

# Rainy Day Foods

## Price List

### 9-1-2020

24377 US Highway 89 - P.O. Box 291  
 Montpelier, Idaho 83254  
 (208) 847-2683 -(800) 847 0465 - FAX (208) 847-3357  
 Web site at [rainydayfoods.com](http://rainydayfoods.com)  
 E Mail: [info@rainydayfoods.com](mailto:info@rainydayfoods.com)  
 Monday - Friday 8:00am - 5:00pm  
 Find Us on Facebook and Twitter

Accepts Discover, Visa, Master Card, American Express, and PayPal

*Discounted Shipping Rates not included in these prices.*

*Prices are Subject to Change Without Notice*

### Hard Red Wheat

	wt
W001 ___ Paper Hard Red 50 lbs Bag.....	36.69 50
W003 ___ Double Plastic Hard Red 50# Bag...	37.69 50
W002 ___ Double Plastic Hard Red 25# Bag...	21.39 25
W007 ___ 5 Gallon Hard Red 36 lbs SP.....	40.09 39
W008 ___ Hard Red Wheat 88 oz # 10 Can.....	11.19 7
W009 ___ Hard Red Wheat # 10 Case .....	62.69 39

### Hard White Wheat

W031 ___ Paper Hard White 50 lbs Bag .....	38.69 50
W032 ___ Double Plastic Hard White 50# Bag	39.59 50
W030 ___ Double Plastic Hard White 25# Bag	22.29 25
W034 ___ 5 Gallon Hard White 36 lbs SP .....	41.49 39
W036 ___ Hard White Wheat 88 oz #10 Can...	11.39 7
W035 ___ Hard White Wheat #10 Case .....	63.99 39

### Ingredient notes:

**7 Grain Whole** Hard white wheat, hard red wheat, pearl barley, brown rice, triticale, rye, millet

**Ezekial Mix** Red wheat, spelt, pearl barley, millet, lentils, pinto, great northern, kidney

**9-Grain Cracked Cereal** Red wheat, soft white wheat, pearl barley, oats, corn, millet, flax, hulled barley, and rye

**6 Grain Rolled Cereal** Red wheat, rye, oats, barley, sunflower seeds, white wheat

**16 Bean Soup Mix** Pinto, small red, small white, great northern, large lima, lentils, baby lima, yellow split, green split, large kidney, dark kidney, black eye peas, black turtle, garbanzo, pearl barley, whole green peas, pink beans

**Sprouting Mix** Hard Red Wheat, Hard White Wheat, Soft Wheat, Adzuki Beans, Whole Green Peas, Garbanzo Beans, Triticale, Spelt, Red Lentils, Lentils

**ABC Soup Mix** Green split peas, yellow split peas, rice, pearl barley, ABC pasta, and lentils

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\*\*Please see our website, [www.rainydayfoods.com](http://www.rainydayfoods.com), for detailed product information, nutrition, and shelf life.\*\*

**\*Return Policy:** Unopened and unused products may be returned to us within 30 days of the original purchase date with our authorization and a refund of the purchase price of the products less a 15% restocking fee will be issued when the product is received. Shipping costs will NOT be refunded and the cost to return the items to us will NOT be reimbursed. \*\*Because the actual shelf life of products will vary depending on the conditions in which they are stored, Rainy Day Foods does NOT guarantee the longevity of the products and will NOT replace or refund any product that has an original purchase date of more than six months.\*\*

## Bulk Items

Most Items Packaged in Paper Bags or Boxes

### Beans, Grains and Rice

A003	16 Bean Mix (17 items)® 25 lbs Bag ...	48.39
A103	16 Bean Mix 17 items) ® 50 lbs Bag....	92.69
A001	Baby Lima Beans 25 lbs Bag.....	39.69
A098	Baby Lima Beans 50 lbs Bag.....	78.79
A006	Black Eye Beans 25 lbs Bag.....	53.19
A004	Black Turtle Beans 25 lbs Bag.....	38.29
A114	Black Turtle Beans 50 lbs Bag.....	72.49
A008	Garbanzo Beans 25 lbs Bag.....	31.49
A010	Great Northern Beans 25 lbs Bag .....	50.79
A134	Great Northern Beans 50 lbs Bag .....	97.59
A012	Kidney Beans 25 lbs Bag.....	44.49
A116	Kidney Beans 50 lbs Bag.....	88.49
A015	Lentils 25 lbs Bag.....	27.59
A105	Lentils 50 lbs Bag.....	54.69
A066	Red Lentils 25 lbs Bag.....	43.59
A018	Pink Beans 25 lbs Bag.....	46.99
A020	Pinto Beans 25 lbs Bag .....	40.19
A135	Pinto Beans 50 lbs Bag .....	76.29
A024	Small Red Beans 25 lbs Bag .....	31.99
A136	Small Red Beans 50 lbs Bag.....	67.59
A022	Small White Navy Beans 25 lbs Bag ....	41.19
A137	Small White Navy Beans 50 lbs Bag ....	81.69
A026	Soy Beans 25 lbs Bag.....	34.89
A027	Soy Beans 50 lbs Bag.....	61.39
A028	Split Green Peas 25 lbs Bag.....	31.99
A139	Split Green Peas 50 lbs Bag.....	59.89
A030	Split Yellow Peas 25 lbs Bag .....	27.19
A064	Whole Green Peas 25 lbs Bag .....	31.99
A112	Whole Green Peas 50 lbs Bag.....	59.89
A031	7 Grain Mix (whole)① 25 lbs Bag .....	34.89
A057	Pearl Barley 25 lbs Bag .....	32.49
B043	Ezekial Mix ③ 25 lbs Bag.....	39.69
A063	Durum Wheat (for pasta) 25 lbs Bag ...	17.49
B007	Soft Wheat (for pastries) 50 lbs Bag....	47.29
A067	Hulled Millet 50 lbs Bag .....	56.59
A069	Oat Groats 25 lbs Bag .....	27.19
A080	Oat Groats 50 lbs Bag .....	45.99
A078	Rye 50 lbs Bag.....	64.29
B038	Triticale 50 lbs Bag.....	36.29
U032	Flax 5 lbs Bag .....	10.79
B040	Flax 25 lbs Bag .....	32.49
B079	Flax 50 lbs Bag .....	56.59
U193	Golden Flax 5 lbs Bag .....	14.49
B078	Golden Flax 25 lbs Bag.....	50.79
B080	Golden Flax 50 lbs Bag.....	93.29
A070	Popcorn Yellow 50 lbs Bag .....	51.79
A033	Par Boiled Rice 25 lbs Bag.....	23.29
A133	Par Boiled Rice 50 lbs Bag.....	45.99
A071	White Rice (long) 25 lbs Bag .....	22.29
A072	White Basmati Rice 25lbs bag.....	90.39
A073	Brown Rice (long) 25 lbs Bag .....	27.19
B001	Cornmeal, yellow 50 lbs Bag .....	46.99

A075	6 Grain Rolled ⑤ 50 lbs Bag.....	50.79
A061	9 Grain Cracked Cereal ④ 50 lbs Bag....	48.89
B010	Germade Cereal 50 lbs Bag.....	75.89
A083	Quick Rolled Oats 25 lbs Bag.....	29.09
A076	Quick Rolled Oats 50 lbs Bag.....	49.89
A084	Regular Rolled Oats 25 lbs Bag .....	29.09
A077	Regular Rolled Oats 50 lbs Bag .....	49.89
A068	Steel Cut Oats 25 lb Bag .....	26.19
A051	ABC Soup Mix 25 lbs bag.....	43.09
P030	Refried Beans 35 lbs Bag.....	91.89

### Cooking Supplies

P005	Baking Soda 50 lbs Bag .....	61.39
B085	Clear Jel Regular (hot) 25 lbs Bag .....	91.89
P006	Cornstarch 50 lbs Bag .....	66.29
N006	Dough Enhancer Natural 20 oz Can .....	16.69
B057	Lecithin (liquid) 41 lbs Bucket.....	138.19
B073	Lecithin Powder 1.5# Bag.....	19.89
B070	Iodized Salt 25 lbs Bag.....	28.09
O090	Real Salt 25 lbs bag.....	124.19
O096	Real Salt Pouch Case (12-26 oz) (26#).	138.59
B071	Vital Wheat Gluten 5 lbs Bag.....	21.49
P004	Vital Wheat Gluten 50 lbs Bag.....	162.79
N012	Yeast Package - Saf-Instant 1 lb.....	5.99
N016	Yeast Case-20 package Saf-Instant Yeast.....	109.69

### Dairy and Eggs

P012	Instant Milk (non-fat-66 gal) 55 lbs Bag..	279.59
P011	Regular Milk (non-fat-63 gal) 55 lb Bag..	207.39
L053	Butter Powder 50 lbs Bag.....	481.49
L022	Butter Powder 10 lbs Box.....	100.09
B011	Buttermilk Powder 55 lbs Bag.....	188.19
L030	Buttermilk Powder 20 lbs Box.....	55.39
L054	Cheese Blend 50 lbs Bag .....	269.99
L031	Cheese Blend 20 lbs Box.....	111.69
L059	Cheddar Cheese Powder 50 lbs Bag ....	502.79
L029	Cheddar Cheese Powder 10 lbs Box.....	104.39
L058	Margarine 50 lbs Bag.....	206.29
L023	Margarine 15 lbs Box.....	65.69
L062	Shortening Powder 50 lbs Bag .....	196.59
L024	Shortening Powder 15 lbs Box.....	62.79
P055	Sour Cream Powder 50 lbs Bag.....	447.69
L028	Sour Cream Powder 10 lbs Box.....	93.39
L057	Whole Eggs 50 lbs Box.....	236.19

