs Bag	51.69
A137	Small White Navy Beans 50 lbs Bag	95.39
A028	Green Split Peas 25 lbs Bag.....	37.59
A139	Green Split Peas 50 lbs Bag.....	71.29
A030	Yellow Split Peas 25 lbs Bag	37.99
A064	Whole Green Peas 25 lbs Bag	37.99
A112	Whole Green Peas 50 lbs Bag.....	72.09
A031	7 Grain Mix (whole)① 25 lbs Bag	37.99
A057	Pearl Barley 25 lbs Bag	40.49
B043	Ezekial Mix 25 lbs Bag.....	44.19
B007	Soft Wheat (for pastries) 50 lbs Bag.....	62.99
A067	Hulled Millet 50 lbs Bag	85.39
A069	Oat Groats 25 lbs Bag	35.09
A080	Oat Groats 50 lbs Bag	62.09
A078	Rye 50 lbs Bag.....	67.09
B038	Triticale 50 lbs Bag.....	59.59
U032	Flax 5 lbs Bag	23.19
B040	Flax 25 lbs Bag	88.69
B079	Flax 50 lbs Bag	169.49
U193	Golden Flax 5 lbs Bag	22.79
B078	Golden Flax 25 lbs Bag.....	86.69
B080	Golden Flax 50 lbs Bag.....	165.29
A070	Popcorn Yellow 50 lbs Bag	59.59
A033	Par Boiled Rice 25 lbs Bag.....	34.69
A133	Par Boiled Rice 50 lbs Bag.....	61.29
A071	White Rice (long) 25 lbs Bag	31.29
A072	White Basmati Rice 25lbs bag.....	85.79
A073	Brown Rice (long) 25 lbs Bag	32.59
B001	Cornmeal, yellow 50 lbs Bag	47.09
A075	6 Grain Rolled ⑤ 50 lbs Bag.....	75.39
A061	9 Grain Cracked Cereal ④ 50 lbs Bag....	69.59
B010	Germade Cereal 50 lbs bag.....	75.39
A083	Quick Rolled Oats 25 lbs Bag.....	36.29
A076	Quick Rolled Oats 50 lbs Bag.....	64.59

A084	Regular Rolled Oats 25 lbs Bag	36.29
A077	Regular Rolled Oats 50 lbs Bag	64.59
A068	Steel Cut Oats 25 lb Bag	36.29
A051	ABC Soup Mix 25 lbs bag.....	65.49
P030	Refried Beans 35 lbs Bag	120.19

Cooking Supplies

P005	Baking Soda 50 lbs Bag	82.89
B085	Clear Jel Regular (hot) 25 lbs Bag	144.49
P006	Cornstarch 55 lbs Bag	211.99
N006	Dough Enhancer Natural 20 oz Can	10.79
B057	Lecithin (liquid) 41 lbs Bucket.....	131.49
B073	Lecithin Powder 1.5# Bag.....	17.69
B070	Iodized Salt 25 lbs Bag.....	34.29
O090	Real Salt 25 lbs bag.....	125.39
O096	Real Salt Pouch Case (6-26 oz pouches).	74.09
B071	Vital Wheat Gluten 5 lbs Bag.....	25.49
P004	Vital Wheat Gluten 50 lbs Bag.....	192.69
N012	Yeast Package - Saf-Instant 1 lb.....	9.79
N016	Yeast Case-20 package Saf-Instant Yeast.....	171.09

Dairy

P012	Instant Milk (non-fat) 55 lbs Bag.....	323.79
P011	Regular Milk (non-fat) 55 lb Bag.....	209.39
L022	Butter Powder 10 lbs Box.....	106.39
B011	Buttermilk Powder 55 lbs Bag.....	276.19
L030	Buttermilk Powder 20 lbs Box.....	88.09
L031	Cheese Blend 20 lbs Box.....	145.99
L029	Cheddar Cheese Powder 10 lbs Box.....	106.89
L062	Shortening Powder 50 lbs Bag	260.99
L024	Shortening Powder 15 lbs Box.....	85.09
L028	Sour Cream Powder 10 lbs Box.....	100.09

Drinks

P002	Hot Cocoa (add water) 25 lbs Bag	153.59
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Flour

B004	All Purpose Flour 50 lbs Bag.....	50.49
B005	Bakers Flour High-Protein 50 lbs Bag	61.29
B006	Unbleached Flour 50 lbs Bag	60.49

Fruits (● Imitation flavoring)

L033	Apple Slices 15 lbs Box.....	152.39
L034	Applesauce 35 lbs Box	344.99
L027	Applesauce 15 lbs Box.....	154.49
L035	Banana Slices 14 lbs Box	40.49

Imitation Meat Flavor Textured Vegetable Protein

L063	Bacon Flavored Bits 30 lbs Box.....	116.49
L064	Beef Flavored Bits 25 lbs Box.....	96.19
L065	Chicken Flavored Bits 25 lbs Box	100.39
L078	Ham Flavored Bits 25 lbs Box.....	99.09
L071	Sausage Flavored Bits 25 lbs Box.....	100.39
L066	Taco Flavored Bits 25 lbs Box.....	98.29

Mixes (complete)**

P023___Buttermilk Pancake Mix ** 25 lbs Bag 74.59

Pasta

B059___Elbow Macaroni 20 lbs Box 63.99
B062___Curly Egg Noodles 10 lbs Box 35.49
B067___Spaghetti Long 20 lbs Box 51.29

Sugar, Honey and Molasses

P018___Creamy Honey (whipped) 5 lb pail.....37.19
P008___Case 6-5 lb pails Creamy Honey (whipped). 215.99
P019___Cox Grade A Liquid Honey 5 lb pail 36.09
P009___Cse 6-5 lb pails Cox Grade A Liquid Honey 209.39
P007___Honey 48# Bucket Grade A Clover 249.99
P010___Bucket Molasses(sweet-unsulfured) 59 lbs . 129.79
P016___Brown Sugar 25 lbs Bag 47.09
P017___Powdered Sugar 25 lbs Bag 46.29

Buckets of Molasses, Honey and Lecithin cannot be shipped by UPS.

Vegetables

L001___Broccoli 15 lbs Box.....164.99
L016___Cabbage 15 lbs Box.....85.09
L003___Carrot Dices 20 lbs Box.....106.39
L015___Celery 10 lbs Box.....99.09
L002___Corn, Sweet 20 lbs Box.....170.89
L004___Green Beans 13 lb Box.....151.69
L007___Mushrooms 5 lbs Box.....169.89
L008___Onions, Chopped 15 lbs Box.....99.29
L005___Garden Peas, Sweet 25 lbs box.....206.09
L017___Peppers-Mixed (red and green) 15# Box..160.49
L009___Potato Dices 13 lbs box.....76.19
L010___Potato Flakes 12 lbs Box.....70.89
L014___Potato Granules 30 lbs box.....137.49
L076___Potato Butter Bits 40 lbs Box.....169.09
L032___Potato Butter Bits 20 lbs Box.....91.09
L011___Potato Slices 20 lbs (4-5 lb bags).....67.89
L046___Spinach Flakes 5 lbs Box.....60.59
L020___Sweet Potato Dices 25 lbs Box.....130.29
L021___Tomato Powder 15 lbs Box.....88.29
L013___Vegetable Stew Blend 25 lbs Box 182.29
L025___Vegetable Stew Blend 15 lbs Box.....115.79

Sprouting

Sprout Master -Seed Sprout Kits

N020___Single Kit-2 lids.....19.59 1
N021___Triple Kit (stackable)-4 lids47.19 3
N022___Triple Mini Kit (stackable)-4 lids.....29.19 1