### Drinks

P002	Hot Cocoa (add water) 25 lbs Bag .....	112.09
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### Flour

B004	All Purpose Flour 50 lbs Bag.....	34.39
B005	Bakers Flour High-Protein 50 lbs Bag .....	44.09
B006	Unbleached Flour 50 lbs Bag .....	38.29

## Fruits (● Imitation flavoring)

L033	Apple Slices 15 lbs Box	124.89
L034	Applesauce 35 lbs Box	333.89
L027	Applesauce 15 lbs Box	146.79
L035	Banana Slices 14 lbs Box	41.99

## Imitation Meat Flavor Textured Vegetable Protein

L063	Bacon Flavored Bits 25 lbs Box	84.09
L064	Beef Flavored Bits 25 lbs Box	92.79
L065	Chicken Flavored Bits 25 lbs Box	87.99
L078	Ham Flavored Bits 25 lbs Box	90.39
L071	Sausage Flavored Bits 25 lbs Box	97.69
L066	Taco Flavored Bits 25 lbs Box	95.19

## Mixes, Meals and Soup (\*\* complete)

P069	Basic Muffin Mix ** 25 lbs Bag	36.29
P023	Buttermilk Pancake Mix ** 25 lbs Bag	56.09
P029	Buttermilk Biscuit Mix 25 lbs Bag	43.59
P084	Hearty Wheat Bread Mix 25# Bag	40.69
P087	Bakers Complete Chocolate Cake 25#	77.39
P088	Save Time White Bread Mix 25# Bag	52.19
P020	Fudge Brownie Mix ** 25 lbs Bag	75.89

## Pasta

B059	Elbow Macaroni 20 lbs Box	29.19
B062	Curly Egg Noodles 10 lbs Box	20.09
B067	Spaghetti Long 20 lbs Box	29.19

## Sugar, Honey and Molasses

P018	Creamy Honey (whipped) 5 lb pail	31.79
P008	Case 6-5 lb pails Creamy Honey (whipped)	187.79
P019	Cox Grade A Liquid Honey 5 lb pail	29.59
P009	Cse 6-5 lb pails Cox Grade A Liquid Honey	174.19
P007	Honey 45# Bucket Grade A Clover	196.19
P010	Bucket Molasses(sweet-unsulfured) 59 lbs	117.79
P016	Brown Sugar 25 lbs Bag	41.19
P116	Brown Sugar 50 lbs Bag	72.99
P017	Powdered Sugar 25 lbs Bag	55.19

**Buckets of Molasses, Honey and Lecithin cannot be shipped by UPS.**

## Vegetables

L001	Broccoli 15 lbs Box	174.29
L016	Cabbage 15 lbs Box	74.39
L003	Carrot Dices 20 lbs Box	103.19
L015	Celery 10 lbs Box	95.29
L002	Corn, Sweet 20 lbs Box	169.29
L004	Green Beans 13 lb Box	128.99
L007	Mushrooms 5 lbs Box	159.69
L008	Onions, Chopped 15 lbs Box	78.69
L005	Garden Peas, Sweet 25 lbs box	184.09
L017	Peppers-Mixed (red and green) 15# Box	160.69
L009	Potato Dices 45 lbs Bag	116.19

L010	Potato Flakes 40 lbs Bag	76.29
L014	Potato Granules 50 lbs Bag	104.89
L006	Potato Hashbrowns 30 lbs Box	85.79
L076	Potato Butter Bits 40 lbs Box	141.99
L032	Potato Butter Bits 20 lbs Box	74.69
L011	Potato Slices 20 lbs (4-5 lb bags)	51.99
L046	Spinach Flakes 5 lbs Box	42.69
L020	Sweet Potato Dices 25 lbs Box	121.79
L021	Tomato Powder 15 lbs Box	85.69
L013	Vegetable Stew Blend 25 lbs Box	155.59
L025	Vegetable Stew Blend 15 lbs Box	96.99

## Sprouting

### Sprout Master -Seed Sprout Kits

N020	Single Kit-2 lids	20.89	1
N021	Triple Kit (stackable)-4 lids	52.79	3
N022	Triple Mini Kit (stackable)-4 lids	31.99	1

### Sprouting Mix ⑦

Q011	Sprouting Mix 1.5 lbs	8.39	2
Q012	Sprouting Mix 5 lbs	16.09	5

### Sprouting Seed: Packaged in Mylar Bags

Q001	Alfalfa 1.5 lbs	13.09	2
Q006	Lentils 1.5 lbs	6.79	2
Q004	Garbanzo Beans 1.5 lbs	6.79	2
Q003	Whole Peas 1.5 lbs	6.79	2
Q005	Soybeans 1.5 lbs	6.99	2
Q002	Triticale 1.5 lbs	6.19	2
Q054	Adzuki Beans 1.5 lbs	9.59	2
Q008	7 metal bags of above	57.09	14

### Special Sprouting Seed

Q016	Broccoli 1.5 lbs	29.89	2
Q017	Radish 1.5 lbs	15.29	2

### Alfalfa Sprouting Seed

A052	Alfalfa 5 lb bag	31.59	5
A054	Alfalfa 25 lb bag	136.29	25
Y001	Alfalfa 36 lbs 5 gal SP	206.99	39
K003	Alfalfa 88oz #10 can	36.59	7
U037	Alfalfa 20oz #2.5 can	12.59	2

### Natural Sprouting Seed

1.5 lbs Mylar Bags are Zip Lock

Q007	Natural Adzuki Beans 1.5 lbs	9.59	2
Q050	Natural Black Turtle Beans 1.5 lbs	8.69	2
Q052	Natural Hulled Buckwheat 1.5 lbs	9.69	2
Q053	Natural Kamut 1.5 lbs	7.89	2
Q056	Natural Soybeans 1.5 lbs	7.69	2
Q055	Natural Spelt 1.5 lbs	8.79	2
Q051	Natural Hard Red Wheat 1.5 lbs	6.89	2
Q057	Case of 7 Bags above	64.79	14

## 5 Gallon Superpail Buckets-SP

\*SP is a 5 gallon heavy plastic bucket with a metalized non-porous bag. The bag is filled with product and oxygen absorbers to remove oxygen leaving nitrogen. The bag is heat sealed, the bucket is sealed with a silicone ringed lid. This bag prevents light or moisture from the product.

### Beans, Grains and Dehydrated Items

	wt
E002__ 16 Bean Mix (17 items) ⑥ 35 lbs.....	78.89 38
E001__ Baby Lima Beans 35 lbs .....	71.99 38
E003__ Black Turtle Beans 35 lbs .....	64.69 38
E004__ Black Eye Beans 31 lbs .....	77.79 34
E005__ Garbanzo Beans 33 lbs .....	53.09 36
E006__ Great Northern Beans 35 lbs.....	82.29 38
E007__ Kidney Beans 33 lbs .....	75.39 36
E042__ Lentils 36 lbs .....	56.29 39
E009__ Pink Beans 34 lbs .....	74.99 37
E010__ Pinto Beans 34 lbs .....	65.99 37
E011__ Small Red Beans 34 lbs.....	59.99 37
E012__ Small Whites Beans 36 lbs .....	75.79 39
E013__ Soy Beans 33 lbs.....	57.39 36
E055__ Split Green Peas 37 lbs .....	58.09 40
E041__ Whole Green Peas 35 lbs.....	55.69 38
E035__ Pearl Barley 36 lbs .....	57.69 39
E066__ 7 Grain Mix (whole)① 35 lbs .....	59.79 38
E038__ 9 Grain Cracked Cereal④ 31 lbs.....	45.39 34
E040__ Durum Wheat (for pasta) 35 lbs .....	35.59 38
E043__ Hulled Millet 36 lbs .....	57.69 39
E070__ Ezekial Mix③ 34 lbs .....	65.09 37
E045__ Oat Groats 35 lbs.....	49.09 38
E046__ Popcorn Yellow 38 lbs.....	56.09 41
E067__ Par Boiled Rice 35 lbs.....	49.09 38
E048__ White Rice (long) 36 lbs .....	48.69 39
E047__ Brown Rice (long) 35 lbs .....	49.09 38
E053__ White Basmati Rice 36 lbs.....	146.69 39
E049__ 6 Grain Rolled Cereal ⑤ 20 lbs.....	37.29 23
E050__ Quick Rolled Oats 19 lbs .....	35.89 22
E051__ Regular Rolled Oats 20 lbs.....	36.89 23
E030__ Steel Cut Oats 33 lbs.....	50.99 36
E052__ Rye 35 lbs .....	61.79 38
E073__ Cornmeal 32 lbs .....	46.99 35
E078__ Soft Wheat (for pastries) 36 lbs.....	47.09 39
E079__ Germade Cereal 30 lbs.....	62.59 33
E056__ Triticale 33 lbs .....	40.79 36
E064__ Flax 31 lbs.....	51.89 34
E101__ Golden Flax 31 lbs .....	74.69 34
E080__ Elbow Macaroni 20 lbs.....	45.99 23
E083__ Curly Egg Noodles 10 lbs .....	36.89 13
E084__ Spaghetti 30 lbs .....	60.29 33
E075__ All Purpose Flour 31 lbs.....	38.19 34
E057__ Bakers Flour (Hi-protein) 31 lbs.....	44.29 34
E076__ Unbleached Flour 31 lbs.....	40.69 34
E088__ Brown Sugar 37 lbs.....	77.39 40
E089__ Powdered Sugar 31 lbs.....	80.09 34
Y013__ White Sugar 37 lbs.....	65.19 40

E092__ Refried Beans 16 lbs.....	58.89 19
E031__ ABC Soup Mix 35 lbs.....	71.29 38

### Cooking Supplies

E090__ Iodized Salt 50 lbs .....	72.39 53
O092__ Real Salt 50 lbs SP .....	264.59 53

### Dairy

Y004__ Milk, instant (non-fat) 25 lbs .....	123.09 28
Y005__ Milk, regular (non-fat) 28 lbs.....	109.59 31

### Drinks

Y003__ Hot Cocoa (add water) 30 lbs.....	146.59 33
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### Fruits

F033__ Apple Slices 6 lbs.....	66.89 9
F035__ Banana Slices 14 lbs .....	58.59 17

### Imitation Meat Flavor Textured Vegetable Protein

F072__ Bacon flavored Bits 16 lbs .....	70.69 19
F073__ Beef flavored Bits 18 lbs .....	83.59 21
F074__ Chicken flavored Bits 16 lbs .....	73.29 19
F057__ Sausage flavored Bits 16 lbs .....	79.29 19
F075__ Taco flavored Bits 20 lbs.....	93.09 23

### Mixes (\*\*complete)

Y011__ Buttermilk Pancake Mix ** 25 lbs.....	69.39 28
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### Vegetables

F001__ Broccoli 10 lbs.....	130.79 13
F002__ Carrot Dices 16 lbs .....	96.79 19
F003__ Corn, Super Sweet 16 lbs.....	149.59 19
F004__ Garden Peas, Sweet 20 lbs.....	161.29 23
F005__ Green Beans 10 lbs .....	113.39 13
F007__ Chopped Onions 14 lbs .....	87.09 17
F008__ Potato Dices 13 lbs .....	50.59 16
F009__ Potato Flakes 12 lbs .....	39.89 15
F013__ Potato Granules 38 lbs .....	96.49 41
F006__ Potato Hash browns 13 lbs.....	54.09 16
E110__ Potato Butter Bits 20 lbs .....	87.89 23
F010__ Potato Slices 8 lbs .....	37.89 11
F012__ Vegetable Stew Blend 13 lbs.....	97.99 16

**Note:** Due to elevation and/or temperature changes, buckets may be concave or convex upon arrival, normally this is not a problem.

# Natural Foods

## Hard Red Wheat

	wt
O001__ Natural Hard Red 25 lbs Dbl Plastic .	33.39 25
O003__ Natural Hard Red 50 lbs Dbl Plastic .	61.79 50
O002__ Natural Hard Red 50 lbs Paper bag ..	60.89 50
O005__ Natural Hard Red Wheat 36 lbs SP ..	57.69 39
O006__ Natural Hard Red Wheat 88oz #10 ..	13.79 7
O007__ Natural Hard Red Wheat #10 case ...	78.69 39

## Hard White Wheat

O008__ Natural Hard White 50 lbs Paper bag	61.79 50
O010__ Natural Hard White Wheat 36 lbs SP.	58.19 39
O011__ Natural Hard White Wheat 88oz #10 .	13.89 7
O012__ Natural Hard White Wheat #10 case..	79.29 39

## Pinto Beans

O070__ Natural Pinto Beans 25 lbs bag.....	74.99 25
O072__ Natural Pinto Beans 34 lbs SP .....	118.29 37

## Small White Beans

O074__ Natural Small White 25 lbs bag.....	63.39 25
O076__ Natural Small White 36 lbs SP .....	101.99 39

## Small Red Beans

O078__ Natural Small Red Beans 25 lbs bag .....	50.29 25
O080__ Natural Small Red Beans 34 lbs SP .....	84.79 37

## Soybeans

O082__ Natural Soybeans 25 lbs bag .....	43.09 25
O084__ Natural Soybeans 33 lbs SP .....	73.29 36

## Oat Groats

O014__ Natural Oat Groats 25 lbs bag.....	40.69 25
O017__ Natural Oat Groats 50 lbs bag.....	71.09 50
O016__ Natural Oat Groats 35 lbs SP .....	66.69 38

## Rolled Oats-Regular

O020__ Natural Regular Oats 50 lbs bag .....	71.09 50
O022__ Natural Regular Oats 20 lbs SP .....	45.39 23

## Rolled Oats-Quick

O024__ Natural Quick Oats 50 lbs bag .....	71.09 50
O026__ Natural Quick Oats 19 lbs SP.....	44.19 22

## Hulled Millet

O030__ Natural Hulled Millet 25 lbs bag.....	35.39 25
O032__ Natural Hulled Millet 36 lbs SP .....	67.39 39

## Hulled Buckwheat

	wt
O034__ Natural Hulled Buckwheat 25# bag.....	80.29 25
O037__ Natural Hulled Buckwheat 35# SP .....	114.39 38
O038__ Natural Hulled Buckwheat 85oz can ....	23.59 6

## Kamut®

O039__ Natural Kamut® 25 lbs bag .....	49.39 25
O040__ Natural Kamut® 50 lbs bag .....	90.39 50
O042__ Natural Kamut® 35 lbs SP .....	80.09 38
O043__ Natural Kamut® 85oz #10 can .....	16.99 6

## Quinoa

O044__ Natural Quinoa 25 lbs bag .....	224.19 25
O045__ Natural Quinoa 10 lbs box.....	93.39 10
O046__ Natural Quinoa 35 lbs SP.....	330.19 38
O047__ Natural Quinoa 85oz #10 can .....	54.99 7

## Amaranth

O048__ Natural Amaranth 25 lbs bag.....	68.69 25
O051__ Natural Amaranth 37 lbs SP.....	112.39 40
O052__ Natural Amaranth 88oz #10 can.....	21.79 7

## Spelt

O053__ Natural Spelt 25 lbs bag .....	64.79 25
O054__ Natural Spelt 50 lbs bag .....	121.29 50
O056__ Natural Spelt 35 lbs SP .....	101.69 38
O057__ Natural Spelt 85oz #10 can.....	20.29 6

## Golden Flax

O060__ Natural Golden Flax 5 lbs bag.....	18.99 5
O061__ Natural Golden Flax 25 lbs bag.....	69.19 25
O059__ Natural Golden Flax 31 lbs SP.....	102.19 34

## Adzuki Beans-domestic

O062__ Natural Adzuki Domestic 25# bag .....	77.39 25
O064__ Natural Adzuki Domestic 37# SP .....	125.09 40
O065__ Natural Adzuki Domestic 84oz #10 ...	22.79 6

## Black Turtle Beans

O097__ Natural Black Turtle 25# bag.....	70.59 25
O099__ Natural Black Turtle 35# SP .....	109.79 38

## Candles

X028 \_\_\_ Candle Survival 36 hour w/matches...7.29 1

## Balm, Clay, Emergency Supplies

	wt
AA07 ___ Bag Balm.....	13.39 1
S010 ___ Redmond Bentonite Clay 24 oz.....	21.79 2
S011 ___ Redmond Bentonite Clay 6 lb pail .....	70.19 6
Q023 ___ Emergency Thermal Space Blanket .....	2.59 .5
USA made - foil material - reusable	
Q025 ___ Hand Warmers single package .....	1.49 .5
(up to 6 hrs heat each)	
Q026 ___ Hand Warmers case (60 Pkg) .....	38.69 4
Q038 ___ Pocket Size Sleeping Bag 36"x84" .....	6.49 .5
Q064 ___ Tarp – small (4'6"x6'6" finished) .....	3.79 2
Q065 ___ Eco Gel Toilet deodorizer .....	1.69 .5
Q066 ___ Emergency Glow Stick .....	2.59 .5
Q068 ___ Sanitation Liners (bio hazard bags-4/pkg).....	1.59 .5

## Stoves

X035 ___ Alpaca Kerosene Cook Stove.....	140.59 15
8500 BT / comes with one wick	
X036 ___ Alpaca 7 wick Replacement.....	11.69 .5
X037 ___ Camp Chef Stryker Stove.....	77.89 2
(propane not included)	

## Water Storage Solutions

I050 ___ Aerobic-stabilized oxygen 2oz.....	16.79 .5
Non-toxic-tasteless - Dropper bottle	
Approx 1260 drops per bottle	
E.D. Goodloe's Authentic Formula	
N013 ___ Water Purification Coghlan's Tablets ...	8.89 .5
50 tablets - Treats 6.25 gallons (2 Tablets per 1 Quart water)	
P070 ___ First Need Water Purifier.....	158.29 3
P071 ___ First Need Replacement Canister.....	61.09 1
N014 ___ Square 5 gal Blue Water Drum.....	15.19 5
N010 ___ Poly Water Drum-blue 15 gal.....	37.39 8
N011 ___ Poly Water Drum-blue 55 gal.....	74.09 22
N001 ___ Drum Pump #330 adjustable.....	12.19 1
N030 ___ Siphon Pump.....	15.09 5
N002 ___ Flo-Rite Spigot 3/4".....	3.49 .5
P091 ___ Aquamira Replacement Filter.....	12.19 1
P093 ___ Water Basics Pump & Filter Kit.....	68.59 1.5
P094 ___ Water Basics Replacement Filter.....	39.49 1
P095 ___ Lifestraw Personal Water Filter.....	28.69 .5
P096 ___ Aquamira Water Basics water bottle...	64.59 1

## Books

	wt
X031 ___ Country Bean Cookbook.....	19.19 1
Q061 ___ Dinner is in the Jar.....	20.19 1
Q058 ___ Emergency Food in a Nutshell .....	28.39 1
X023 ___ Herbs to the Rescue-Cookbook.....	8.59 1
X038 ___ Instant Delight-Clear Gel Recipe .....	8.59 1
Q059 ___ Made Simple .....	24.99 1
Q039 ___ Mix A Meal Cookbook.....	20.19 1
X039 ___ Natural Meals in Minutes Cookbook...	20.19 1
X044 ___ The Amazing Wheat Cookbook .....	21.59 1
Q031 ___ The New Cooking with Home Storage....	20.19 1
X045 ___ The New Passport To Survival .....	21.59 1
Q036 ___ Emergency Food Storage & Survival Bk	20.19 1
X046 ___ The Art of Baking with Natural Yeast...	29.49 1
Q029 ___ You Can Have Your Food Storage And Eat It Too.....	21.69 1

## Emergency Kits

### Q062 \_\_\_ Emergency Lockdown Bucket Kit .. 40.79 5

An emergency sanitation kit for lockdown situations in schools, businesses, and offices or it can be used in recreation for camping and road trips.