Sprouting Mix ⑦

Q011___Sprouting Mix 1.5 lbs8.99 2
Q012___Sprouting Mix 5 lbs.....15.09 5

Sprouting Seed: Packaged in Zip Lock Mylar Bags

Q001___Alfalfa 1.5 lbs13.49 2
Q006___Lentils 1.5 lbs8.89 2
Q004___Garbanzo Beans 1.5 lbs.....8.69 2
Q003___Whole Peas 1.5 lbs8.29 2
Q002___Triticale 1.5 lbs7.99 2
Q008___Case of 7 mylar bags72.69 14

Includes: Alfalfa, triticale, whole green peas, garbanzo beans, lentils, natural adzuki beans, natural soy beans

Special Sprouting Seed

Q016___Broccoli 1.5 lbs.....46.99 2
Q017___Radish 1.5 lbs19.49 2

Alfalfa Sprouting Seed

A052___Alfalfa 5 lb bag30.49 5
A054___Alfalfa 25 lb bag.....125.39 25
Y001___Alfalfa 36 lbs 5 gal SP.....199.69 39
K003___Alfalfa 88oz #10 can36.19 7
U037___Alfalfa 20oz #2.5 can13.59 2

Natural Sprouting Seed

Q007___Natural Adzuki Beans 1.5 lbs 11.29 2
Q050___Natural Black Turtle Beans 1.5 lbs....10.39 2
Q052___Natural Hulled Buckwheat 1.5 lbs 11.39 2
Q053___Natural Kamut 1.5 lbs.....9.69 2
Q056___Natural Soybeans 1.5 lbs9.19 2
Q055___Natural Spelt 1.5 lbs10.29 2
Q051___Natural Hard Red Wheat 1.5 lbs8.29 2
Q057___Case of 7 mylar bags (natural seeds) ..81.19 14

Includes: Natural black turtle beans, natural hard red wheat, natural buckwheat, natural kamut, natural spelt, natural adzuki beans, natural soy beans

5 Gallon Superpail Buckets-SP

*SP is a 5 gallon heavy plastic bucket with a metalized non-porous bag. The bag is filled with product and oxygen absorbers to remove the oxygen leaving nitrogen. The bag is heat sealed, the bucket is sealed with a silicone ringed lid. This bag protects the product from light or moisture.

Beans, Grains and Dehydrated Items

		wt
E002	16 Bean Mix (17 items)®	35 lbs..... 96.99 38
E001	Baby Lima Beans	35 lbs 109.19 38
E003	Black Turtle Beans	35 lbs 93.49 38
E004	Black Eye Beans	31 lbs 97.59 34
E005	Garbanzo Beans	33 lbs 79.69 36
E006	Great Northern Beans	35 lbs 87.69 38
E007	Kidney Beans	33 lbs 88.49 36
E042	Lentils	36 lbs 88.19 39
E009	Pink Beans	34 lbs 85.89 37
E010	Pinto Beans	34 lbs 80.79 37
E011	Small Red Beans	34 lbs 85.29 37
E012	Small White Navy Beans	36 lbs..... 93.59 39
E055	Green Split Peas	37 lbs 74.59 40
E041	Whole Green Peas	35 lbs 72.49 38
E035	Pearl Barley	36 lbs 77.39 39
E066	7 Grain Mix (whole)①	35 lbs 72.49 38
E038	9 Grain Cracked Cereal④	29 lbs..... 65.49 32
E043	Hulled Millet	36 lbs 86.39 39
E070	Ezekial Mix③	34 lbs 79.69 37
E045	Oat Groats	35 lbs 68.39 38
E046	Popcorn Yellow	38 lbs 70.19 41
E067	Par Boiled Rice	35 lbs 67.89 38
E048	White Rice (long)	36 lbs 69.09 39
E047	Brown Rice (long)	35 lbs 64.99 38
E053	White Basmati Rice	36 lbs 147.49 39
E049	6 Grain Rolled Cereal ⑤	20 lbs 55.49 23
E050	Quick Rolled Oats	19 lbs 49.99 22
E051	Regular Rolled Oats	20 lbs 51.19 23
E030	Steel Cut Oats	33 lbs 67.69 36
E052	Rye	35 lbs 71.89 38
E073	Cornmeal	32 lbs 55.19 35
E078	Soft Wheat (for pastries)	36 lbs 70.29 39
E079	Germade Cereal	30 lbs 70.39 33
E056	Triticale	33 lbs 64.39 36
E064	Flax	31 lbs 130.09 34
E101	Golden Flax	31 lbs 127.59 34
E080	Elbow Macaroni	20 lbs 88.49 23
E083	Curly Egg Noodles	7 lbs 49.79 10
E084	Spaghetti	30 lbs 100.79 33
E075	All Purpose Flour	31 lbs 56.39 34
E057	Bakers Flour (Hi-protein)	31 lbs 63.09 34
E076	Unbleached Flour	31 lbs 62.59 34
E088	Brown Sugar	37 lbs 93.69 40
E089	Powdered Sugar	31 lbs 77.49 34
Y013	White Sugar	37 lbs 94.89 40
E092	Refried Beans	16 lbs 80.19 19

E031 ___ ABC Soup Mix 35 lbs..... 110.99 38

Cooking Supplies

		wt
E090	Iodized Salt 50 lbs 91.69 53
O092	Real Salt 50 lbs SP 273.89 53

Dairy

Y004	Milk, instant (non-fat) 25 lbs 148.69 28
Y005	Milk, regular (non-fat) 28 lbs 105.09 31

Drinks

Y003	Hot Cocoa (add water) 30 lbs 204.59 33
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Fruits

F033	Apple Slices 6 lbs 86.29 9
F035	Banana Slices 14 lbs 65.09 17

Imitation Meat Flavor Textured Vegetable Protein

F072	Bacon flavored Bits 16 lbs 84.19 19
F073	Beef flavored Bits 18 lbs 89.99 21
F074	Chicken flavored Bits 16 lbs 85.59 19
F057	Sausage flavored Bits 16 lbs 85.59 19
F075	Taco flavored Bits 20 lbs 98.79 23

Mixes

Y011	Buttermilk Pancake Mix 25 lbs 93.29 28
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Vegetables

F001	Broccoli 10 lbs 131.09 13
F002	Carrot Dices 16 lbs 105.29 19
F003	Corn, Super Sweet 16 lbs 156.89 19
F004	Garden Peas, Sweet 20 lbs 184.99 23
F005	Green Beans 10 lbs 137.09 13
F007	Chopped Onions 14 lbs 111.89 17
F008	Potato Dices 13 lbs 94.89 16
F009	Potato Flakes 12 lbs 89.59 15
F013	Potato Granules 30 lbs 156.19 33
E110	Potato Butter Bits 20 lbs 109.79 23
F010	Potato Slices 8 lbs 52.59 11
F012	Vegetable Stew Blend 13 lbs 119.99 16

Note: Due to elevation and/or temperature changes, buckets may be concave or convex upon arrival, normally this is not a problem. Buckets may be reshaped by removing lid, reshaping bucket and then replacing the lid. Product is not compromised since it is protected by the mylar bag.