Includes: 1 – 5 gallon bucket with a snap-on toilet seat lid; 2 sanitation/toilet bags; 1 toilet chemical pouch (freshener); 1 toilet paper roll; antiseptic wipes; 2 pairs of non-latex gloves; duct tape; 2 glow sticks; 2 emergency blankets; 1 tarp and an instruction card.

### Q069 \_\_\_ Emergency Lockdown Refill Kit..... 15.09 3

## Buckets, Containers and Packaging Supplies

B074	___	Mixing Pitcher 2 Quart.....	8.59	1
N007	___	4.25 gallon plastic bucket-gasket lid...	14.19	2
N008	___	5 gallon plastic bucket-gasket lid.....	12.19	3
N003	___	Deluxe Lid Remover & Bung Nut Wrench..	16.09	1
N029	___	Standard Lid Remover.....	13.39	1
		Gamma Seal Lids - Air tight-Screws on and off		
		Reusable FDA Food Grade Colors		
I080	___	Gamma Seal Lid-White each lid.....	10.09	2
I081	___	Gamma Seal Lid Red each lid.....	10.09	2
I082	___	Gamma Seal Lid Blue each lid.....	10.09	2
I128	___	Gamma Seal Lid Black each lid.....	10.09	2
I084	___	Gamma Seal Lid-Yellow each lid.....	10.09	2
I083	___	Gamma Seal Lid-Orange each lid.....	10.09	2
K085	___	Plastic Lid for #10 can.....	1.09	1
K185	___	Plastic Lid for #2.5 can.....	1.09	1
P039	___	Plastic Lids 549 per box for #10 cans..	117.89	45
P043	___	Cans #10 w/metal lids 448(1 pallet)..	974.09	500
P121	___	Can #10 w/metal lid.....	3.19	2
P056	___	Box for 2 #10 Cans.....	2.69	1.5
P057	___	Box for 4 #10 Cans.....	3.09	2
P042	___	Box for 6 #10 Cans.....	3.59	2
P058	___	Box for 6 #2.5 Cans.....	2.29	1.5
P120	___	Box for 6 Gallon Bucket.....	4.49	2
P041	___	Oxygen Absorbers 500cc (50 per bag).	12.69	1
P048	___	Oxy-Guard Oxygen Absorbers 200cc.	5.69	1
		(50 per bag)		
F015	___	20" x 30" Mylar.....	3.39	.3
F016	___	20" x 29" Mylar with zip lock.....	5.89	.3
F018	___	Blue 10.5" x 17.5" Mylar with zip lock..	2.39	.3
F085	___	Red 6.5"x 10.5" Mylar with zip lock.....	2.19	.3
F021	___	Clear Poly Bag 13.5"x 5.25"x 34" .....	1.99	.2
F022	___	Clear Poly Bag 11"x 4"x 27" .....	1.99	.2

## Grinders, Bosch and Accessories

X024	___	Victorio Deluxe Grain Mill .....	123.99	3
X040	___	The Kitchen Mill Grinder electric.....	342.49	8
X091	___	Wonder Mill-electric .....	323.09	15
X026	___	Wonder Mill Junior (Deluxe) manual .....	294.09	15
Z011	___	Country Living Mill hand-electric .....	613.79	15
		(designed to be motorized-you supply slow RPM		
		motor-belt-pulley)		
Z012	___	Country Living Extra set Burrs .....	146.19	3
Z013	___	Country Living Power Bar Extension ..	31.29	3
		(Converts 12" Flywheel to 19 inches)		
Z014	___	Country Living Bean Auger Assembly	53.49	3
Z015	___	Country Living Clear Flour Bin w/lid ...	35.39	3
H030	___	Bosch Universal Kitchen Machine....	516.29	17
H031	___	Bosch Slicer-Shredder .....	159.59	4
H032	___	Bosch Batter Whisks (set) .....	20.09	1
H033	___	Bosch Wire Whips (set) .....	17.79	1
H034	___	Bosch Meat Grinder.....	190.69	5
H038	___	Bosch Bowl Scraper.....	23.89	2
H035	___	Bosch Compact Machine.....	242.69	12
H037	___	Bosch Cookie Paddle w/driver.....	29.69	2
H039	___	Bosch Large Slicer Shredder.....	59.39	5
		Fits on bowl of Universal Mixer		
H040	___	Bosch Dough Hook Extender.....	10.09	1
H041	___	Bosch Cake Paddles.....	20.09	2
H042	___	Bosch Blender.....	81.79	2

## Home Freeze Dryers

### Harvest Right Freeze Dryers

(prices include shipping—available online only)

D001	___	Freeze Dryer small Stainless Steel .....	2495.00
D004	___	Freeze Dryer medium Stainless Steel....	3195.00
D005	___	Freeze Dryer medium Black.....	2895.00
D006	___	Freeze Dryer medium Satin White .....	2895.00

## #10 CANS and CASES

One 500cc Oxygen Absorber packet to each can. (6 #10 size enameled cans to a case). Price includes 1 plastic lid per can

### VEGETABLES

		wt
I001	__ Broccoli 27oz	26.79 3
I002	__ Broccoli Case	156.69 16
I031	__ Cabbage 22oz	14.19 3
I032	__ Cabbage Case	81.39 18
I003	__ Carrot Dices 38oz	19.49 4
I004	__ Carrot Dices Case	112.39 20
I029	__ Celery 18oz	17.79 2
I030	__ Celery Case	103.39 13
I005	__ Corn, Super Sweet 40oz	28.29 4
I006	__ Corn, Super Sweet Case	165.49 20
I007	__ Garden Peas, sweet 49oz	29.59 4
I008	__ Garden Peas, sweet Case	173.99 24
I009	__ Green Beans 20oz	19.69 3
I010	__ Green Beans Case	114.19 15
I013	__ Mushroom Slices 9oz	25.39 2
I014	__ Mushroom Slices Case	147.19 10
I015	__ Onions Chopped 40oz	20.09 4
I016	__ Onions Chopped Case	116.49 21
I033	__ Peppers-Mixed (red & green) 20oz	20.79 3
I034	__ Peppers-Mixed (red & green) Case	120.19 14
I017	__ Potato Dices 36oz	13.49 4
I018	__ Potato Dices Case	76.49 20
I019	__ Potato Flakes 30oz	11.09 3
I020	__ Potato Flakes Case	62.89 17
I021	__ Potato Granules 88oz	19.09 7
I022	__ Potato Granules Case	110.49 39
I011	__ Potato-Hash browns 27oz	12.39 3
I012	__ Potato-Hash browns Case	70.39 16
I122	__ Potato Butter Bits 48 oz	18.09 4
I123	__ Potato Butter Bits Case	105.29 24
I023	__ Potato Slices 20oz	10.89 3
I024	__ Potato Slices Case	61.09 14
I064	__ Spinach Flakes 10oz	12.19 1
I110	__ Spinach Flakes Case	69.79 6
I072	__ Sweet Potato Dices 44 oz	20.49 4
I108	__ Sweet Potato Dices Case	119.59 23
I025	__ Tomato Powder 60oz	27.99 5
I026	__ Tomato Powder Case	164.59 30
I027	__ Vegetable Stew Blend 33oz	20.29 3
I028	__ Vegetable Stew Blend Case	118.39 18

### FRUITS (● Imitation flavoring)

I051	__ Apple Slices 17oz	16.39 2
I052	__ Apple Slices Case	94.99 14
I053	__ Applesauce 44oz	33.79 4
I054	__ Applesauce Case	198.89 23
I055	__ Banana Slices 36oz	14.09 3
I056	__ Banana Slices Case	81.49 19
I067	__ Peach Dices 52oz	48.59 5

### DAIRY and EGGS

R001	__ Milk, instant (non-fat) 60oz	23.39 5
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R002	__ Milk, instant (non-fat) Case	136.99 29
T001	__ Milk, regular (non-fat) 64oz	19.19 5
T002	__ Milk, regular (non-fat) Case	111.69 30
J001	__ Butter Powder 44oz	33.99 4
J002	__ Butter Powder Case	200.49 23
J013	__ Margarine Powder 44oz	18.89 4
J014	__ Margarine Powder Case	109.99 24
J019	__ Shortening Powder 44oz	18.59 5
J020	__ Shortening Powder Case	108.79 23
J003	__ Cheese Blend 65oz	29.39 5
J004	__ Cheese Blend Case	173.69 33
J037	__ Cheddar Cheese Powder 51oz	39.79 5
I073	__ Sour Cream Powder 48oz	34.29 4
J021	__ Whip Topping 71oz	18.49 6
J022	__ Whip Topping Case	106.59 33
J007	__ Egg Mix (48 eggs) 48oz	40.09 4
J008	__ Egg Mix (eggs-milk-shortening) Case	237.09 24
J011	__ Whole Eggs (96-108 eggs) 48oz	21.69 4
J012	__ Whole Eggs (100% eggs) Case	126.49 24
J125	__ Ova Easy Egg 48oz	71.69 4
J009	__ Egg Whites 48 oz	41.09 4
J015	__ Buttermilk Powder 68oz	18.39 5
J016	__ Buttermilk Powder Case	107.29 32