Natural Foods

Hard Red Wheat

	wt
O001__ Natural Hard Red 25 lbs Dbl Plastic .	39.99 25
O003__ Natural Hard Red 50 lbs Dbl Plastic .	74.09 50
O002__ Natural Hard Red 50 lbs Paper bag ..	73.79 50
O005__ Natural Hard Red Wheat 36 lbs SP ..	75.09 39
O006__ Natural Hard Red Wheat 88oz #10 ..	17.09 7
O007__ Natural Hard Red Wheat #10 case ...	92.69 39

Hard White Wheat

O008__ Natural Hard White 50 lbs Paper bag	73.79 50
O010__ Natural Hard White Wheat 36 lbs SP	.75.09 39
O011__ Natural Hard White Wheat 88oz #10	. 17.09 7
O012__ Natural Hard White Wheat #10 case..	92.69 39

Pinto Beans

O070__ Natural Pinto Beans 25 lbs bag.....	67.49 25
O072__ Natural Pinto Beans 34 lbs SP	115.89 37

Small White Beans

O074__ Natural Small White 25 lbs bag.....	70.39 25
O076__ Natural Small White 36 lbs SP	120.59 39

Small Red Beans

O078__ Natural Small Red Beans 25 lbs bag	67.49 25
O080__ Natural Small Red Beans 34 lbs SP	115.89 37

Soybeans

O082__ Natural Soybeans 25 lbs bag	67.89 25
O084__ Natural Soybeans 33 lbs SP	113.79 36
O085__ Natural Soybeans 80 oz #10 can	22.69 6

Oat Groats

O014__ Natural Oat Groats 25 lbs bag.....	47.99 25
O017__ Natural Oat Groats 50 lbs bag.....	86.29 50
O016__ Natural Oat Groats 35 lbs SP.....	85.29 38

Rolled Oats-Regular

O020__ Natural Regular Oats 50 lbs bag	86.29 50
O022__ Natural Regular Oats 20 lbs SP	59.89 23

Rolled Oats-Quick

O024__ Natural Quick Oats 50 lbs bag	86.29 50
O026__ Natural Quick Oats 19 lbs SP.....	58.19 22

Hulled Millet

O030__ Natural Hulled Millet 25 lbs bag.....	55.09 25
O032__ Natural Hulled Millet 36 lbs SP.....	103.19 39

Hulled Buckwheat

	wt
O034__ Natural Hulled Buckwheat 25# bag.....	89.99 25
O037__ Natural Hulled Buckwheat 32# SP	135.09 35
O038__ Natural Hulled Buckwheat 78oz can	26.09 6

Kamut®

O039__ Natural Kamut® 25 lbs bag	60.89 25
O042__ Natural Kamut® 35 lbs SP	104.59 38
O043__ Natural Kamut® 85oz #10 can.....	21.19 6

Quinoa

O044__ Natural Quinoa 25 lbs bag	90.39 25
O045__ Natural Quinoa 10 lbs box.....	40.29 10
O046__ Natural Quinoa 35 lbs SP.....	150.59 38
O047__ Natural Quinoa 85oz #10 can	28.19 6

Amaranth

O048__ Natural Amaranth 25 lbs bag.....	73.79 25
O051__ Natural Amaranth 37 lbs SP	128.09 40
O052__ Natural Amaranth 88oz #10 can.....	24.79 7

Spelt

O053__ Natural Spelt 25 lbs bag	71.29 25
O054__ Natural Spelt 50 lbs bag	134.49 50
O056__ Natural Spelt 35 lbs SP	119.09 38
O057__ Natural Spelt 85oz #10 can.....	23.39 6

Golden Flax

O060__ Natural Golden Flax 5 lbs bag.....	25.49 5
O061__ Natural Golden Flax 25 lbs bag.....	97.09 25
O059__ Natural Golden Flax 31 lbs SP.....	144.59 34

Adzuki Beans-domestic

O062__ Natural Adzuki Domestic 25# bag.....	88.69 25
O064__ Natural Adzuki Domestic 37# SP	150.29 40
O065__ Natural Adzuki Domestic 84oz #10 ...	26.89 6

Black Turtle Beans

O097__ Natural Black Turtle 25# bag.....	73.39 25
O099__ Natural Black Turtle 35# SP	121.99 38

Books

	wt
X031__ Country Bean Cookbook.....	17.69 1
X023__ Herbs to the Rescue-Cookbook.....	10.19 1
X038__ Instant Delight-Clear Gel Recipe	8.49 1
Q059__ Made Simple	22.69 1
Q039__ Mix A Meal Cookbook.....	18.49 1
X039__ Natural Meals in Minutes Cookbook...	18.49 1
X044__ The Amazing Wheat Cookbook	14.29 1
X045__ The New Passport To Survival	19.79 1
Q036__ Emergency Food Storage & Survival Bk	28.49 1
X046__ The Art of Baking with Natural Yeast...	26.79 1
Q029__ You Can Have Your Food Storage And Eat It Too.....	19.89 1

Balm, Clay, Emergency Supplies

	wt
AA07__ Bag Balm 8 oz.....	16.39 1
S010__ Redmond Bentonite Clay 10 oz.....	23.89 1
S011__ Redmond Bentonite Clay 6 lb bag	70.09 6
Q023__ Emergency Thermal Space Blanket.....	3.89 .5
	USA made - foil material - reusable
Q025__ Hand Warmers single package	2.49 .5
	(up to 6 hrs heat each)
Q026__ Hand Warmers case (60 Pkg)	40.29 4
Q038__ Pocket Size Sleeping Bag 36"x84".....	4.99 .5
Q064__ Tarp – small (4'6"x6'6" finished)	4.69 2
Q065__ Eco Gel Toilet deodorizer	2.59 .5
Q066__ Emergency Glow Stick	3.29 .5

Stoves

X035__ Alpaca Kerosene Cook Stove.....	161.09 15
	8500 BT / comes with one wick
X036__ Alpaca 7 wick Replacement.....	13.19 .5
X037__ Camp Chef Stryker Stove.....	68.49 2
	(propane not included)

Water Storage Solutions

I050__ Aerobic-stabilized oxygen 2oz.....	16.29 .5
	Non-toxic-tasteless - Dropper bottle
	Approx 1260 drops per bottle
	E.D. Goodloe's Authentic Formula
N013__ Water Purification Coghlan's Tablets..	10.59 .5
	50 tablets - Treats 6.25 gallons (2 Tablets per 1 Quart water)
P070__ First Need Water Purifier.....	138.09 3
P071__ First Need Replacement Canister.....	54.29 2
N014__ Square 5 gal Blue Water Drum.....	28.09 5
N010__ Poly Water Drum-blue 15 gal.....	79.69 8
N011__ Poly Water Drum-blue 55 gal.....	129.79 22
N001__ Drum Pump #330 adjustable.....	12.09 2
N030__ Siphon Pump.....	14.99 5
N002__ Flo-Rite Spigot 3/4".....	4.19 .5
P094__ Water Basics Replacement Filter.....	26.79 1
P095__ Lifestraw Personal Water Filter.....	25.79 .5
P096__ Aquamira Water Basics water bottle...	43.99 2

Candles

X028__ Candle Survival 36 hour w/matches....	8.49 1
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Buckets, Containers and Packaging Supplies

N007	4.25 gallon plastic bucket-gasket lid...	21.19	5
N008	5 gallon plastic bucket-gasket lid.....	20.39	5
N003	Lid Remover Bung Nut Wrench.....	6.39	2
	Gamma Seal Lids - Air tight-Screws on and off Reusable FDA Food Grade Colors		
I080	Gamma Seal Lid-White each lid.....	11.59	2
I081	Gamma Seal Lid Red each lid.....	11.59	2
I082	Gamma Seal Lid Blue each lid.....	11.59	2
I128	Gamma Seal Lid Black each lid.....	11.59	2
I084	Gamma Seal Lid-Yellow each lid.....	11.59	2
I083	Gamma Seal Lid-Orange each lid.....	11.59	2
I127	Gamma Seal Lid-Green each lid.....	11.59	2
K085	Plastic Lid for #10 can.....	2.09	1
K185	Plastic Lid for #2.5 can.....	2.09	1
P039	Plastic Lids 549 per box for #10 cans...	160.89	45
P043	Cans #10 w/metal lids 448(1 pallet).	1555.59	525
P121	Can #10 w/metal lid.....	8.59	2
P057	Box for 4 #10 Cans.....	4.89	2
P042	Box for 6 #10 Cans.....	6.29	2
P058	Box for 6 #2.5 Cans.....	4.29	1.5
P041	Oxygen Absorbers 500cc (40 per bag).	10.79	1
P048	Oxygen Absorbers 200cc (50 per bag)...	5.99	1
F015	20" x 30" Mylar.....	3.99	.3
F016	20" x 29" Mylar with zip lock.....	8.09	.3
F018	Blue 10.5" x 17.5" Mylar with zip lock..	3.19	.3
F085	Red 6.5"x 10.5" Mylar with zip lock.....	3.09	.3
F021	Clear Poly Bag 13.5"x 5.25"x 34".....	4.19	.2
F022	Clear Poly Bag 11"x 4"x 27".....	2.89	.2

Grinders, Bosch and Accessories

X024	VKP Deluxe Grain Mill VKP1024.....	132.69	3
X091	Wonder Mill-electric	333.39	15
X026	Wonder Mill Junior (Deluxe) manual	333.39	15
Z011	Country Living Mill hand-electric.....	716.09	15
	(designed to be motorized-you supply slow RPM motor-belt-pulley)		
Z012	Country Living Extra set Burrs.....	202.59	3
Z013	Country Living Power Bar Extension ...	32.79	3
	(Converts 12" Flywheel to 19 inches)		
Z014	Country Living Bean Auger Assembly	52.79	3
Z015	Country Living Clear Flour Bin w/lid	35.29	3
H030	Bosch Universal Kitchen Machine.....	507.39	17
H032	Bosch Batter Whisks (set)	22.09	1
H033	Bosch Wire Whips (set)	22.09	1
H034	Bosch Meat Grinder.....	191.89	5
H038	Bosch Bowl Scraper.....	28.19	2
H037	Bosch Cookie Paddle w/driver.....	29.79	2
H039	Bosch Large Slicer Shredder.....	80.09	5
	Fits on bowl of Universal Mixer		
H040	Bosch Dough Hook Extender.....	10.19	1
H041	Bosch Cake Paddles.....	22.09	2
H042	Bosch Blender.....	79.09	2

#10 CANS and CASES

One 500cc Oxygen Absorber packet to each can. (6 #10 size enameled cans to a case). Price includes 1 plastic lid per can

VEGETABLES

	wt
I001 __ Broccoli 24oz.....	24.89 2
I002 __ Broccoli Case.....	141.29 13
I031 __ Cabbage 22oz.....	16.79 3
I032 __ Cabbage Case.....	92.29 18
I003 __ Carrot Dices 38oz.....	21.49 4
I004 __ Carrot Dices Case.....	118.19 20
I029 __ Celery 18oz.....	19.69 2
I030 __ Celery Case.....	109.79 13
I005 __ Corn, Super Sweet 40oz.....	30.09 4
I006 __ Corn, Super Sweet Case.....	169.89 20
I007 __ Garden Peas, sweet 49oz.....	33.79 4
I008 __ Garden Peas, sweet Case.....	193.59 24
I009 __ Green Beans 20oz.....	23.59 3
I010 __ Green Beans Case.....	131.79 15
I013 __ Mushroom Slices 9oz.....	28.09 2
I014 __ Mushroom Slices Case.....	157.89 10
I015 __ Onions Chopped 36oz.....	23.59 4
I016 __ Onions Chopped Case.....	130.29 19
I033 __ Peppers-Mixed (red & green) 20oz.....	22.49 3
I034 __ Peppers-Mixed (red & green) Case.....	124.49 14
I017 __ Potato Dices 36oz.....	21.69 4
I018 __ Potato Dices Case.....	119.59 20
I019 __ Potato Flakes 30oz.....	19.39 3
I020 __ Potato Flakes Case.....	107.19 17
I021 __ Potato Granules 70oz.....	28.69 6
I022 __ Potato Granules Case.....	161.99 33
I122 __ Potato Butter Bits 48 oz.....	21.99 4
I123 __ Potato Butter Bits Case.....	123.09 24
I023 __ Potato Slices 20oz.....	13.89 3
I024 __ Potato Slices Case.....	72.89 14
I064 __ Spinach Flakes 10oz.....	16.29 2
I110 __ Spinach Flakes Case.....	85.79 6
I072 __ Sweet Potato Dices 40 oz.....	21.89 4
I108 __ Sweet Potato Dices Case.....	121.99 22
I025 __ Tomato Powder 60oz.....	29.79 5
I026 __ Tomato Powder Case.....	170.09 30
I027 __ Vegetable Stew Blend 33oz.....	24.29 3
I028 __ Vegetable Stew Blend Case.....	137.09 18

FRUITS

I051 __ Apple Slices 17oz.....	20.09 2
I052 __ Apple Slices Case.....	112.69 14
I053 __ Applesauce 44oz.....	36.49 4
I054 __ Applesauce Case.....	209.89 23
I055 __ Banana Slices 36oz.....	15.49 3
I056 __ Banana Slices Case.....	85.09 19
I067 __ Peach Dices 52oz.....	47.49 5
I070 __ Nectarine Dices 40oz.....	35.09 4
I071 __ Plum Dices 40 oz.....	32.99 4

DAIRY and EGGS

R001 __ Milk, instant (non-fat) 60oz.....	27.89 5
R002 __ Milk, instant (non-fat) Case.....	158.29 29
T001 __ Milk, regular (non-fat) 64oz.....	20.69 5
T002 __ Milk, regular (non-fat) Case.....	115.49 30
J001 __ Butter Powder 44oz.....	36.79 4
J002 __ Butter Powder Case.....	211.49 23
J019 __ Shortening Powder 44oz.....	24.29 5
J020 __ Shortening Powder Case.....	138.09 23
J003 __ Cheese Blend 65oz.....	37.59 5
J004 __ Cheese Blend Case.....	218.09 33
J037 __ Cheddar Cheese Powder 51oz.....	41.59 5
I073 __ Sour Cream Powder 48oz.....	37.19 4
J021 __ Whip Topping 71oz.....	31.29 6
J022 __ Whip Topping Case.....	177.69 33
J011 __ Whole Eggs 40oz.....	74.19 3
J012 __ Whole Eggs (100% eggs) Case.....	437.99 18
J125 __ Ova Easy Egg 36oz.....	74.99 3
J010 __ Cinnamon French Toast Dip 55oz.....	33.09 5
J015 __ Buttermilk Powder 68oz.....	26.39 5
J016 __ Buttermilk Powder Case.....	150.99 32

DRINKS

J005 __ Hot Cocoa 90oz.....	43.09 7
J006 __ Hot Cocoa Case.....	248.79 40
K055 __ Apple Drink 94oz.....	29.49 7
K056 __ Apple Drink Case.....	167.79 41
K057 __ Orange Drink 94oz.....	34.09 7
K058 __ Orange Drink Case.....	195.29 41
K059 __ Peach Drink 94oz.....	31.19 7
K060 __ Peach Drink Case.....	177.69 41