### DRINKS

J005	__ Hot Cocoa 90oz	31.89 7
J006	__ Hot Cocoa Case	187.09 40
K055	__ Apple Drink 94oz	23.79 7
K056	__ Apple Drink Case	138.99 41
K057	__ Orange Drink 94oz	27.89 7
K058	__ Orange Drink Case	163.49 41
K059	__ Peach Drink 94oz	23.79 7
K060	__ Peach Drink Case	138.99 41

### COOKING SUPPLIES

J051	__ Baking Powder 80oz	23.09 6
J052	__ Baking Powder Case	134.99 36
J053	__ Baking Soda 116oz	16.49 9
J054	__ Baking Soda Case	94.79 50
J059	__ Cornstarch 68oz	13.29 6
J060	__ Cornstarch Case	75.29 32
J081	__ Clear Jel Instant (cold) 64oz	24.89 5
J141	__ Clear Jel (hot) 64oz	22.09 5
J077	__ White Cream Sauce 53oz	30.99 5
J078	__ White Cream Sauce Case	181.49 26
J055	__ Beef Bouillon 102 oz	43.39 8
J056	__ Beef Bouillon Case	256.89 48
J057	__ Chicken Bouillon 102 oz	36.29 8
J058	__ Chicken Bouillon Case	213.99 48
J182	__ Cocoa Dutch Baking 48oz	20.89 4
K092	__ Iodized Salt 128oz	16.29 9
K093	__ Iodized Salt Case	94.59 54
O093	__ Real Salt 128oz #10 can	47.09 9
I107	__ Vital Wheat Gluten 64oz #10 can	20.49 5
J040	__ Molasses Powder 60oz #10 can	22.59 5
P013	__ Molasses Powder 5# bag	25.19 5
J045	__ Honey Powder 65oz #10 can	27.39 5
P015	__ Honey Powder 5# bag	29.69 5



**FLOUR**

		wt
K061	All Purpose Flour 64oz.....	10.19 5
K062	All Purpose Flour Case.....	57.89 30

**GRAINS, LEGUMES and MISC**

K005	Baby Lima Beans 88oz.....	16.49 8
K006	Baby Lima Beans Case.....	93.29 39
K041	16 Bean Mix (17 items)® 84oz.....	16.89 7
K042	16 Bean Mix (17 items)® Case.....	97.19 38
K045	Black Turtle Beans 90oz.....	15.19 7
K046	Black Turtle Beans Case.....	87.39 40
K049	Garbanzo Beans 80oz.....	12.89 6
K013	Great Northern Beans 84oz.....	17.39 7
K014	Great Northern Beans Case.....	100.19 38
K019	Kidney Beans 76oz.....	15.89 6
K020	Kidney Beans Case.....	91.89 35
K021	Lentils 88oz.....	13.59 7
K022	Lentils Case.....	77.39 39
K023	Pinto Beans 84oz.....	15.19 7
K024	Pinto Beans Case.....	86.79 38
K037	Small White Beans (navy) 90oz.....	16.69 7
K038	Small White Beans (navy) Case.....	96.49 40
K035	Small Red Beans 90oz.....	14.69 7
K036	Small Red Beans Case.....	84.09 40
K039	Soy Beans 84oz.....	13.89 7
K040	Soy Beans Case.....	78.19 38
K017	Green Split Peas 92oz.....	13.89 7
K018	Green Split Peas Case.....	80.29 43
K007	Pearl Barley 88oz.....	13.79 7
K008	Pearl Barley Case.....	78.69 39
K073	Oat Groats 85oz.....	12.49 7
K088	9 Grain Cracked Cereal® 69oz.....	11.89 6
K089	9 Grain Cracked Cereal® Case.....	66.69 32
J063	Flax 76oz.....	12.89 6
J124	Flax Case.....	73.79 35
J183	Golden Flax 76oz.....	16.39 6
K025	Popcorn Yellow 96oz.....	13.69 7
K026	Popcorn Yellow Case.....	78.59 42
I062	Par Boiled Rice 82oz.....	12.09 6
K031	White Rice (long) 88oz.....	12.39 7
K032	White Rice (long) Case.....	70.39 39
K029	Brown Rice (long) 84oz.....	12.49 7
K030	Brown Rice (long) Case.....	70.39 38
K033	White Basmati Rice 84oz.....	26.59 7
K034	White Basmati Rice Case.....	155.19 39
K090	6 Grain Rolled® 48oz.....	10.49 4
K091	6 Grain Rolled® Case.....	59.79 24
K027	Quick Oats 40oz.....	10.09 4
K028	Quick Oats Case.....	56.49 21
K086	Rolled Oats, regular 40oz.....	10.09 4
K087	Rolled Oats, regular Case.....	56.49 21
K050	Steel Cut Oats 75 oz.....	12.39 6
J061	7 Grain Mix (whole)① 83oz.....	13.99 7
K051	Cornmeal, yellow 72 oz.....	11.79 6
K052	Cornmeal, yellow Case.....	66.69 33
K065	Germade Cereal 73oz.....	14.49 6

K066	Germade Cereal Case.....	83.09 34
K129	Ezekial Mix® 88oz.....	15.39 7
J079	Refried Beans 40oz.....	14.19 4
J080	Refried Beans Case.....	81.59 24
K001	ABC Soup Mix 84 oz.....	15.79 7
K002	ABC Soup Mix Case.....	90.19 33

**SUGAR**

K079	Brown Sugar 67oz.....	14.29 5
K080	Brown Sugar Case.....	82.69 32
K081	Powdered Sugar 60oz.....	15.19 5
K082	Powdered Sugar Case.....	87.49 29
K083	White Sugar 94oz.....	15.19 7
K084	White Sugar Case.....	87.29 41

**PASTA**

K067	Elbow Macaroni 50oz.....	12.19 5
K068	Elbow Macaroni Case.....	68.59 25
K069	Curly Egg Noodles 27oz.....	10.89 3
K070	Curly Egg Noodles Case.....	62.69 21
K077	Spaghetti 51oz.....	12.29 5
K078	Spaghetti Case.....	68.99 25

**MIXES and DESSERTS (\*\*complete, no oxygen absorber)**

K105	Buttermilk Biscuit Mix 5# mylar bag ...	13.19 5
K130	Hearty Wheat Bread Mix 63oz.....	13.29 5
K132	Bakers Complete White Cake Mix 69oz.	17.39 5
K133	Bakers Complete Chocolate Cake 73oz	20.99 6
K134	Save Time White Bread 68oz.....	15.69 5
K071	Buttermilk Pancake Mix 63oz **	15.79 5
K072	Buttermilk Pancake Mix ** Case.....	91.09 30
K100	Basic Muffin Mix 5# mylar bag**	11.70 5
J067	Fudge Brownie Mix 66oz **	19.59 6
I048	Scone Fry Bread 5 # mylar bag.....	17.19 5
K131	Scrumptious Drop Scone Mix 5# mylar*	18.29 5
J095	Banana Pudding-instant 80oz.....	24.29 6
J033	Chocolate Pudding-instant 76oz.....	24.89 6
J093	Vanilla Pudding-instant 76oz.....	23.49 6
I105	Butterscotch Pudding-instant 76oz.....	26.89 6
I078	Tapioca Instant 70oz.....	19.09 6
I075	Strawberry Gelatin 96oz.....	23.99 7
I076	Cherry Gelatin 96 Oz.....	21.59 7
K103	Banana Muffin Mix 5# mylar bag**	15.19 5
K102	Lemon Poppy Muffin Mix 5# mylar**	14.99 5
K106	Blueberry Muffin Mix 5# mylar bag**	14.79 5

**Imitation Meat Flavored Textured Vegetable Protein**

J071	Beef Flavored Bits 40 oz	16.89	4
J072	Beef Flavored Bits case	96.99	21
J073	Chicken Flavored Bits 33 oz	14.69	3
J074	Chicken Flavored Bits Case	84.89	18
J083	Sausage Flavored Bits 40oz	17.39	4
J084	Sausage Flavored Bits case	99.99	21
J075	Taco Flavored Bits 56oz	20.89	5
J076	Taco Flavored Bits case	121.19	27
J069	Bacon Flavored Bits 36oz	15.19	4
I095	Ham Flavored Bits 36 oz	15.79	4

**Meals**

J164	Stroganoff Gravy Mix 49oz	29.59	4
J153	Brown Gravy Mix 60oz	30.09	6
J151	Chicken Gravy Mix 50oz	25.59	5
I044	Turkey Gravy Mix 55oz	41.99	5
I046	Pork Gravy Mix 55oz	26.39	5
I049	Pepper Biscuit Gravy 44 oz	31.59	4
I150	Baked Potato Cheese Soup 65oz	37.99	5
I151	Broccoli Cheese Soup Mix 65oz	40.69	5
I096	Macaroni & Cheese 56oz	17.69	4
U147	Stroganoff Style Casserole 35oz	15.69	3

noodles, beef bits, stroganoff mix

**#2.5 CANS and CASES**

One 200cc Oxygen Absorber Packet to each can.