COOKING SUPPLIES

J051 __ Baking Powder 80oz.....	26.69 6
J052 __ Baking Powder Case.....	151.49 36
J053 __ Baking Soda 116oz.....	21.59 9
J054 __ Baking Soda Case.....	118.79 50
J059 __ Cornstarch 68oz.....	22.49 6
J060 __ Cornstarch Case.....	124.69 32
J141 __ Clear Jel (hot) 64oz.....	32.29 5
J077 __ White Cream Sauce 53oz.....	37.19 5
J078 __ White Cream Sauce Case.....	212.09 26
J055 __ Beef Bouillon 102 oz.....	42.29 8
J056 __ Beef Bouillon Case.....	244.89 48
J057 __ Chicken Bouillon 102 oz.....	39.49 8
J058 __ Chicken Bouillon Case.....	228.39 48
J182 __ Cocoa Dutch Baking 48oz.....	21.59 4
K092 __ Iodized Salt 128oz.....	19.89 9
K093 __ Iodized Salt Case.....	110.69 54
O093 __ Real Salt 128oz #10 can.....	48.99 9
I107 __ Vital Wheat Gluten 64oz #10 can.....	24.69 5
J040 __ Molasses Powder 60oz #10 can.....	23.49 5
P013 __ Molasses Powder 5# bag.....	24.99 5
J045 __ Honey Powder 65oz #10 can.....	29.69 5
P015 __ Honey Powder 5# bag.....	31.29 5

FLOUR

K061	All Purpose Flour 64oz.....	13.29	5
K062	All Purpose Flour Case.....	71.19	30

GRAINS, LEGUMES and MISC

K005	Baby Lima Beans 88oz.....	23.19	8
K006	Baby Lima Beans Case	126.19	39
K041	16 Bean Mix (17 items)® 84oz.....	20.39	7
K042	16 Bean Mix (17 items)® Case	111.79	38
K045	Black Turtle Beans 85oz	19.99	7
K046	Black Turtle Beans Case	108.19	36
K049	Garbanzo Beans 80oz	17.49	6
K013	Great Northern Beans 84oz.....	18.99	7
K014	Great Northern Beans Case	103.49	38
K019	Kidney Beans 76oz	18.49	6
K020	Kidney Beans Case	101.99	35
K021	Lentils 88oz.....	19.09	7
K022	Lentils Case	104.79	39
K023	Pinto Beans 84oz.....	18.19	7
K024	Pinto Beans Case	98.69	38
K037	Small White Navy Beans 90oz	20.09	7
K038	Small White Navy Beans Case.....	111.19	40
K035	Small Red Beans 86oz	19.09	7
K036	Small Red Beans Case.....	103.89	38
K017	Green Split Peas 92oz.....	17.09	7
K018	Green Split Peas Case	94.19	43
K007	Pearl Barley 88oz.....	17.49	7
K008	Pearl Barley Case	94.89	39
K073	Oat Groats 85oz.....	16.19	7
K088	9 Grain Cracked Cereal④ 69oz	15.59	6
K089	9 Grain Cracked Cereal④ Case	82.99	32
J063	Flax 76oz	25.49	6
J124	Flax Case.....	143.69	35
J183	Golden Flax 76oz.....	25.09	6
K025	Popcorn Yellow 90oz.....	16.09	7
K026	Popcorn Yellow Case	87.09	40
I062	Par Boiled Rice 82oz.....	15.49	6
K031	White Rice (long) 88oz.....	16.19	7
K032	White Rice (long) Case	87.19	39
K029	Brown Rice (long) 84oz	15.59	7
K030	Brown Rice (long) Case	82.99	38
K033	White Basmati Rice 84oz.....	27.49	7
K034	White Basmati Rice Case.....	154.79	39
K090	6 Grain Rolled⑤ 48oz.....	13.79	4
K091	6 Grain Rolled ⑤ Case	74.29	24
K027	Quick Oats 40oz	12.79	4
K028	Quick Oats Case.....	66.59	21
K086	Rolled Oats, regular 40oz	12.79	4
K087	Rolled Oats, regular Case	66.59	21
K050	Steel Cut Oats 75 oz.....	15.49	6
J061	7 Grain Mix (whole)① 83oz.....	16.69	7
K051	Cornmeal, yellow 72 oz.....	13.69	6
K052	Cornmeal, yellow Case	72.39	33
K065	Germade Cereal 73oz.....	15.49	6
K066	Germade Cereal Case	88.49	34

K129	Ezekial Mix③ 88oz	18.29	7
J079	Refried Beans 40oz.....	18.09	4
J080	Refried Beans Case	100.09	24
K001	ABC Soup Mix 84 oz.....	22.49	7
K002	ABC Soup Mix Case	123.89	37

SUGAR

K079	Brown Sugar 67oz	16.89	5
K080	Brown Sugar Case.....	94.09	32
K081	Powdered Sugar 60oz.....	15.69	5
K082	Powdered Sugar Case	85.29	29
K083	White Sugar 94oz	20.39	7
K084	White Sugar Case.....	113.19	41

PASTA

K067	Elbow Macaroni 50oz	19.59	5
K068	Elbow Macaroni Case.....	106.39	25
K069	Curly Egg Noodles 20oz.....	13.99	3
K070	Curly Egg Noodles Case	73.49	14
K077	Spaghetti 51oz.....	17.69	5
K078	Spaghetti Case	95.29	25

MIXES and DESSERTS (complete, no oxygen absorber)**

K105	Buttermilk Biscuit Mix 5# mylar bag	13.19	5
K130	Hearty Wheat Bread Mix 63oz.....	18.79	5
K128	White Bread & Roll Mix 68 oz	17.39	5
K132	Bakers Complete White Cake Mix 69oz..	15.49	5
K133	Bakers Complete Chocolate Cake 73oz	16.99	6
K071	Buttermilk Pancake Mix 63oz **	19.99	5
K072	Buttermilk Pancake Mix ** Case.....	111.49	30
K100	Basic Muffin Mix 5# mylar bag**	14.19	5
J067	Fudge Brownie Mix 66oz **	23.09	6
J095	Banana Pudding-instant 80oz	49.69	6
J033	Chocolate Pudding-instant 76oz	47.79	6
J093	Vanilla Pudding-instant 76oz	47.79	6
I078	Tapioca Instant 70oz	21.19	6
I075	Strawberry Gelatin 96oz	26.49	7
I076	Cherry Gelatin 96 Oz	26.49	7
K103	Banana Muffin Mix 5# mylar bag**	16.39	5
K102	Lemon Poppy Muffin Mix 5# mylar**	17.49	5
K106	Blueberry Muffin Mix 5# mylar bag**	17.99	5
K107	Oatmeal Jumble Cookie Mix 5 lb mylar...	36.19	5
K108	Chocolate Crinkle Cookie Mix 5 lb mylar.	25.09	5

Imitation Meat Flavored Textured Vegetable Protein

J071	Beef Flavored Bits 40 oz	18.49	4
J072	Beef Flavored Bits case	101.09	21
J073	Chicken Flavored Bits 33 oz	17.09	3
J074	Chicken Flavored Bits Case.....	93.59	18
J083	Sausage Flavored Bits 40oz	18.89	4
J084	Sausage Flavored Bits case	103.59	21
J075	Taco Flavored Bits 56oz	22.39	5
J076	Taco Flavored Bits case	124.19	27
J069	Bacon Flavored Bits 36oz	17.89	4
I095	Ham Flavored Bits 36 oz.....	17.99	4

Meals

J164	Stroganoff Gravy Mix 49oz	29.29	4
J153	Brown Gravy Mix 60oz	36.09	6
J151	Chicken Gravy Mix 50oz	27.59	5
I044	Turkey Gravy Mix 55oz	38.29	5
I046	Pork Gravy Mix 55oz	35.69	5
I049	Pepper Biscuit Gravy 44 oz	30.99	4
I150	Baked Potato Cheese Soup 65oz	49.79	5
I151	Broccoli Cheese Soup Mix 65oz	50.79	5
I144	Bacon Potato Chowder 57 oz	32.59	5
I143	Lasagna 38 oz	41.69	4
I142	Enchilada Beans & Rice 85 oz	36.09	7
J085	Onion Seasoning/Soup Mix 60 oz	53.89	5

#2.5 CANS and CASES

One 200cc Oxygen Absorber Packet to each can.