6 #2 5 size enameled cans to a case.

Price includes 1 plastic lid per can

**Vegetables**

G013	Broccoli 6 oz	10.19	1
G014	Broccoli Case	57.69	5
G019	Carrot Dices 11oz	9.29	1
G020	Carrot Dices Case	52.69	7
G021	Corn Super Sweet 11oz	11.59	1
G022	Corn Super Sweet case	66.39	7
G023	Garden Peas - sweet 13oz	11.99	2
G024	Garden Peas-sweet Case	67.39	8
G025	Green Beans 6oz	9.59	1
G026	Green Beans Case	53.79	5
G011	Sliced Mushrooms 3oz	11.89	1
G012	Sliced Mushrooms Case	67.39	4
G007	Chopped Onion 11oz	9.29	1
G008	Chopped Onion Case	52.79	7
G009	Tomato Powder 12oz	9.99	2
G010	Tomato Powder Case	56.69	10
G005	Vegetable Stew Blend 9oz	9.39	1
G006	Vegetable Stew Blend Case	53.09	6
G015	Celery 5oz	8.89	1
G016	Celery Case	49.19	4
G027	Cabbage 6oz	7.79	1
G028	Cabbage Case	42.99	6
G017	Mixed Peppers 5oz	9.29	1
G018	Mixed Peppers Case	51.89	5
U031	Potato Dices 8oz	7.19	1
U073	Potato Dices Case	39.99	6

**Fruits (● Imitation flavoring)**

U019	Banana Slices 9oz	7.59	1
U075	Banana Slices Case	42.09	6
U021	Apple Slices 4oz	8.09	1
U074	Apple Slices Case	44.59	4
G033	Applesauce 10oz	11.89	1
G034	Applesauce Case	67.99	7
G097	Peach Dices 14oz	17.19	2
G098	Peach Dices Case	98.29	8

**Dairy and Eggs**

G067	Butter Powder 14oz	14.59	2
G068	Butter Powder Case	82.69	8
G057	Margarine Powder 14oz	9.69	2
G058	Margarine Powder Case	53.79	8
G065	Shortening Powder 14oz	9.59	2
G066	Shortening Powder Case	52.79	8
G061	Cheese Blend 16oz	11.49	2
G062	Cheese Blend Case	64.59	9
G063	Cheddar Cheese 13oz	14.29	2
G064	Cheddar Cheese Case	81.29	8
G029	Sour Cream Powder 12oz	12.59	1
G102	Sour Cream Powder Case	72.39	7
G043	Whip Topping 22oz	9.29	2
G044	Whip Topping Case	52.29	11
G053	Egg Mix 12oz (eggs-milk-shortening)	14.09	1.3
G054	Egg Mix (eggs-milk-shortening) Case	80.99	7
G051	Whole Eggs (100% eggs) 12oz	9.49	1.3
G052	Whole Eggs (100% eggs) Case	53.39	7
G055	Egg Whites 12 oz	14.39	1.3
G056	Egg Whites Case	82.49	7
G156	Ova Easy Eggs (crystal) 13oz	23.69	2
G069	Buttermilk Powder 17oz	8.79	2
G070	Buttermilk Powder Case	48.59	9
R003	Instant Milk 15oz	10.09	2
R004	Instant Milk Case	55.89	8
T005	Regular Milk 16oz	8.99	2
T006	Regular Milk Case	49.79	9

**Drinks**

G059	Hot Cocoa 24oz	12.39	2
G060	Hot Cocoa Case	70.99	12
G093	Apple Drink 25oz	10.29	2
G094	Apple Drink Case	58.09	12
G091	Orange Drink 25oz	11.39	2
G092	Orange Drink Case	64.59	12
G089	Peach Drink 25oz	10.29	2
G090	Peach Drink Case	58.09	12

**Cooking Aids and Seasonings**

G077	White Cream Sauce 16oz	13.09	2
G078	White Cream Sauce Case	74.39	9
G071	Beef Bouillon 29oz	16.29	3
G072	Beef Bouillon Case	93.19	14
G073	Chicken Bouillon 29oz	14.29	3
G074	Chicken Bouillon Case	80.99	14
G079	Baking Soda 32oz	8.49	3

G080	Baking Soda Case	46.89	15
U035	Baking Powder 30oz	11.69	2
U034	Baking Powder Case	68.19	18
G075	Cornstarch 18oz	7.49	2
G076	Cornstarch Case	40.89	9
J155	Brown Gravy Mix 16oz	11.99	2
J157	Chicken Gravy Mix 16oz	11.79	2
J159	Stroganoff Gravy Mix 11oz	10.89	1
G035	Turkey Gravy Mix 15oz	15.49	2
G037	Pork Gravy Mix 15oz	11.19	2
G036	Pepper Biscuit Gravy 15oz	14.29	2
G095	Iodized Salt 32oz	8.29	3
G096	Iodized Salt Case	45.49	15
O094	Real Salt 32oz 2.5 can	15.99	3
U175	Pepper Ground Black 16oz	10.79	2
I039	Clear Jel Instant (cold) 17oz	10.69	2
U141	Clear Jel Regular (hot) 17oz	9.99	2
U178	Chili Powder Blend 16oz	10.19	2
U179	Cinnamon Powder 16oz	10.99	2
U180	Ground Cloves 13oz	14.19	2
U184	Montreal Chicken Seasoning 16oz	11.49	2
U185	Montreal Beef Seasoning 16oz	11.49	2
U176	Pizza Seasoning Blend 11oz	13.79	1
U174	Spaghetti Seasoning Blend 22 oz	17.69	2
U177	Taco Seasoning Blend 16oz	10.49	2
U173	Crushed Chili Pepper Seasng 13oz	14.19	2
U133	Garlic Granules 18oz	16.09	2
U014	Spaghetti Sauce Mix 18oz	16.79	2
U016	Alfredo Sauce Mix 16oz	14.29	2
U018	Teriyaki Sauce Mix 16oz	11.69	2
U181	Cocoa Dutch Baking14oz	9.99	2
G116	Blueberry Nuggets (imitation) 18oz	10.69	2
G118	Apple Cinn Nuggets (imitation) 22oz	15.69	2
G099	Orange Nuggets (imitation) 22oz	13.39	2
G041	Nacho Cheese Sauce Mix 14oz	12.29	1
G042	Enchilada/Burrito Sauce Mix 18oz	12.49	1
G030	Molasses Powder 17oz	10.19	1.5
G040	Honey Powder 18oz	11.59	2

I116	Cherry Gelatin 27 oz	9.89	2
I117	Orange Gelatin 27 oz	9.89	2
I115	Lime Gelatin 27 oz	11.09	2
I087	Banana Pudding-instant 22oz**	10.59	2
I088	Banana Pudding-instant ** Case	59.89	11
I089	Chocolate Pudding-instant 22oz**	11.09	2
I090	Chocolate Pudding-instant** Case	62.59	11
I085	Vanilla Pudding-instant 22oz*	10.59	2
I086	Vanilla Pudding-instant** Case	59.89	11
G038	Butterscotch Pudding-instant 22oz	11.59	2
G039	Butterscotch Pudding-instant Case	65.79	11
I079	Tapioca Instant 17 oz	8.79	2
U051	Macaroni & Cheese 15oz	8.59	2
U050	Macaroni & Cheese Case	47.19	8

## SIGNATURE MEATS

MM001	Beef Chunks 14.5 oz small can	10.39	1
MM011	Beef Chunks small 12 cans	117.89	13
MM002	Beef Chunks 28 oz large can	15.29	2
MM012	Beef Chunks large 12 cans	176.99	25
MM003	Ground Beef 14.5 oz small can	8.79	1
MM013	Ground Beef small 12 cans	98.69	13
MM004	Ground Beef 28 oz large can	12.69	2
MM014	Ground Beef large 12 cans	145.89	25
MM005	Boneless Chicken 14.5 oz small can	8.79	1
MM015	Boneless Chicken small 12 cans	98.69	13
MM006	Boneless Chicken 28 oz large can	12.69	2
MM016	Boneless Chicken large 12 cans	145.89	25
MM007	Pork 14.5 oz small can	8.79	1
MM017	Pork small 12 cans	98.69	13
MM008	Pork 28 oz large can	12.69	2
MM018	Pork large 12 cans	145.89	25
MM009	Turkey 14.5 oz small can	9.69	1
MM019	Turkey small 12 cans	110.19	13
MM010	Turkey 28 oz large can	13.99	2
MM020	Turkey large 12 cans	161.49	25

### Imitation Meat Flavor Textured Vegetable Protein

G083	Bacon Flavored Bits 11oz	8.19	1
G081	Beef Flavored Bits 10oz	8.19	1
G082	Beef Flavored Bits Case	46.19	7
I093	Chicken Flavored Bits 11oz	8.29	1
I094	Chicken Flavored Bits Case	46.69	7
G085	Taco Flavored Bits 12oz	8.69	1
G086	Taco Flavored Bits Case	49.19	7
G087	Sausage Flavored Bits 10oz	8.39	1
G088	Sausage Flavored Bits Case	46.89	7
U023	Ham Flavored Bits 12oz	8.59	1

### Mixes, Meals and Desserts (\*\*complete)

I129	Strawberry Gelatin 27oz	10.49	2
I113	Raspberry Gelatin 27 oz	9.89	2
I114	Lemon Gelatin 27 oz	9.89	2

## DEHYDRATED UNITS

FOR ONE PERSON

### STANDARD 1 Year Unit

UU012.....1307.79 <sup>wt</sup> 377

One year storage for one person includes allocation sheets

Cases 1-12 includes 6 #10 cans each.

#### Case 1 #10 Cans.....

2 cans Apple Slices      2 cans Banana Slices  
1 can Peach flavored Apple Flakes  
1 can Strawberry flavored Apple Flakes

#### Case 2 #10 Cans.....

1 can Garden Peas      1 can Carrot Dices  
2 cans Sweet Corn      1 can Green Beans  
1 can Chopped Onions

#### Case 3 #10 Cans.....

1 can Potato Dices      1 can Hashbrowns  
2 cans Vegetable Stew  
2 cans Potato Granules

#### Case 4 & 5 #10 Cans.....

6 cans Instant Milk

#### Case 6 #10 Cans.....

2 cans Whole Egg      1 can Egg Mix  
1 can Cheese Blend      1 can Margarine Powder  
1 can Shortening Powder

#### Case 7 #10 Cans.....

2 cans Beef Bits      1 can Chicken Bits  
1 can Bacon Bits      1 can Taco Bits  
1 can Sausage Bits

#### Case 8 #10 Cans.....

1 can Cornmeal      1 can Germade  
1 can Spaghetti      2 cans Elbow Macaroni  
1 can Refried Beans

#### Case 9 #10 Cans.....

3 cans White Rice      1 can Small White beans  
2 cans Pinto Beans

#### Case 10 #10 Cans.....

2 cans 6 Grain Rolled      2 cans 9 Grain Cracked  
2 cans Quick Rolled Oats

#### Case 11 #10 Cans.....

2 cans 16 Beans Mix      1 can Black Turtle Beans  
1 can Hot Cocoa      1 can Peach Drink  
1 can Popcorn

#### Case 12 #10 Cans.....

1 can Applesauce      1 can Pearled Barley  
1 can Orange Drink      1 can White Cream Sauce  
1 can Small Red Beans      1 can Tomato Powder

#### Case 13 #2.5 Cans.....

1 can Beef Bouillon      1 can Chicken Bouillon  
2 can Iodized Salt      1 can Baking Powder  
1 can Baking Soda

#### Case 14.....

1 Cookbook      Allocation Sheet

The Standard Unit supplies 1 person with a total 1 year food supply of 1267 calories per day.

## NO SUBSTITUTIONS ON UNITS

UU030\_\_\_DELUXE 1 YEAR UNIT..... 1778.89

756 lbs shipping wt. \*\*2708 Calories per day

1-STANDARD CASE UNIT (see above)

plus 9 Super Pail Buckets:

3-Hard Red Wheat      1-Small Red Beans  
3-Hard White Wheat      1-Pinto Beans  
1-Small White Beans  
and #10 cans and yeast  
4 cans White Sugar      1 Lid Remover  
3-Pkg Saf-Instant Yeast

UU025\_\_\_Basic 1 Year Unit ..... 935.79

642 lbs. shipping weight

### 16-6 Gal Super Pail Buckets

3-Hard Red Wheat      2-Pinto Beans  
3-Hard White Wheat      1-Small Red Beans  
3-White Rice      1-Small White Beans  
1-Black Turtle Beans      1-Instant Milk  
1-Quick Rolled Oats

### #10 Cans

1 Can Shortening Powder  
1 Can Baking Soda  
1 Can Baking Powder  
1 Can Iodized Salt  
2 Cans Sugar

### 2.5 Cans and Misc.

1 Can Beef Bouillon  
1 Can Chicken Bouillon  
3 Pkg Yeast  
1 Lid Remover  
2385 Calories and 105 Grams of protein per day for one year.

UU080\_\_\_2 MONTH UNIT..... .429.99

100 lbs A quick short term supply

### 12-#2.5 CANS-2 cases

1-Cheese blend      2-White Cream Sauce  
1-Ova Easy Eggs      1-Banana Pudding  
1-Orange Drink      1-FD Sweet Corn  
1- FD Garden Pea      1-Chicken Bits  
1-FD Green Beans      1-Taco Bits  
1-Apple Drink

### 18-#10 CANS-3 cases

1-Hashbrowns      1-ABC soup mix  
1-Germade      1-Broccoli Cheese Soup  
1-Instant Milk      1-Refried Beans  
1-Quick Oats      1-Macaroni  
1-Banana Slices      1-Chicken Ala King  
1-Apple Slices      1-Black Turtle Beans  
1-Creamy Potato Soup      1-Buttermilk Pancake Mix  
1-Par Boiled Rice      1-9 Grain Cereal  
1-Potato Butter Bits      1-Chicken Noodle Soup  
2522 Calories per day

# FREEZE DRIED UNIT

## FOR ONE PERSON

### DELUXE 1 Year Unit

**UU020** ..... **2008.39** <sup>wt</sup> **644**

One year storage for one person includes  
allocation sheets

#### Case 1 #10 Cans

- |                      |                       |
|----------------------|-----------------------|
| 1 can FD Blueberries | 1 can FD Apples       |
| 1 can FD Bananas     | 1 can FD Strawberries |
| 1 can FD Pineapple   | 1 can FD Blackberries |

#### Case 2 #10 Cans

- |                      |                      |
|----------------------|----------------------|
| 1 can FD Green Beans | 1 can FD Broccoli    |
| 2 can FD Sweet Corn  | 1 can FD Garden Peas |
| 1 can FD Cauliflower |                      |

#### Case 3 #10 Cans

- |                     |                            |
|---------------------|----------------------------|
| 1 can Tomato Powder | 1 can Vegetable Stew Blend |
| 1 can Carrot Dices  | 1 can Chopped Onions       |
| 1 can Pearl Barley  | 1 can Popcorn              |

#### Case 4 #10 Cans

- |                    |                       |
|--------------------|-----------------------|
| 2 can Potato Dices | 2 can Potato Granules |
| 2 can Hash browns  |                       |

#### Case 5 #10 Cans

- |                         |                        |
|-------------------------|------------------------|
| 1 can Cheese Powder     | 1 can Ova Easy Eggs    |
| 1 can White Cream Sauce | 1 can Margarine Powder |
| 1 can Cornmeal          | 1 can Whole Egg        |

#### Case 6 #10 Cans

- |                           |                        |
|---------------------------|------------------------|
| 1 can FD Diced Turkey     | 1 can FD Diced Chicken |
| 1 can FD Ground Beef      | 1 can FD Diced Ham     |
| 1 can FD Sausage Crumbles | 1 can FD Diced Beef    |

#### Case 7 #10 Cans

- |                   |                       |
|-------------------|-----------------------|
| 1 can Peach Drink | 1 can Germade         |
| 1 can Spaghetti   | 2 cans Elbow Macaroni |
| 1 can Hot Cocoa   |                       |

#### Case 8 #10 Cans

- |                    |                        |
|--------------------|------------------------|
| 1 can 6 Way Rolled | 2 cans 9 Grain Cracked |
| 2 cans Quick Oats  | 1 can Refried Beans    |

#### Case 9 and 10 #10 Cans

- 6 cans Instant Milk each

#### Case 11 #2.5 Cans

- |                     |                        |
|---------------------|------------------------|
| 1 can Beef Bouillon | 1 can Chicken Bouillon |
| 2 can Iodized Salt  | 1 can Baking Soda      |
| 1 can Baking Powder |                        |

#### Case 12 Misc

- |                    |               |
|--------------------|---------------|
| 4 can Sugar        | 1 Lid Remover |
| 3 pkgs Yeast       | 1 Cookbook    |
| 1 Allocation Sheet |               |

### 9 Super Pail Buckets

- |                    |               |
|--------------------|---------------|
| 3-Hard Red Wheat   | 1-Pinto Beans |
| 2-Hard White Wheat | 1-White Rice  |
| 1-Small Red Beans  | 1-Black Beans |

Supplies 1 person with a total  
1 year food supply of 2283 calories per day.

**NO SUBSTITUTIONS ON UNITS**

# Mountain House Freeze Dried Food

## Mylar Pouches

		wt
M400__ Beef Stew .....	12.49	1
M101__ Beef Stroganoff .....	11.89	1
M204__ Chicken Breast w/Mashed Potatoes .....	10.49	1
M203__ Chicken Teriyaki w/Rice .....	11.89	1
M103__ Chili Mac.....	11.89	1
M104__ Lasagna w/Meat Sauce .....	11.89	1
M206__ Macaroni & Cheese.....	10.49	1
M207__ Noodles & Chicken.....	10.49	1
M105__ Pasta Primavera (vegetable) .....	9.59	1
M209__ Rice & Chicken.....	11.89	1
M107__ Spaghetti w/Meat Sauce .....	11.89	1
M211__ Sweet & Sour Pork w/Rice .....	10.49	1
M108__ Granola w/Blueberries & Milk.....	7.79	1
M110__ Scrambled Eggs w/Ham.....	10.09	1
M112__ Raspberry Crumble .....	11.29	1
M117__ Scrambled Eggs with Bacon .....	10.09	1
M113__ Apple Crisp .....	10.09	1
M116__ Italian Style Pepper Steak with Rice .....	12.49	1
M118__ Biscuits and Gravy .....	8.99	1
M119__ Breakfast Skillet.....	12.49	1
M120__ Homestyle Tukey Dinner Casserole .....	13.59	1
M121__ Chicken Fajita Bowl.....	12.49	1
M124__ Spicy Southwest Breakfast Hash.....	12.49	1
M123__ Ice Cream Sandwich .....	4.99	1
M213__ Sweet & Sour Pork w/Rice #10 can.....	43.59	2
M214__ Breakfast Skillet #10 can.....	54.19	2
M215__ Granola w/Blueberries/Milk #10 can.....	46.79	3
M502__ 3-day Emergency Kit (9 pouches).....	93.09	3