6 #2 5 size enameled cans to a case.

Price includes 1 plastic lid per can

Vegetables

G013	Broccoli 6 oz	11.99	2
G014	Broccoli Case	57.99	5
G019	Carrot Dices 11oz	11.29	2
G020	Carrot Dices Case	54.89	7
G021	Corn Super Sweet 11oz	13.49	2
G022	Corn Super Sweet case	68.19	7
G023	Garden Peas - sweet 13oz	14.29	2
G024	Garden Peas-sweet Case	73.39	8
G025	Green Beans 6oz	12.19	2
G026	Green Beans Case	59.39	5
G011	Sliced Mushrooms 2oz	11.89	1
G012	Sliced Mushrooms Case	58.49	3
G007	Chopped Onion 9oz	11.39	2
G008	Chopped Onion Case	55.59	6
G009	Tomato Powder 12oz	11.89	2
G010	Tomato Powder Case	58.59	7
G005	Vegetable Stew Blend 9oz	11.99	2
G006	Vegetable Stew Blend Case	58.79	6
G015	Celery 5oz	10.49	1
G016	Celery Case	51.29	4
G027	Cabbage 6oz	9.99	2
G028	Cabbage Case	46.59	6
G017	Mixed Peppers 5oz	10.79	1
G018	Mixed Peppers Case	53.79	5

Fruits (● Imitation flavoring)

U019	Banana Slices 9oz	9.49	2
U075	Banana Slices Case	43.79	6
U021	Apple Slices 4oz	10.09	1
U074	Apple Slices Case	49.39	4
G033	Applesauce 10oz	14.09	2
G034	Applesauce Case	71.39	7
G097	Peach Dices 14oz	17.99	2
G098	Peach Dices Case	95.39	8

G105	Nectarine Dices 10oz	14.19	2
G106	Plum Dices 10oz	13.69	2

Dairy and Eggs

G067	Butter Powder 14oz	16.49	2
G068	Butter Powder Case	86.39	8
G065	Shortening Powder 14oz	12.29	2
G066	Shortening Powder Case	61.59	8
G061	Cheese Blend 16oz	14.59	2
G062	Cheese Blend Case	76.09	9
G063	Cheddar Cheese 13oz	15.99	2
G064	Cheddar Cheese Case	83.19	8
G029	Sour Cream Powder 12oz	14.79	2
G102	Sour Cream Powder Case	75.99	7
G043	Whip Topping 18oz	13.19	2
G044	Whip Topping Case	67.49	10
G100	Cinnamon French Toast Dip 15oz	14.09	2
G069	Buttermilk Powder 17oz	11.99	2
G070	Buttermilk Powder Case	60.09	9
R003	Instant Milk 15oz	12.39	2
R004	Instant Milk Case	61.79	8
T005	Regular Milk 16oz	10.49	2
T006	Regular Milk Case	51.49	9

Drinks

G059	Hot Cocoa 24oz	16.39	2
G060	Hot Cocoa Case	88.09	12
G093	Apple Drink 25oz	12.79	2
G094	Apple Drink Case	66.29	12
G091	Orange Drink 25oz	13.99	2
G092	Orange Drink Case	73.59	12
G089	Peach Drink 25oz	13.19	2
G090	Peach Drink Case	68.99	12

Cooking Aids and Seasonings

G077	White Cream Sauce 16oz	15.99	2
G078	White Cream Sauce Case	84.09	9
G071	Beef Bouillon 29oz	17.09	3
G072	Beef Bouillon Case	90.09	14
G073	Chicken Bouillon 29oz	16.29	3
G074	Chicken Bouillon Case	85.39	14
G079	Baking Soda 32oz	10.99	3
G080	Baking Soda Case	54.09	15
U035	Baking Powder 30oz	13.79	2
U034	Baking Powder Case	75.29	18
G075	Cornstarch 18oz	10.99	2
G076	Cornstarch Case	54.49	9
J155	Brown Gravy Mix 16oz	14.69	2
J157	Chicken Gravy Mix 16oz	13.39	2
J159	Stroganoff Gravy Mix 11oz	12.29	2
G035	Turkey Gravy Mix 15oz	15.59	2
G037	Pork Gravy Mix 15oz	14.89	2
G036	Pepper Biscuit Gravy 15oz	15.09	2
G095	Iodized Salt 32oz	10.29	3
G096	Iodized Salt Case	50.29	15
O094	Real Salt 32oz 2.5 can	17.59	3
U175	Pepper Ground Black 16oz	13.99	2
U141	Clear Jel Regular (hot) 7oz	13.79	2
U178	Chili Powder Blend 16oz	17.39	2

U179	Cinnamon Powder 16oz	12.29	2
U184	Montreal Chicken Seasoning 16oz	12.49	2
U185	Montreal Steak Seasoning 16oz	12.49	2
U176	Pizza Seasoning Blend 11oz	14.69	1
U174	Spaghetti Seasoning Blend 19oz	13.39	2
U177	Taco Seasoning Blend 16oz	18.99	2
U172	BBQ Seasoning/Sauce Mix 20oz	22.39	2
U171	Onion Seasoning/Soup Mix 16oz	19.59	2
U133	Garlic Granules 18oz	16.59	2
U014	Spaghetti Sauce Mix 18oz	17.19	2
U016	Alfredo Sauce Mix 16oz	17.89	2
U018	Teriyaki Sauce Mix 16oz	12.89	2
U013	Instant Basil Pesto Sauce Mix 12oz	14.49	2
U011	Sun-dried Tomato Pesto Sauce Mix 14oz	19.09	2
U010	Roasted Red Bell Pepper Pesto Sauce 12oz	14.19	2
U181	Baking Cocoa (dutch) 14oz	11.39	2
G116	Blueberry Nuggets (imitation) 17oz	16.39	2
G118	Apple Cinn Nuggets (imitation) 15oz	13.39	2
G117	Raspberry Nuggets (imitation) 15oz	13.79	2
G041	Nacho Cheese Sauce Mix 14oz	14.39	2
G042	Enchilada/Burrito Sauce Mix 18oz	13.49	2
G030	Molasses Powder 17oz	11.39	2
G040	Honey Powder 18oz	13.29	2

Imitation Meat Flavor Textured Vegetable Protein

G083	Bacon Flavored Bits 11oz	10.39	2
G081	Beef Flavored Bits 10oz	10.09	2
G082	Beef Flavored Bits Case	47.99	7
I093	Chicken Flavored Bits 11oz	10.39	2
I094	Chicken Flavored Bits Case	49.79	7
G085	Taco Flavored Bits 12oz	10.59	2
G086	Taco Flavored Bits Case	50.59	7
G087	Sausage Flavored Bits 10oz	10.19	2
G088	Sausage Flavored Bits Case	48.59	7
U023	Ham Flavored Bits 12oz	10.59	2

Mixes and Desserts (complete)**

I129	Strawberry Gelatin 27oz	12.19	2
I113	Raspberry Gelatin 27 oz	12.19	2
I114	Lemon Gelatin 27 oz	12.19	2
I116	Cherry Gelatin 27 oz	12.19	2
I117	Orange Gelatin 27 oz	12.19	2
I115	Lime Gelatin 27 oz	12.19	2
I087	Banana Pudding-instant 22oz**	18.69	2
I088	Banana Pudding-instant ** Case	100.99	11
I089	Chocolate Pudding-instant 22oz**	18.69	2
I090	Chocolate Pudding-instant** Case	100.99	11
I085	Vanilla Pudding-instant 22oz*	18.69	2
I086	Vanilla Pudding-instant** Case	100.99	11

Mountain House Freeze Dried Food

Mylar Pouches

M400	Beef Stew	13.39	1
M101	Beef Stroganoff	12.89	1
M203	Chicken Teriyaki w/Rice	13.09	1
M103	Chili Mac	12.89	1
M104	Lasagna w/Meat Sauce	12.89	1
M206	Macaroni & Cheese	12.09	1
M105	Pasta Primavera (vegetable)	12.09	1
M209	Rice & Chicken	12.89	1
M107	Spaghetti w/Meat Sauce	12.89	1
M108	Granola w/Blueberries & Milk	8.89	1
M111	Fettuccine Alfredo w/Chicken	13.39	1
M117	Scrambled Eggs with Bacon	11.09	1
M118	Biscuits and Gravy	11.59	1
M119	Breakfast Skillet	13.39	1
M121	Chicken Fajita Bowl	13.39	1
M214	Breakfast Skillet #10 can	61.99	2
M215	Granola w/Blueberries/Milk #10 can	54.09	3

Gluten Free Products

GF064	Sorghum Flour 56oz can	14.49	4
GF065	Sorghum Flour 5# bag	14.09	5
GF066	Tapioca Starch 56oz can	14.09	4
GF067	Tapioca Starch 5# bag	13.49	5
GF068	Potato Starch 70oz can	19.29	5
GF069	Potato Starch 5# bag	17.89	5
GF074	White Rice Flour 64oz can	16.19	4.5
GF075	White Rice Flour 5# bag	15.29	5

FREEZE DRIED

Fruit #10 cans

		wt
K135	Apple Dices 10 oz #10 can	29.39 2
K136	Apple Dices 6 #10 cans	165.19 9
K149	Bananas Sliced 14 oz #10 can	25.49 2
K150	Bananas Sliced 6 #10 cans	142.99 10
K145	Blueberries Whole 10 oz # 10 can	35.29 2
K146	Blueberries Whole 6 #10 cans	200.99 10
K141	Mango 12 oz #10 can	35.69 2
K142	Mango 6 #10 cans	204.49 10
K137	Raspberries Whole 9 oz #10 can	45.79 2
K138	Raspberries Whole 6 #10 cans	261.99 9
K151	Strawberries Sliced 6 oz #10 can	26.49 2
K152	Strawberries Sliced 6 #10 cans	147.89 10
K143	Pomegranate Arils 25 oz #10 can	62.09 3
K144	Pomegranate Arils 6 #10 cans	361.69 16
K175	Tart Cherry Dices 22 oz #10 can	55.19 3
K176	Tart Cherry Dices 6 #10 cans	321.19 15
K179	Pineapple Pieces 11 oz #10 can	39.59 2
K180	Pineapple Pieces 6 #10 cans	227.79 9

Vegetables #10 can

K155	Garden Peas 18 oz #10 can	26.99 2
K156	Garden Peas 6 #10 cans	152.69 11
K157	Green Beans 6 oz #10 can	25.19 2
K158	Green Beans 6 #10 cans	139.19 7
K159	Corn Super Sweet 16 oz #10 can	25.29 2
K160	Corn Super Sweet 6 #10 cans	143.49 12
K161	Cauliflower Pearls 5 oz #10 can	21.39 2
K162	Cauliflower Pearls 6 #10 cans	115.39 6
K165	Broccoli 7 oz #10 can	28.09 2
K166	Broccoli 6 #10 cans	157.09 7
K153	Jalapeno Peppers 9 oz #10 can	39.69 2
K154	Jalapeno Peppers 6 #10 cans	227.29 11

Meat #10 cans

T007	Diced Chicken 17oz #10 can	63.39 2
T009	Ground Beef 28.2oz #10 can	76.79 2
T011	Diced Beef 17oz #10 can	89.89 2

Fruit #2.5 cans

		wt
G119	Apple Dices 3 oz #2.5 can	13.59 1
G120	Apple Dices 6 #2.5 cans	69.49 3
G134	Bananas Sliced 4 oz #2.5 can	12.19 1
G135	Bananas Sliced 6 #2.5 cans	61.19 3
G129	Blueberries Whole 3 oz #2.5 can	15.39 1
G130	Blueberries Whole 6 #2.5 cans	80.09 3
G125	Mango 4 oz #2.5 can	16.29 1
G126	Mango 6 #2.5 cans	86.09 3
G121	Raspberries Whole 2.5 oz #2.5 can	17.79 1
G122	Raspberries Whole 6 #2.5 cans	93.69 3
G136	Strawberries Sliced 2 oz #2.5 can	13.39 1
G137	Strawberries Sliced 6 #2.5 cans	66.79 2
G138	Pomegranate Arils 5 oz #2.5 can	18.29 1
G139	Pomegranate Arils 6 #2.5 cans	97.39 5
G165	Tart Cherry Dices 6 oz #2.5 can	20.09 1
G166	Tart Cherry Dices 6 #2.5 cans	110.09 6
G153	Pineapple Pieces 3 oz #2.5 can	15.89 1
G154	Pineapple Pieces 6 #2.5 cans	83.69 3

Vegetables #2.5 cans

G140	Garden Peas 5 oz #2.5 can	12.59 1
G141	Garden Peas 6 #2.5 cans	63.09 3
G142	Green Beans 1.8 oz #2.5 can	12.59 1
G143	Green Beans 6 #2.5 cans	61.49 2
G144	Corn Super Sweet 4 oz #2.5 can	11.59 1
G145	Corn Super Sweet 6 #2.5 cans	57.69 3
G146	Cauliflower Pearls 1 oz #2.5 can	10.19 1
G147	Cauliflower Pearls 6 #2.5 cans	47.69 2
G150	Broccoli 2 oz #2.5 can	13.09 1
G151	Broccoli 6 #2.5 cans	65.09 2
G127	Jalapeno Peppers 2.6 oz #2.5 can	16.59 1
G128	Jalapeno Peppers 6 #2.5 cans	85.89 3

**DEHYDRATED UNITS
FOR ONE PERSON
NO SUBSTITUTIONS ON UNITS**

UU080 ___ 2 Month Unit570.99

103 lbs. shipping weight

#10 Cans

- | | |
|------------------------------------|----------------------|
| 1 can Potato Dices | 1 can Germade |
| 1 can Instant Milk | 1 can Quick Oats |
| 1 can Pancake Mix | 1 can Refried Beans |
| 1 can Macaroni | 1 can 9 Grain Cereal |
| 1 can Banana Slices | 1 can Apple Slices |
| 1 can Parboiled Rice | 1 can ABC Soup Mix |
| 1 can Potato Butter Bits | 1 can Ova Easy Eggs |
| 1 can Baked Potato Cheese Soup Mix | |
| 1 can Broccoli & Cheese Soup Mix | |
| 1 can Black Turtle Beans | 1 can Vegetable Stew |