## Gluten Free Products

		wt
GF062__ Bread Mix & Flour Blend 64oz can....	20.99	4.5
GF063__ Bread Mix & Flour Blend 5# bag.....	22.59	5
GF064__ Sorghum Flour 56oz can.....	11.99	4
GF065__ Sorghum Flour 5# bag.....	11.79	5
GF066__ Tapioca Starch 56oz can.....	11.99	4
GF067__ Tapioca Starch 5# bag.....	11.79	5
GF068__ Potato Starch 70oz can.....	17.69	5
GF069__ Potato Starch 5# bag.....	16.99	5
GF070__ Artisan Flour Blend 60oz can.....	18.19	4
GF071__ Artisan Flour Blend 5# bag.....	19.69	5
GF072__ Baking & Pancake Mix 57oz can.....	20.99	4
GF073__ Baking & Pancake Mix 5# bag.....	24.39	5
GF074__ White Rice Flour 64oz can.....	12.99	4.5
GF075__ White Rice Flour 5# bag.....	12.29	5

## FREEZE DRIED

### Fruit #10 cans

		wt
K135	Apple Dices 10 oz #10 can	28.39 2
K136	Apple Dices 6 #10 cans	165.39 9
K149	Bananas Sliced 14 oz #10 can	22.19 2
K150	Bananas Sliced 6 #10 cans	128.89 10
K147	Blackberries Whole 9 oz #10 can	29.09 2
K148	Blackberries Whole 6 #10 cans	169.49 10
K145	Blueberries Whole 10 oz # 10 can	28.59 2
K146	Blueberries Whole 6 #10 cans	166.99 10
K141	Mango 12 oz #10 can	26.49 2
K142	Mango 6 #10 cans	155.09 10
K139	Pineapple Chunks 16 oz #10 can	36.79 2
K140	Pineapple Chunks 6 #10 cans	216.99 11
K137	Raspberries Whole 9 oz #10 can	33.89 2
K138	Raspberries Whole 6 #10 cans	197.39 9
K151	Strawberries Sliced 6 oz #10 can	24.69 2
K152	Strawberries Sliced 6 #10 cans	142.69 10

### Vegetables #10 can

K155	Garden Peas 18 oz #10 can	23.39 2
K156	Garden Peas 6 #10 cans	136.39 11
K157	Green Beans 6 oz #10 can	21.49 2
K158	Green Beans 6 #10 cans	123.39 7
K159	Corn Super Sweet 16 oz #10 can	23.49 2
K160	Corn Super Sweet 6 #10 cans	137.69 12
K161	Cauliflower Pearls 5 oz #10 can	21.29 2
K162	Cauliflower Pearls 6 #10 cans	121.39 6
K165	Broccoli 7 oz #10 can	22.79 2
K166	Broccoli 6 #10 cans	131.79 7

### Cheese #10 cans

K167	Sharp Cheddar 37 oz #10 can	46.79 3
K168	Sharp Cheddar 6 #10 cans	276.59 18
K169	Mozzarella 32 oz #10 can	45.59 3
K170	Mozzarella 6 #10 cans	270.49 18
K171	Monterey Jack 37 oz #10 can	31.19 3
K172	Monterey Jack 6 #10 cans	183.59 18
K173	Colby 37 oz #10 can	51.69 3
K174	Colby 6 #10 cans	306.09 19

### Meat #10 cans

T007	Diced Chicken 17oz #10 can	82.69 2
T009	Ground Beef 29oz #10 can	175.29 2
T011	Diced Beef 24oz #10 can	145.59 2

### Fruit #2.5 cans

		wt
G119	Apple Dices 3 oz #2.5 can	12.29 1
G120	Apple Dices 6 #2.5 cans	69.29 3
G134	Bananas Sliced 4 oz #2.5 can	10.19 1
G135	Bananas Sliced 6 #2.5 cans	56.89 3
G131	Blackberries Whole 3 oz #2.5 can	13.19 1
G132	Blackberries Whole 6 #2.5 cans	74.59 3
G129	Blueberries Whole 3 oz #2.5 can	12.39 1
G130	Blueberries Whole 6 #2.5 cans	69.69 3
G125	Mango 4 oz #2.5 can	12.29 1
G126	Mango 6 #2.5 cans	69.69 3
G123	Pineapple Chunks 4 oz #2.5 can	13.29 1
G124	Pineapple Chunks 6 #2.5 cans	75.79 3
G121	Raspberries Whole 2.5 oz #2.5 can	13.39 1
G122	Raspberries Whole 6 #2.5 cans	75.39 3
G136	Strawberries Sliced 2 oz #2.5 can	11.79 1
G137	Strawberries Sliced 6 #2.5 cans	65.29 2

### Vegetables #2.5 cans

G140	Garden Peas 5 oz #2.5 can	10.49 1
G141	Garden Peas 6 #2.5 cans	58.29 3
G142	Green Beans 1.8 oz #2.5 can	10.39 1
G143	Green Beans 6 #2.5 cans	56.59 2
G144	Corn Super Sweet 4 oz #2.5 can	9.99 1
G145	Corn Super Sweet 6 #2.5 cans	55.89 3
G146	Cauliflower Pearls 1 oz #2.5 can	8.99 1
G147	Cauliflower Pearls 6 #2.5 cans	48.09 2
G150	Broccoli 2 oz #2.5 can	10.49 1
G151	Broccoli 6 #2.5 cans	57.59 2

### Cheese #2.5 cans

G157	Sharp Cheddar 10 oz #2.5 can	16.59 1
G158	Sharp Cheddar 6 #2.5 cans	95.69 6
G159	Mozzarella 9 oz #2.5 can	16.79 1
G160	Mozzarella 6 #2.5 cans	96.59 6
G161	Monterey Jack 10 oz #2.5 can	12.39 1
G162	Monterey Jack 6 #2.5 cans	70.49 6
G163	Colby 10 oz #2.5 can	17.89 1
G164	Colby 6 #2.5 cans	103.59 6

### Meals #10 cans

I154	Creamy Chicken Noodle Soup 50.2 oz	
	#10 can	42.19 4

## Specialty Packages

wt

U060\_\_ **SOUP STARTER PAK**.....66.69 6  
1 #2.5 Tomato                   1 #2.5 Celery  
1 #2.5 Chicken Bouillon   1 #2.5 Onions  
1 #2.5 Beef Bouillon       1 #2.5 Peppers

U061\_\_ **FRUIT PAK**.....60.49 6  
1 #2.5 Apple Slices           1 #2.5 Fruit Mix  
1 #2.5 Strawberry Apple Flakes 1 #2.5 Bananas  
1 #2.5 Peach Apple Flakes  
1 #2.5 Applesauce

U066\_\_ **BEGINNER VEGETABLE PAK**.....55.39 7  
1-#2.5 Sweet Corn           1-#2.5 Garden Peas  
1-#2.5 Carrots               1-#2.5 Green Beans  
1-#2.5 Broccoli              1-#2.5 Potato Dices

U067\_\_ **IMITATION MEAT TRIAL PAK**.....48.09 7  
1-#2.5 Bacon Bits           1-#2.5 Beef Bits  
1-#2.5 Chicken Bits        1-#2.5 Taco Bits  
1-#2.5 Sausage Bits         1-#2.5 Ham Bits

U192\_\_ **SPICE PAK**.....83.59 8  
1 #2.5 Ground Pepper   1 #2.5 Iodized Salt  
1 #2.5 Cinnamon         1 #2.5 Chili Blend  
1 #2.5 Taco Seasoning   1 #2.5 Pizza Blend

U076\_\_ **SEASONING/SAUCE PAK**.....79.99 12  
1 #2.5 Steak Seasoning   1 #2.5 Chicken Seasng  
1 #2.5 Spaghetti Sauce   1 #2.5 Enchilada Sauce  
1 #2.5 Alfredo Sauce     1 #2.5 Teriyaki Sauce

U077\_\_ **GRAVY PAK**.....64.99 12  
1 #2.5 Chicken Gravy       1 #2.5 Brown Gravy  
1 #2.5 White Cream Sauce   1 #2.5 Turkey Gravy  
1 #2.5 Stroganoff Gravy    1 #2.5 Pork Gravy

U079\_\_ **GRAIN PAK**.....98.59 40  
1 #10 Nat. Buckwheat   1 #10 Spelt  
1 #10 Amaranth         1 #10 Hard Red Wheat  
1 #10 Kamut             1 #10 Hard White Wheat

**K075\_Sample Pack 32 oz #10 can**.....**21.29 3**  
(dehydrated products)

## Freeze Dried Paks

wt

U063\_\_ Freeze Dried Cheese Pak.....64.99 4  
1 #2.5 Sharp Cheddar   1 #2.5 Mozzarella  
1 #2.5 Monterey Jack   1 #2.5 Colby

U068\_\_ Freeze Dried Vegetable Pak.....55.39 7  
1 #2.5 Broccoli           2 #2.5 Sweet Corn  
1 #2.5 Cauliflower       1 #2.5 Green Beans  
1 #2.5 Garden Peas

U069\_\_ Freeze Dried Fruit Pak.....71.19 7  
1 #2.5 Bananas           1 #2.5 Mango  
1 #2.5 Blueberries       1 #2.5 Pineapple  
1 #2.5 Blackberries      1 #2.5 Strawberries

**K097\_FD Sample Pak 8 oz #10 can**.....**10.89 1**  
(freeze dried products)