2.5 Cans and Misc.

- | | |
|--------------------------|---------------------|
| 1 can Cheese Blend | 1 can Orange Drink |
| 1 can Onion Seasoning | 1 can Apple Drink |
| 1 can FD Garden Peas | 1 can Taco Bits |
| 1 can FD Green Beans | 1 can FD Sweet Corn |
| 2 cans White Cream Sauce | |
| 1 can FD Sweet Corn | 1 can Chicken Bits |

2062 Calories per day

UU040 ___ New Deluxe 1 Year Unit2688.49

736 lbs. shipping weight

10-5 Gal Super Pail Buckets

- | | |
|--------------------|---------------------|
| 3-Hard Red Wheat | 1-Pinto Beans |
| 3-Hard White Wheat | 1-Small Red Beans |
| 1-White Rice | 1-Small White Beans |

Case 1:

- 1 can dehydrated Banana Slices
- 1 can dehydrated Apple Slices
- 1 can FD Strawberries-Slices
- 1 can FD Blueberries
- 1 can dehydrated Applesauce
- 1 can dehydrated Peach Dices

Case 2:

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|-------------------------------|----------------------|
| 1 can FD Garden Peas | 1 can FD Green beans |
| 1 can FD Sweet Corn | 1 can FD broccoli |
| 1 can dehydrated Carrot Dices | |
| 1 can FD Cauliflower | |

Case 3:

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|---------------------|--------------|
| 1 can Tomato Powder | 1 can Onions |
|---------------------|--------------|

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|---------------------------------|---------------------|
| 2 cans Vegetable Stew | 1 can Mixed Peppers |
| 1 can dehydrated Sweet Potatoes | |

Case 4:

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|--------------------------------|---------------------|
| 2 cans Potato Granules | 1 can Potato Flakes |
| 2 cans dehydrated Potato Dices | |
| 1 can dehydrated Potato Slices | |

Case 5:

- 6 cans Instant Non-fat Milk

Case 6:

- 6 cans Regular Non-fat Milk

Case 7:

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|------------------------|----------------------|
| 1 can Whole Egg Powder | |
| 2 cans Ova Easy Eggs | 1 can Butter Powder |
| 1 can Cheese Blend | 1 can Shortening Pdr |

Case 8:

- 2 cans FD Diced Beef
2 cans FD Diced Chicken
2 cans FD Ground Beef

Case 9:

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|------------------------------|-----------------------|
| 1 can Imitation Beef Bits | 1 can Imitation Bacon |
| 1 can Imitation Sausage Bits | |
| 1 can Imitation Taco Bits | 1 can Imitation Ham |
| 1 can Imitation Chicken Bits | |

Case 10:

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|---------------------|----------------------|
| 1 can Refried Beans | 1 can Pearl Barley |
| 1 can Germade | 1 can Cornmeal |
| 1 can Regular Oats | 1 can 9 Grain Cereal |

Case 11:

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|--------------------------|--------------------|
| 1 can Hot Cocoa | 1 can Orange Drink |
| 1 can Black Turtle Beans | 1 can Popcorn |
| 1 can Lentils | |
| 1 can White Cream Sauce | |

Case 12:

- 2 cans Spaghetti
3 cans Macaroni
1 can Egg Noodles

Case 13 (#2.5 cans):

- 1 can Beef Bouillon
1 can Chicken Bouillon
2 cans Iodized Salt
1 can Baking Powder
1 can Baking Soda

Case 14:

- 4 #10 cans White Sugar
3-1 lb pkgs Yeast

Case 15:

- Lid Remover

You Can Have Your Food Storage and Eat It

Too cookbook

Allocation Sheet

2501 Calories per day

UU025__Basic 1 Year Unit.....1251.99

642 lbs. shipping weight

16-5 Gal Super Pail Buckets

- 3-Hard Red Wheat 2-Pinto Beans
- 3-Hard White Wheat 1-Small Red Beans
- 3-White Rice 1-Small White Beans
- 1-Black Turtle Beans 1-Instant Milk
- 1-Quick Rolled Oats

#10 Cans

- 1 Can Shortening Powder
- 1 Can Baking Soda
- 1 Can Baking Powder
- 1 Can Iodized Salt
- 2 Cans Sugar

2.5 Cans and Misc.

- 1 Can Beef Bouillon
- 1 Can Chicken Bouillon
- 3 Pkg Yeast
- 1 Lid Remover
- Allocation Sheet

2385 Calories per day

Specialty Packages

wt

U060__SOUP STARTER PAK.....73.89 6

- 1 #2.5 Tomato 1 #2.5 Celery
- 1 #2.5 Chicken Bouillon 1 #2.5 Onions
- 1 #2.5 Beef Bouillon 1 #2.5 Peppers

U061__FRUIT PAK.....70.99 10

- 1 #2.5 Apple Slices 1 #2.5 Plum Dices
- 1 #2.5 Nectarine Dices 1 #2.5 Peach Dices
- 2 #2.5 Banana Slices

U066__BEGINNER VEGETABLE PAK.....71.19 7

- 1-#2.5 Sweet Corn 1-#2.5 Garden Peas
- 1-#2.5 Carrots 1-#2.5 Green Beans
- 1-#2.5 Broccoli 1-#2.5 Mushrooms

U067__IMITATION MEAT TRIAL PAK.....58.99 7

- 1-#2.5 Bacon Bits 1-#2.5 Beef Bits
- 1-#2.5 Chicken Bits 1-#2.5 Taco Bits
- 1-#2.5 Sausage Bits 1-#2.5 Ham Bits

U192__SPICE PAK.....82.99 8

- 1 #2.5 Ground Pepper 1 #2.5 Iodized Salt
- 1 #2.5 Cinnamon 1 #2.5 Chili Blend
- 1 #2.5 Taco Seasoning 1 #2.5 Pizza Blend

U076__SEASONING/SAUCE PAK.....81.99 12

- 1 #2.5 Steak Seasoning 1 #2.5 Chicken Seas
- 1 #2.5 Spaghetti Sauce 1 #2.5 Enchilada Sauce
- 1 #2.5 Alfredo Sauce 1 #2.5 Teriyaki Sauce

U077__GRAVY PAK.....82.19 12

- 1 #2.5 Chicken Gravy 1 #2.5 Brown Gravy
- 1 #2.5 White Cream Sauce 1 #2.5 Turkey Gravy
- 1 #2.5 Stroganoff Gravy 1 #2.5 Pork Gravy

U079__GRAIN PAK.....118.39 40

- 1 #10 Nat. Buckwheat 1 #10 Spelt
- 1 #10 Amaranth 1 #10 Hard Red Wheat
- 1 #10 Kamut 1 #10 Hard White Wheat

U078__CEREAL PAK85.09 33

- 1 #10 Steel Cut Oats 1 #10 7 Grain Whole
- 1 #10 Germade 1 #10 6 Grain Rolled
- 1 #10 9 Grain Cracked 1 #10 Quick Rolled Oats

K075_Sample Pack 32 oz #10 can.....21.29 3

(dehydrated products)

Freeze Dried Paks

wt

U068__Freeze Dried Vegetable Pak.....67.79 7

- 1 #2.5 Broccoli 2 #2.5 Sweet Corn
- 1 #2.5 Cauliflower 1 #2.5 Green Beans
- 1 #2.5 Garden Peas

U069__Freeze Dried Fruit Pak.....86.09 7

- 1 #2.5 Bananas 1 #2.5 Mango
- 1 #2.5 Blueberries 1 #2.5 Apple Dices
- 1 #2.5 Tart Cherries 1 #2.5 Strawberries

K097_FD Sample Pak 8 oz #10 can.....26.99 2

(freeze dried products)